



under the dome

Volume 3, Issue 3 • Apr/May 2008

City Hall Building Management
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A City Hall Building Management newsletter created specifically for City employees

Dear Tenants:

As we approach what looks like is going to be a fabulous Spring, we are proud to give you another edition of "Under the Dome", the City Hall Building Management newsletter. I still cannot believe we are on Volume #3 already, issue #3,...time does indeed fly.

As we continue to look for new and interesting facts and information that will give our tenants a chance to get to know their building, co-workers, City and place of work better, we also aim to provide ideas and thoughts on how to get (and stay) in shape, things to do in the City with friends and family and art exhibits in the building you might find interesting to check out on your lunch break. Every two months we also LOVE asking YOU fun and entertaining questions regarding your great loves for lunch and vacation spots around! For those of you who have participated. thanks for being good sports, its all for a good cause right? For those who have not participated just yet, don't worry we are coming after you next.

We are always excited to get feedback and suggestions, after all this is a resource for you....our fantastic tenants! So please do keep the feedback coming, we love it.

Kind Regards,

Lesley Giovannelli

BUILDING SERVICES MANAGER
CITY HALL BUILDING MANAGEMENT

We Welcome your Feedback!

City employees can send
"under the dome" questions
and suggestions to
Lesley.Giovannelli@sfgov.org

SPRING IS HERE AND THE ENVIRONMENT IS ON EVERYONE'S MIND!!!

We in the City Hall Custodial Division definitely have the environment on our mind. We want you to know that we are considered a recognized leader in green custodial practices by the Department of Environment in areas such as the Municipal Toxics Reduction Program which includes the Citywide Green Purchasing Program and the City's Government Recycling Program which includes waste reduction, recycling and composting.

Also, we have been recognized by the City Hall Preservation Advisory Commission for implementing City Hall's Stone Floor Care Program which is environmentally responsible for cleaning and maintaining our stone floors.

As we continue to explore and test, new and safer options for the Custodial Services we provide here at City Hall to enhance the environment, we want to invite you to think about having us come to your office area to give you a quote for extra custodial services we could provide you with at a nominal cost.



Should you decide to request a quote, please feel free to contact the Building Management office at 554-4933 and someone from our Division will be happy to come by.

THANK YOU
VERY MUCH !!!!!

Thank you, Mike

City Hall Historic Dome Window Stabilization: Safety-Critical Maintenance and Repair

Beginning Saturday, March 29th, 2008

WHAT

The City Hall Dome Window Stabilization Project involves urgently required maintenance and repair of sixteen large, steel-framed prism glass paneled windows at the base of the dome of National Historic Landmark City Hall. Due to budget constraints, the current scope is safety-critical and includes only temporary stabilization for some of the leaded prism glass panels in worst condition. Based upon the needs identified for each window, and as required by The Secretary of the Interior's Standards for the Treatment of Historic Properties..., specially qualified contractors will clean, treat, paint, and stabilize the various components, over approximately four (4) months to prevent further deterioration and corrosion.

The project will not impact tenants, patrons, or standard day-to-day operations of City Hall and surrounding Civic Center facilities. Scaffolding will be visible from the exterior of City Hall. The work will be confined to areas above occupied floors. All necessary precautions will be taken to ensure the safety of persons completing the work, tenants and the public.

The project is led by the Department of Public Works (DPW) in conjunction with the City Hall Preservation Advisory Commission and City Hall Building Management.

WHEN

- Project begins at City Hall:
- Saturday, March 29, 2008
- Work hours: Monday – Friday, 8am-5pm

For additional information please contact the Department of Public Works at (415) 554-6926.



Mahboube Karamli



Elhum Amjadi



Morteza Khaki



Amir H. Fallah

AFTER THE REVOLUTION: Contemporary Photography from Tehran And California

April 16 - June 27, 2008

Location: City Hall Ground Floor

Artist Reception: Wednesday, April 16th, 5:30 – 7:30pm

Participating Artists:

Tehran - Mahboube Karamli, Parham Taghioff, Morteza Khaki, Meysam Mahfouz, Mehraneh Atashi

California - Amir H. Fallah, Shadi Yousefian, Elhum Amjadi, Naciem Nikkhah, and Parisa Taghizadeh

The San Francisco Arts Commission Gallery is pleased to present *After the Revolution*, a groundbreaking group exhibition of contemporary photography by Iranian artists from Tehran and California as part of our ongoing Art at City Hall program.

After the Revolution is the first substantial exhibition mounted in the US featuring photography by young emerging artists from Tehran. In addition, the work from Tehran will be exhibited alongside photographs by emerging artists of Iranian decent living in California, thus creating a rich dialogue around the hopes and concerns of Iranians and the Iranian Diaspora. *After the Revolution* will feature approximately 100 photographs by the participating artists. The artists, all under the age of 40, were born around or after the 1978 Iranian Revolution.

After the Revolution will be located at San Francisco City Hall, the seat of local government and a premiere venue for the exhibition of artworks engaged in a civic dialogue. America's current political relationship with Iran is strained at best, and it is important during these tense times to reflect on the human experience. Contemporary art is a powerful tool to break down barriers and bring to light common experiences while celebrating disparate perspectives. It is evident in the photographs featured in *After the Revolution* that these young artists are grappling with a society caught between traditional values and contemporary innovation. The work highlights both the distinction between public and private spaces, as well as the specific nature of public and private expression within Iranian culture.

This exhibition is supported by the San Francisco Arts Commission, PhotoAlliance and Grants for the Arts.

Hours: Monday-Friday, 8am-8pm, admission is free to the public

DON'T FORGET TO VOTE ON APRIL 8TH!

This **April 8** Special Congressional Open Primary Election is being held to elect a candidate to serve the remainder of the term for Congressional District 12. All candidates will appear together on the same ballot, regardless of party affiliation, and voters may vote for any of the candidates, regardless of the voter's party affiliation. If a candidate receives a majority of the votes cast, he or she will be declared the winner and will serve the remainder of the current term that ends on January 3, 2009. However, if no candidate receives a majority of the votes, the candidates who received the most votes within each party will compete in another special election on June 3, 2008.

It is important to note that this election is to select a person who will complete the time remaining in the present term for this office. In the June 2008 and November 2008 elections, you will again be voting for candidates for Congressional District 12 for the next two-year term, which begins on January 3, 2009.

You may vote in person on or before Election Day beginning on March 24, 2008 outside of the Election's office in City Hall, Room 48, from 8 a.m. until 5 p.m. Weekend voting is available on April 5 and 6, from 10 a.m. until 4 p.m. If you have moved, changed your name, or need to make changes to your registration information, the last day to re-register to vote for this election is March 24, 2008. The last day to request a vote-by-mail ballot is April 1, 2008. Voters can also obtain this and other important election information from our Web site, **www.sfgov.org/elections**.

SAFETY CORNER

BE PREPARED

BE PREPARED AT WORK

Safety and emergency response begin with you. It is up to you to be familiar with the kinds of emergencies that can occur at City Hall and be prepared to respond appropriately.

DO

- Review each page of this City Hall Employee Safety Handbook carefully.
- Keep this Handbook accessible to you at all times.
- Attend City Hall Employee Safety Training sessions with your supervisor's approval.
- Know the location of pay phones and evacuation routes.
- Have money in small bills and coins in the event of power failures.
- Keep critical emergency items at work such as prescription medications, over the counter medicines, extra eyeglasses, sturdy shoes, nutritious snacks, extra clothes, etc. in your workplace.
- Ensure your Department's Emergency Coordinator has your current contact information including your emergency contact and your work, home, cell and pager numbers.
- Know who your Department's Emergency Coordinator is and be prepared to step into the role if necessary.
Department Emergency Coordinator: _____
Back up: _____

THE EMERGENCY COORDINATOR PRIOR TO AN EVACUATION:

- Understands that he/she has been selected by your department head to manage the department's emergency response.

- Has created the department's Emergency Operations Plan including a system to track employees throughout the work day, a current list of all personnel with work, home, cell and pager numbers and procedures outlining the department's role, personnel responsibilities and alternative work sites in a citywide emergency.
- Ensures that all department personnel have been given a copy of the department's Emergency Operations Plan and the City Hall Employee Safety Handbook.
- Reviews the City Hall Evacuation Map with department personnel to ensure that they understand evacuation routes and where the department's preassigned Evacuation Assembly Area is located.
- Connects with individuals in the department who may need assistance during an evacuation, including seniors and persons with disabilities, and reviews evacuation assistance procedures with these individuals.

THE EMERGENCY COORDINATOR DURING AN EVACUATION:

- Takes the department's Emergency Operations Plan, Emergency vest, the City Hall Safety Handbook and the department's Evacuation Assembly Area sign with them when they evacuate.
- Escorts departmental personnel out of the building and to the department's preassigned Evacuation Assembly Area.
- Takes roll.
- Reports missing persons when requested by emergency personnel.
- Announces official information to the department when requested by emergency personnel.



Scene and Heard

“What’s on your ipod?”

I recently hosted a baby shower for a friend so I have 75 songs with the word “Baby” in the title that I haven’t had a chance to replace. “Baby, Baby, Baby” and “Baby One More Time” and “Baby Boy” etc... its starting to drive me a little crazy.

“Where are you going on vacation this year?”

Vacation!? Ha! Who has time?! I’m hoping to take a few days off soon to just sit in Dolores Park and stare at the sky.

“What is your favorite local lunch spot?”

Amiee Alden took me to Brenda’s on Polk a few weeks ago. OH MY GOSH, that place is SO GOOD. Delicious soul food and amazing pumpkin pancakes that are great at any time. If you are going out to lunch with me, chances are, we’re going there.

Heidi Sieck
General Services Agency

SHAPE UP!



SHAPE UP IDEAS FOR THE SPRING

3rd Annual Stadium to Stadium 10 K Run/Walk- Mayor Newsom's Communities of Opportunity

Date: SATURDAY, JUNE 21, 2008

Location: ATT Park (Giants Stadium) to Monster Park
(49er Stadium)

Time: 9:00 AM

Description: Mayor Newsom's Communities of Opportunity Presents the Third Annual Stadium to Stadium 10K Run/Walk & "Building Healthier Communities" Followed by the Keep it Movin' Health and Fitness Fair Race Information: 10 kilometer run/walk AT&T Park to Monster Park (Candlestick) Children 17 & under run for Free

REGISTER ONLINE

Transportation: Take MUNI to Third and King Street . Start is at Pier 40A, just north of AT&T Park . Take the Third Street light rail "T" Line home or back to the parking lot at AT&T from the event using the Gilman Street stop. Transportation from Monster Park to the Gilman Station is available for \$5.00. Free Parking is available at AT&T Parking Lot A.

Enter from the southbound lane on Third Street no later than 8:30 am.

Race Registrations may be picked up at the Presidio Sports Basement on:

610 Mason Street. @ Crissy Field

San Francisco, CA 94108

(415) 437-0100

Friday June 6, 2008 from 3:00 pm to 7:00 pm

Those who pick up their packets at Sports Basement on Friday, June.6, 2008 from 3:00PM-7:00PM will receive a 15% discount on any items purchased

San Francisco Recreation and Park Department & Shape Up Present "Kids Basketball Tournament Program for Boys and Girls"

Date(s): THURSDAYS

Location: St. Mary's Recreation Center - Murray & Justin Dr., SF, 94112

Time: Games @ 5:45 & 6:45 pm

Description: Kids basketball Tournament Program for Boys and Girls ages 11- 13 years. Games are 5:45 pm and 6:45 pm on Thursdays at St. Mary's Recreation Center.

For more information: Contact Marty Arenas, League Coordinator @ (415) 695-5006. Kids Basketball Tournament Program Event Flyer (PDF)

Weight Watchers at Work- City Hall Group

Date(s): TUESDAY, JANUARY 29, 2008 and will run for the next 13 or 17 weeks

Location: City Hall, room 431 A

Time: 12:30- 1:30 pm

Description: Weight Watchers at Work - City Hall Group meets on Tuesdays starting January 29, 2008 and will run for the next 13 or 17 weeks. There will be an open house on Tuesday, January 22, 2008 at 12:30 pm, Room 431 A, City Hall. The cost for the 13 week session is \$156.00 and the 17 week session (Weight Watchers Etools included) is \$176.00. Interested in joining? or have questions- please contact Frances Thomas (415) 554-6743 or email frances.thomas@sfgov.org.

Shape Up San Francisco Rec and Park Soccer Day

Date: SATURDAY, MAY 31, 2008

Location: Kezar Stadium

Time: 3 - 6 PM

Description: Free admission for all children wearing sports uniforms or recreation and park T-Shirts! The Game will begin at 3 PM and the event will include half time activities, a mini clinic after the game, poster signings and more!!

Girls' Shape Up Summer Softball Clinic and League

Date: SATURDAY, JUNE 21, 2008

Location: Rossi Playground

(Arguello between Balboa and Anza Streets)

Time: TBD

Description: Come to a free softball clinic and sign up for our summer softball program!! For girls ages 9 to 17.



Why Eat Healthy?

The importance of nutrition

www.shapeupsf.org



"Eat your fruits and vegetables." You've probably heard this statement since childhood. According to researchers, diets rich in fruits and vegetables may reduce the risk of cancer and other chronic diseases. Not only are they naturally low in fat and calories, but fruits and vegetables also provide essential vitamins and minerals, fiber, and other substances that are important for good health.

Variety, Balance, and Moderation

- Be sure to eat a variety of foods, including plenty of vegetables, fruits, and whole grain products
- Also include low-fat or non-fat dairy products, lean meats, poultry, fish, and legumes
- Drink lots of water and go easy on the salt, sugar, alcohol, and saturated fat
- Good nutrition should be part of an overall healthy lifestyle, that also includes regular physical activity, not smoking, and stress management
- If you drink alcoholic beverages, do so in moderation

Health Benefits

- Decreased risk of chronic diseases, such as type 2 diabetes, hypertension, and certain cancers
- Decreased risk of overweight and obesity
- Decreased risk of micronutrient deficiencies

Know the facts...

- Most packaged foods have a Nutrition Facts label. For a healthier you, use this tool to make smart food choices quickly and easily. Try these tips:
- Keep these low: saturated fats, trans fats, cholesterol, and sodium
- Get enough of these: potassium, fiber, vitamins A and C, calcium, and iron
- Use the % Daily Value (DV) column when possible: 5% DV or less is low, 20% DV or more is high

Tasty Tips

Incorporating more fruits and vegetables into your diet is easier than you think. Here are a few ideas from the

Centers for Disease Control and Prevention:

Breakfast

- Have fruit as a mid-morning snack
- Add strawberries, blueberries, or bananas to your waffles, pancakes, cereal, oatmeal, or toast
- Top toasted whole-grain bread with peanut butter and sliced bananas
- Canned, dried, and frozen fruits and vegetables are also good options. Look for fruit without added sugar or syrups and vegetables without added salt, butter, or cream sauces

Lunch and Dinner

- Add lettuce, tomato, onion, and cucumber to sandwiches
- Choose beans, corn on the cob, or a side salad with low-calorie salad dressing instead of French fries
- Ask for more vegetable toppings (like mushrooms, peppers, and onions) and less cheese on your pizza.
- Order salads, vegetable soups, or stir-fried vegetables when eating out

Snacks

- Try baked tortilla chips with black bean and corn salsa
- Drink a fruit smoothie made with whole fruit, ice cubes, and low-fat or fat-free yogurt
- Pick up ready-packed salad greens from the produce shelf for a quick salad any time
- Encourage your child to choose his or her own fruit when shopping
- Snack on vegetables like bell pepper strips and broccoli with a low-fat or fat-free ranch dip

See our Healthy Food and Beverages Fact Sheet on www.shapeupsf.org.

For more information about food choices and appropriate calories, visit the Dietary Guidelines for Americans 2005 (<http://www.health.gov/dietaryguidelines/>) and MyPyramid.gov (<http://www.mypyramid.gov>)

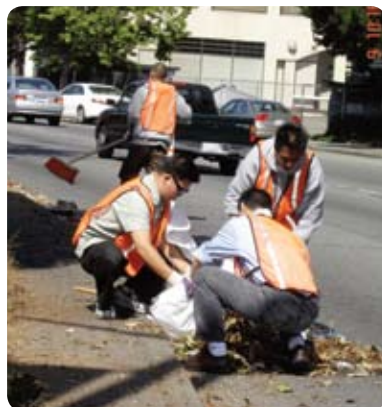
The Shape Up SF Coalition is a driving force creating and promoting safe, healthy eating and active living environments in the City of San Francisco; it is a national model for results-focused community health promotion and improvement. Visit us at: www.shapeupsf.org. Contact us at: shapeup@dcyf.org or 415.554.8961. This fact sheet may be downloaded from www.shapeupsf.org

Adapted from Centers for Disease Control and Prevention <http://www.cdc.gov/HealthyLiving/>

Last revised January 2008

Community Clean Team

08



Volunteer to clean and green our communities, schools and parks! Events begin at 9:00 am

FEB 9

DISTRICT 6
Annual Kick Off

COMMUNITY United Nations Plaza, Market & 7th
PARK Boeddeker Park, Jones & Eddy
SCHOOL Marshall Elementary School, 1575 15th & Capp

FEB 23

DISTRICT 2

COMMUNITY Aquatic Park, Foot of Van Ness Avenue
PARK Alta Plaza Park, Washington & Scott
SCHOOL Galileo High School, 1150 Francisco & Van Ness

MAR 8

DISTRICT 5
Arbor Day

COMMUNITY African American Culture Center, Fulton & Webster
PARK/COMMUNITY GARDEN Koshland Park, Buchanan & Page
SCHOOL John Muir Elementary School, 380 Webster & Oak

APR 19

DISTRICT 9
Earth Day

COMMUNITY/SCHOOL O'Connell High School, 2355 Folsom & 20th
PARK St. Mary's Playground, Murray & Crescent
COMMUNITY GARDEN Alemany Farm, Ellsworth & Alemany/Sunglow Steps, Silver & Oxford

MAY 17

DISTRICT 8

COMMUNITY Grand View, Grand View & 24th
PARK Mission Playground, 19th & Linda
SCHOOL Harvey Milk Academy, 4235 19th & Collingwood
COMMUNITY GARDEN Douglas Street Garden, Douglas & Corwin

JUN 14

DISTRICT 11

COMMUNITY City College Reservoir Parking Lot, Phelan & Ocean
PARK Balboa Park, Alemany & Havelock
COMMUNITY GARDEN La Grande Community Garden, 2999 Dublin

JUL 12

DISTRICT 1

COMMUNITY Ocean Beach, Great Highway & Fulton
PARK Park Presidio
COMMUNITY GARDEN Argonne Community Garden, Fulton & Cabrillo

AUG 16

DISTRICT 7

COMMUNITY/PARK Lake Merced Boat House, Skyline & Harding
COMMUNITY GARDEN White Crane Springs, 7th & Lawton

SEP 20

DISTRICT 10
Coastal Clean Up

COMMUNITY Warm Water Cove Park, 24th & The Bay
PARK Bayview Playground, Keith & Carroll
SCHOOL Burton High School, 400 Mansell & Somerset
COMMUNITY GARDEN Visitation Valley Greenway Community Garden, Arleta & Rutland

OCT 18

DISTRICT 3

COMMUNITY Portsmouth Square, Kearny & Clay
PARK Joe Dimaggio Playground, Powell & Green
SCHOOL Gordon Lau Elementary School, 950 Clay & Stockton
COMMUNITY GARDEN Michelangelo Playground, Greenwich & Jones

NOV 15

DISTRICT 4

COMMUNITY Sloat Blvd Center Median, Sloat & 26th
PARK Stern Grove, Sloat & Vale
SCHOOL Lincoln High School, 2162 24th & Rivera
COMMUNITY GARDEN Sunset Community Garden, 37th & Pacheco

Call 385-7778 or log on to www.sfconnect.org to confirm kick-off site.



APRIL REMINDERS FROM THE TAX COLLECTOR:



ATTENTION SAN FRANCISCO HOMEOWNERS!

In all of the shuffle of preparing your state and federal income taxes for the April 15 deadline, don't forget that April 10 is the deadline for timely payment of this year's property taxes. The second installment of taxes for the 2007-08 fiscal year must be received or postmarked by **APRIL 10** to avoid a 10% penalty.

Lost your original bill? Can't remember if you paid it already or not?

Drop in at the City Payment Center in Room 140 to obtain a new bill and have your questions answered.

A tip from the friendly folks in Taxpayer Assistance: If you're one of those people who wants to hold on to their money and wait to pay, do it on the 9th rather than the 10th. If you're paying in person, you'll have a shorter wait in line, and if you're sending it in the mail you won't have to worry about whether or not it gets the official postmark on the 10th (on time) or 11th (late and penalized!). Wanting to build up your airline miles? Online payment by MasterCard (or electronic check) is available on the City website at services.sfgov.org, or with Visa, MasterCard or American Express by calling 1-800-890-1950.

SAN FRANCISCO'S BEST KEPT SECRET

Did you know that the very best place in the Bay Area to apply for your US Passport is right here in City Hall?

The Office of the Treasurer & Tax Collector in Room 140 houses the Bay Area's preeminent Passport Acceptance Facility. Not only can you receive superior customer service with no appointment required, this is the first and only facility authorized to facilitate emergency "Will Call" service, making it possible for you to obtain your passport for no additional cost in as little as 3 business days! (Tickets or documentation of booked travel within 3 weeks is required for this service). Visit the Treasurer's staff in Room 140 from 8:00-4:00, Monday - Friday, or call during business hours at (415) 554-5474 to speak to an agent.

The Department of State's new "Passport Card" will be unveiled this spring. Similar to the traditional passport, this additional passport option serves as an official government ID and is convenient for those who do frequent border crossings by land or sea to Canada, Mexico or the Caribbean. For more information, visit: http://www.travel.state.gov/passport/ppt_card/ppt_card_3926.html



Date: APRIL 18-20, 2008

Main Event: APRIL 20, 2008 (Starts at 12 noon)

Location: Golden Gate Park

2008 EARTH DAY NETWORK/GREEN APPLE FESTIVAL FREE LINE-UP

Mickey Hart's Mass Drums

Yonder Mountain String Band

Brett Dennen

Bill McKibben

Original Google Chef, Charlie Ayers

For more information, visit www.earthday.net

EARTH DAY IS APRIL 22, 2008!!

Earth Day Network is a driving force steering environmental awareness around the world. Through Earth Day Network, activists connect, interact, and have an impact on their communities, and create positive change in local, national, and global policies. EDN's international network reaches over 17,000 organizations in 174 countries, while the domestic program engages 5,000 groups and over 25,000 educators coordinating millions of community development and environmental protection activities throughout the year. Earth Day is the only event celebrated simultaneously around the globe by people of all backgrounds, faiths and nationalities. More than a half billion people participate in Earth Day campaigns every year.

GREEN APPLE FESTIVAL SAN FRANCISCO

Golden Gate Park hosts the second Green Apple Festival in San Francisco, an event for the whole family to celebrate Earth Day 2008!

Environmental leaders, community activists, A-list talent and top speakers will all **CALL FOR CLIMATE**, a demand for immediate, effective and equitable action against global warming that will culminate on **Earth Day, April 22nd**, when we hope to generate **ONE MILLION CALLS TO CONGRESS**.