

# If your child has asthma there are two important forms your child needs to have at school:

➔ An **ASTHMA EMERGENCY CARE PLAN** must be on file for all SFUSD students with asthma in K-12th grades. These plans tell school staff about your child's specific asthma triggers, medications, and what to do in an emergency.

The Asthma Emergency Care Plan form includes fields for student name, age, date of birth, grade, room, home address, phone, and school information. It contains sections for 'To provide assistance to a pupil experiencing asthma symptoms', 'Actions to Take' (e.g., stay calm, sit upright, use inhaler), 'Factors that may cause an asthma episode', 'Other' symptoms, and 'Administer CPR if breathing stops'. It also has a section for 'Does student need medicine before PE/recess?' and a signature line for the parent/guardian.

← A **MEDICATION FORM** is required to allow for your child to carry and use their asthma medicine at school.

The Medication Form (One Medication Per Form) is a form from the San Francisco Unified School District School Health Programs Department. It includes fields for student name, date of birth, grade, room, and school information. It contains sections for 'HEALTH CARE PROVIDER SECTION' (with fields for medication name, dose, frequency, and duration) and 'GUARDIAN/CAREGIVER SECTION' (with fields for guardian name, address, phone, and email). It also has a section for 'Other medication' and a signature line for the guardian.

**PARENTS OF CHILDREN ATTENDING PRE-SCHOOL** in the SFUSD Child Development Program **MUST** contact their site manager directly to discuss asthma or any other healthcare needs.

## What do you need to do?

**Step 1** Get copies of the Asthma Emergency Care Plan and the Medication Form. Get the forms from your:

- School Packet
- School secretary
- School principal
- School nurse
- Download from [www.sfgov.org/asthma](http://www.sfgov.org/asthma)

**Step 2** Ask your child's medical provider to fill out and sign the forms.

**Step 3** Take the signed forms back to the school OR ask your child's medical provider to fax them in to your school.



SAN FRANCISCO  
**Asthma Task Force**  
[www.sfgov.org/asthma](http://www.sfgov.org/asthma)

