

1 [Support for Increasing funding for Wellness Centers in San Francisco Public Schools]  
2 **Resolution urging the Mayor and Board of Supervisors to collaborate with the**  
3 **San Francisco Unified School District to increasing funding for wellness**  
4 **programs, resources, outreach, and education in San Francisco public schools,**  
5 **including more professional development for school staff on wellness practices**  
6 **and frameworks such as healing-centered care, and youth-anchored Peer-to-Peer**  
7 **Counseling**

8 WHEREAS, The San Francisco Wellness Initiative was launched to improve the  
9 health and well-being of all San Francisco Unified School District (SFUSD) students;  
10 and,

11 WHEREAS, Wellness centers were implemented in SFUSD schools to provide  
12 mental and physical health care services available to all SFUSD students, therefore  
13 enhancing students' feelings of safety and belonging; and,

14 WHEREAS, In the 2006-2007 Youth Commission Budget and Policy Priorities  
15 Report, the Youth Commission advocated for the expansion and funding of SFUSD  
16 wellness centers to the city's middle and high schools, as well as the preservation of  
17 mental health programs and the use of add-backs to hire more wellness center staff in  
18 the 2008-2009 and 2009-2010 Youth Commission Budget and Policy Priorities Reports;  
19 and,

20 WHEREAS, A 2020 KidsData survey found that 30.2% of Black SFUSD students  
21 in grades 7, 9, and 11 experienced depression-related feelings, along with 29.7% of  
22 Hispanic/Latino students, and 22.4% of Asian students, compared to...; and,

1           WHEREAS, These disparities only increased with the COVID-19 pandemic in  
2 2020; and,

3           WHEREAS, Pandemic school closures deprived students from seeing  
4 classmates, and being a part of organizations, teams, and programs which offered them  
5 joy and purpose; and,

6           WHEREAS, Following the pandemic, SFUSD publicly committed to supporting  
7 students' mental health and wellness, as well as increasing access to health and  
8 wellness services for middle school students; and,

9           WHEREAS, The Youth Commission recognizes the need for a larger investment  
10 in mental health services coming out of the pandemic; and,

11           WHEREAS, Many SFUSD students presently do not have access to wellness  
12 centers for a variety of reasons, including a lack of diverse representation and a  
13 disconnect between services and students, as students do not feel comfortable  
14 accessing the wellness centers; and

15           WHEREAS, A 2020 survey published by K12 Dive reports that Black students  
16 are the least likely to report having a trusted adult at school and the most likely to claim  
17 that their school mental health professional cannot understand their situation due to  
18 racial or ethnic differences; and,

19           WHEREAS, The Chinese Progressive Association's 2017 survey (of nearly 1000  
20 SFUSD students) found that the SFUSD wellness centers currently do not meet the  
21 cultural and linguistic needs of its students and families; and,

22           WHEREAS, According to the Chinese Progressive Association's 2017 survey,  
23 students often do not want their parents to know they are meeting with a school

1 counselor, and are concerned that school staff will treat them differently or provide them  
2 with fewer opportunities at school; and,

3 WHEREAS, The Chinese Progressive Association’s 2017 survey showed that  
4 36% of lesbian and gay students reported that concerns about family and friends finding  
5 out about their mental health issues barred them from accessing the wellness centers,  
6 and therefore be it

7 RESOLVED, That the San Francisco Youth Commission urges the Mayor of San  
8 Francisco and Board of Supervisors to collaborate with the San Francisco Unified  
9 School District to increase existing funding for wellness programs, resources, outreach,  
10 and education in San Francisco public schools, including professional development for  
11 school staff on wellness practices and frameworks such as healing-centered care and  
12 youth-anchored peer-to-peer counseling; and be it

13 FURTHER RESOLVED, That the San Francisco Youth Commission urges the  
14 Mayor of San Francisco and Board of Supervisors to collaborate with the Board of  
15 Education to ensure a more culturally and linguistically appropriate wellness center staff  
16 and services; and be it

17 FURTHER RESOLVED, That the San Francisco Youth Commission urges the  
18 Mayor of San Francisco and Board of Supervisors to collaborate with the Board of  
19 Education to expand access to wellness centers to all SFUSD schools, including middle  
20 and high schools; and be it

21 FURTHER RESOLVED, That the San Francisco Youth Commission urges the  
22 Mayor of San Francisco and Board of Supervisors to collaborate with the Board of  
23 Education to research the disparity between schools in access to wellness programs

1 and resources, with the goal of reducing inequity across San Francisco public schools;  
2 and be it

3 FURTHER RESOLVED, That Youth Commission staff are directed to transmit  
4 copies of this resolution to the Office of the Mayor, Board of Supervisors, Department of  
5 Children, Youth, and Their Families, and the Board of Education.