The following services operate at the CASC M-F

* 5 Keys School (9am-4pm)
* America Works Drop-in (10am-4pm)
* HSA Benefits Enrollment (9am-430pm)

SCHEDULE OF SERVICES: January 2019 COMMUNITY ASSESSMENT & SERVICES CENTER 564 Sixth Street, San Francisco, CA 94103 (415) 489-7300

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| **MONDAY** | | | **TUESDAY** | | | **WEDNESDAY** | | | | **THURSDAY** | | | | **FRIDAY** | | | |
|  | | | **1** | | | **2** | **9 am -4:30 pm**  **9:30 am-10 am**  **9:30 am -11:00 am**  **10:30am-12pm 12pm-1pm**  **1pm-2pm 1pm-3pm**  **2pm - 3pm** |  |  | **3** | **9 am -4:30 pm 9:30am – 10am 10:30am-12pm 11am – 1pm**  **12pm-1pm 1pm-3pm 1pm-2:30pm** |  |  | **4** | **9 am -4:30 pm 9:30am – 10am**  **10:30am-12pm**  **11am – 12pm 12pm -1pm 1pm-2pm**  **1pm-2pm 2pm- 3pm 2pm-4pm** | Goodwill Drop-In Morning Check-in  STOP\*  Healthy Relationships Art Club  Stress Reduction  LGBTQIA Group  Sister’s Circle  Breaking Barz Collective |  |
|  | | |  | | | Goodwill Drop-In | CASC Rm 110 | Goodwill Drop-In | CASC Rm 110 | CASC Rm 110 |
|  | | |  | | | Morning Check-In | CASC Social Space | Morning Check-in | CASC Social Space | CASC Social Space |
|  | | |  | | | Changing Your Mind\* | CASC Rm 112 | STOP\*  Raw Talk | CASC Rm 225  CASC Rm 112 | CASC Rm 225 |
| **CLOSED FOR NEW YEARS** | | | **CLOSED FOR NEW YEARS** | | | STOP\*  Harm Reduction  Grp | CASC Rm 225  CASC Rm 112 | T4C\* SEEDS | CASC Rm 225  CASC Rm 111 | CASC Rm 112  CASC Social Space |
|  | | |  | | | MH Process Grp | CASC Rm 225 | Seeking Safety | CASC Rm 225 | CASC Rm 226 |
|  | | |  | | | Manalive TAY Group | CASC Rm 112  CASC Rm 225 |  |  | CASC Rm 112  CASC Rm 225 |
|  | | |  | | |  |  |  |  | CASC Rm 226/227 |
| **7** |  |  | **8**  9 am -4:30 pm  9 am - 10:30 am 9:30am-10am  10 am- 4pm 10:30am-12pm  12pm-1pm 12 pm-1 pm  1pm-2pm 2pm-3pm 2:30pm-4pm | Goodwill Drop-In TLC  Morning Check-in  AW Drop-In STOP\*  T4C\*  Community Activities Group  Client Planning Anger Management Changing Your Mind\* | CASC Rm 110  CASC Rm 112  CASC Social Space CASC Rm 110  CASC Rm. 225  CASC Rm 225  CASC Rm 227  CASC Rm 112  CASC Rm 22*5*  CASC Rm 112 | **9** | **9 am -4:30 pm**  **9:30 am-10 am**  **9:30 am -11:00 am**  **10:30am-12pm 12pm-1pm**  **1pm-2pm 1pm-3pm**  **2pm - 3pm** |  |  | **10** | | Goodwill Drop-In Morning Check-in STOP\*  Raw Talk T4C\*  SEEDS  Seeking Safety Changing Your Mind\* |  | **11**  **9 am -4:30 pm 9:30am – 10am**  **10:30am-12pm**  **11am – 12pm 12pm -1pm 1pm-2pm**  **1pm-2pm 2pm- 3pm 2pm-4pm** | | Goodwill Drop-In Morning Check-in  STOP\*  Healthy Relationships Art Club  Stress Reduction  LGBTQIA Group  Sister’s Circle  Breaking Barz Collective |  |
|  |  |  | Goodwill Drop-In | CASC Rm 110 | **9 am -4:30 pm** | | CASC Rm 110 | CASC Rm 110 |
| **9 am - 4:30 pm** | Goodwill Drop-In | CASC Rm 110 | Morning Check-In | CASC Social Space | **9:30am – 10am** | | CASC Social Space | CASC Social Space |
| **9 am - 10:30 am 9:30am – 10:00 am**  **9:30 am – 11:00 am**  **10:30am-12pm**  **11am – 12pm** | TLC  Morning Check-in  Changing Your Mind STOP\*  Anger Management\* | CASC Rm 225  CASC Social Space  CASC Rm 112  CASC Rm 225  CASC Milieu | Changing Your Mind\*  STOP\*  Harm Reduction Grp  MH Process Grp  Manalive | CASC Rm 112  CASC Rm 225  CASC Rm 112  CASC Rm 225  CASC Rm 112 | **10:30am-12pm**  **11am – 1pm 12pm-1pm**  **1pm-3pm**  **1pm-2:30pm 2:30-4:00pm** | | CASC Rm 225  CASC Rm 112  CASC Rm 225  CASC Rm 111  CASC Rm 225 CASC Rm112 | CASC Rm 225  CASC Rm 112  CASC Social Space CASC Rm 225 |
| **11am – 1pm 1pm-2pm** | Raw Talk  Emotion Regulation/ | CASC Rm 112  CASC Rm 225 | TAY Group | CASC Rm 225 |  | |  | CASC Rm 112  CASC Rm 225 |
|  | DBT Skills |  |  |  |  | |  | CASC Rm 226/227 |
| **14** |  |  | **15**  9 am -4:30 pm  9 am - 10:30 am 9:30am-10am 10:30am-12pm 12pm-1pm  12 pm-1 pm  1pm-2pm 2pm-3pm  2:30pm-4pm | Goodwill Drop-In TLC  Morning Check-in STOP\*  T4C\*  Community Activities Group  Client Planning Anger Management  Changing Your Mind\* | CASC Rm 110  CASC Rm 226  CASC Social Space CASC Rm. 225  CASC Rm 225  CASC Rm 227  CASC Rm 112  CASC Rm 226  CASC Rm 112 | **16**  **9 am -4:30 pm**  **9:30 am-10 am**  **9:30 am -11:00 am**  **10:30am-12pm 12pm-1pm**  **1pm-2pm 1pm-3pm**  **2pm - 3pm** | |  |  | **17** | | Goodwill Drop-In Morning Check-in STOP\*  Raw Talk T4C\*  SEEDS  Seeking Safety  Changing Your Mind\* |  | **18**  **9 am -4:30 pm 9:30am – 10am**  **10:30am-12pm 11am – 12pm**  **12pm -1pm 1pm-2pm**  **1pm-2pm 2pm- 3pm 2pm-4pm** | | Goodwill Drop-In Morning Check-in  STOP\*  Healthy Relationships Art Club  Stress Reduction  LGBTQIA Group  Sister’s Circle  Breaking Barz Collective |  |
| **9 am - 4:30 pm** | Goodwill Drop-In | CASC Rm 110 | Goodwill Drop-In Morning Check-In | CASC Rm 110  CASC Social Space | **9 am -4:30 pm 9:30am – 10am** | | CASC Rm 110  CASC Social Space | CASC Rm 110  CASC Social Space |
| **9 am - 10:30 am 9:30am – 10:00 am**  **9:30 am – 11:00 am**  **10:30am-12pm**  **11am – 12pm 11am – 1pm 1pm-2pm** | TLC  Morning Check-in  Changing Your Mind STOP\*  Anger Management\* Raw Talk  Emotion Regulation/ DBT Skills | CASC Rm 226  CASC Social Space  CASC Rm 112  CASC Rm 225  CASC Rm 226  CASC Rm 112  CASC Rm 225 | Changing Your Mind\*  STOP\*  Harm Reduction Grp  MH Process Grp Manalive  TAY Group | CASC Rm 112  CASC Rm 225  CASC Rm 112  CASC Rm 225  CASC Rm 112  CASC Rm 225 | **10:30am-12pm 11am – 1pm 12pm-1pm**  **1pm-3pm 1pm-2:30pm**  **2:30-4:00pm** | | CASC Rm 225  CASC Rm 112  CASC Rm 225  CASC Rm 111  CASC Rm 225  CASC Rm112 | CASC Rm 225  CASC Rm 112  CASC Social Space CASC Rm 226  CASC Rm 112  CASC Rm 225 |
|  |  |  |  |  |  | |  | CASC Rm 226/227 |

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| **21** | **CLOSED FOR OBSERVANCE**  **Of MLK** | **22**  9 am -4:30 pm  9 am - 10:30 am 9:30am-10am 10:30am-12pm 12pm-1pm  12 pm-1 pm  1pm-2pm 2pm-3pm 2:30pm-4pm | Goodwill Drop-In TLC  Morning Check-in STOP\*  T4C\*  Community Activities Group  Client Planning Anger Management Changing Your Mind\* | CASC Rm 110  CASC Rm 226  CASC Social Space CASC Rm. 225  CASC Rm 225  CASC Rm 227  CASC Rm 112  CASC Rm 226  CASC Rm 112 | **23**  **9 am -4:30 pm**  **9:30 am-10 am**  **9:30 am -11:00 am**  **10:30am-12pm 12pm-1pm**  **1pm-2pm 1pm-3pm 2pm - 3pm** | Goodwill Drop-In Morning Check-In  Changing Your Mind\*  STOP\*  Harm Reduction Grp  MH Process Grp Manalive  TAY Group | CASC Rm 110  CASC Social Space CASC Rm 112  CASC Rm 225  CASC Rm 112  CASC Rm 225  CASC Rm 112  CASC Rm 225 | **24**  **9 am -4:30 pm 9:30am – 10am**  **10:30am-12pm 11am – 1pm**  **12pm-1pm 1pm-3pm**  **1pm-2:30pm 2:30-4:00pm** | Goodwill Drop-In Morning Check-in STOP\*  Raw Talk  T4C\* SEEDS  Seeking Safety Changing Your Mind\* | CASC Rm 110  CASC Social Space  CASC Rm 225  CASC Rm 112  CASC Rm 225  CASC Rm 111  CASC Rm 225 CASC Rm112 | **25**  **9 am -4:30 pm 9:30am – 10am**  **10:30am-12pm**  **11am – 12pm 12pm -1pm**  **1pm-2pm**  **1pm-2pm 2pm- 3pm 2pm-4pm** | Goodwill Drop-In Morning Check-in  STOP\*  Healthy Relationships Art Club  Stress Reduction  LGBTQIA Group Sister’s Circle  Breaking Barz Collective | CASC Rm 110  CASC Social Space CASC Rm 225  CASC Rm 112  CASC Social Space CASC Rm 225  CASC Rm 112  CASC Rm 225 CASC Rm 226/227 |
| **28** |  | **29**  9 am -4:30 pm  9 am - 10:30 am 9:30am-10am 10:30am-12pm 12pm-1pm  12 pm-1 pm  1pm-2pm 2pm-3pm 2:30pm-4pm |  |  | **30 Citywide clinical services are closed. The following services are still open:**  **9 am -4:30 pm** Goodwill Drop-In CASC Rm 110  **9:30 am -11:00 am** Changing Your CASC Rm 112  Mind\*  **12pm-1pm** Harm Reduction CASC Rm 112 Grp  **1pm-3pm** Manalive CASC Rm 112 | | | **31** | Goodwill Drop-In Morning Check-in STOP\*  Raw Talk T4C\*  SEEDS  Seeking Safety  Changing Your Mind\* |  |  | | |
| **9 am - 4:30 pm** | Goodwill Drop-In CASC Rm 110 | Goodwill Drop-In | CASC Rm 110 | **9 am -4:30 pm** | CASC Rm 110 |
| **9 am - 10:30 am** | TLC CASC Rm 225 | TLC | CASC Rm 112 | **9:30am – 10am** |  |
| **9:30am – 10:00 am**  **9:30 am – 11:00 am**  **10:30am-12pm**  **11am – 12pm 11am – 1pm**  **1pm-2pm 1pm-2pm** | Morning Check-in CASC Social Space Changing Your Mind CASC Rm 112 STOP\* CASC Rm 225  Anger Management\* CASC Milieu Raw Talk CASC Rm 112  Spanish Speaking Group CASC Rm 112 Emotion Regulation/ CASC Rm 225 | Morning Check-in STOP\*  T4C\*  Community Activities Group  Client Planning  Anger Management Changing Your Mind\* | CASC Social Space CASC Rm. 225  CASC Rm 225  CASC Rm 227  CASC Rm 112  CASC Rm 22*5*  CASC Rm 112 | **10:30am-12pm 11am – 1pm 12pm-1pm**  **1pm-3pm 1pm-2:30pm**  **2:30-4:00pm** | CASC Rm 225  CASC Rm 112  CASC Rm 225  CASC Rm 111  CASC Rm 225  CASC Rm112 |