SCHEDULE OF SERVICES: **November 2018** **COMMUNITY ASSESSMENT & SERVICES CENTER** **564 Sixth Street, San Francisco, CA 94103 (415) 489-7300**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
The following services operate at the CASC M-F • 5 Keys School (9am-4pm) • America Works Drop-in (10am-4pm) • HSA Benefits Enrollment (9am-430pm)			**1** **9 am -4:30 pm** Goodwill Drop-In CASC Rm 110 **9:30am – 10am** Morning Check-in CASC Social Space **10:30am-12pm** STOP* CASC Rm 225 **11am – 1pm** Raw Talk CASC Rm 112 **12pm-1pm** T4C* CASC Rm 225 **1pm-3pm** SEEDS CASC Rm 111 **1pm-2:30pm** Seeking Safety CASC Rm 225 **2:30-4:00pm** Changing Your Mind* CASC Rm112 **5pm-7pm** Breaking Barz Collective CASC Social Space	**2** **9 am -4:30 pm** Goodwill Drop-In CASC Rm 110 **9:30am – 10am** Morning Check-in CASC Social Space **10:30am-12pm** STOP* CASC Rm 225 **11am – 12pm** Healthy Relationships CASC Rm 112 **12pm -1pm** Art Club CASC Social Space **1pm-2pm** Stress Reduction CASC Rm 226 **2pm- 3pm** Sister's Circle CASC Rm 225
5 **9 am - 4:30 pm** Goodwill Drop-In CASC Rm 110 **9 am - 10:30 am** TLC CASC Rm 226 **9:30am – 10:00 am** Morning Check-in CASC Social Space **9:30 am – 11:00 am** Changing Your Mind CASC Rm 112 **10:30am-12pm** STOP* CASC Rm 225 **11am – 12pm** Anger Management* CASC Rm 226 **11am – 1pm** Raw Talk CASC Rm 112 **1pm-2pm** Emotion Regulation/ DBT Skills CASC Rm 225	**6** 9 am -4:30 pm Goodwill Drop-In CASC Rm 110 9 am - 10:30 am TLC CASC Rm 226 9:30am-10am Morning Check-in CASC Social Space 10 am- 4pm AW Drop-In CASC Rm 110 10:30am-12pm STOP* CASC Rm. 225 12pm-1pm T4C* CASC Rm 225 12 pm-1 pm Community Activities Group CASC Rm 227 1pm-2pm Client Planning CASC Rm 112 2pm-3pm Anger Management CASC Rm 225 2:30pm-4pm Changing Your Mind* CASC Rm 112	**7** **9 am -4:30 pm** Goodwill Drop-In CASC Rm 110 **9:30 am-10 am** Morning Check-In CASC Social Space **9:30 am -11:00 am** Changing Your Mind* CASC Rm 112 **10:30am-12pm** STOP* CASC Rm 225 **12pm-1pm** Harm Reduction Grp CASC Rm 112 **1pm-2pm** MH Process Grp CASC Rm 225 **1pm-3pm** Manalive CASC Rm 112 **2pm - 3pm** TAY Group CASC Rm 225	**8** **9 am -4:30 pm** Goodwill Drop-In CASC Rm 110 **9:30am – 10am** Morning Check-in CASC Social Space **10:30am-12pm** STOP* CASC Rm 225 **11am – 1pm** Raw Talk CASC Rm 112 **12pm-1pm** T4C* CASC Rm 225 **1pm-3pm** SEEDS CASC Rm 111 **1pm-2:30pm** Seeking Safety CASC Rm 225 **2:30-4:00pm** Changing Your Mind* CASC Rm112 **5pm-7pm** Breaking Barz Collective CASC Social Space	**9** **9 am -4:30 pm** Goodwill Drop-In CASC Rm 110 **9:30am – 10am** Morning Check-in CASC Social Space **10:30am-12pm** STOP* CASC Rm 225 **11am – 12pm** Healthy Relationships CASC Rm 112 **12pm -1pm** Art Club CASC Social Space **1pm-2pm** Stress Reduction CASC Rm 226 **1pm-2pm** LGBTQIA Group CASC Rm 112 **2pm- 3pm** Sister's Circle CASC Rm 225
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Please note the following classes are CLOSED to non-probation clients: Anger Management*, STOP*, Thinking For a Change (T4C*), Changing Your Mind

Updated: 09.24.2018

26		
9 am - 4:30 pm	Goodwill Drop-In	CASC Rm 110
9 am - 10:30 am	TLC	CASC Rm 226
9:30am – 10:00 am	Morning Check-in	CASC Social Space
9:30 am – 11:00 am	Changing Your Mind	CASC Rm 112
10:30am-12pm	STOP*	CASC Rm 225
11am – 12pm	Anger Management*	CASC Rm 226
11am – 1pm	Raw Talk	CASC Rm 112
1pm-2pm	Emotion Regulation/ DBT Skills	CASC Rm 225

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Citywide clinical services are closed. The following services are still open:		
9 am -4:00 pm	5 Keys	CASC Rm 126
9 am - 10:30 am	TLC	CASC Rm 226
9am – 4:30pm	HSA Benefits	CASC Rm 116
9 am -4:30 pm	Goodwill Drop-In	CASC Rm 110
10am – 4 pm	AW Drop-In	CASC Rm. 110
230pm- 4pm	Changing Your Mind*	CASC Rm 112

28		
9 am -4:30 pm	Goodwill Drop-In	CASC Rm 110
9:30 am-10 am	Morning Check-In	CASC Social Space
9:30 am -11:00 am	Changing Your Mind*	CASC Rm 112
10:30am-12pm	STOP*	CASC Rm 225
12pm-1pm	Harm Reduction Grp	CASC Rm 112
1pm-2pm	MH Process Grp	CASC Rm 225
1pm-3pm	Manalive	CASC Rm 112
2pm - 3pm	TAY Group	CASC Rm 225

29		
9 am -4:30 pm	Goodwill Drop-In	CASC Rm 110
9:30am – 10am	Morning Check-in	CASC Social Space
10:30am-12pm	STOP*	CASC Rm 225
11am – 1pm	Raw Talk	CASC Rm 112
12pm-1pm	T4C*	CASC Rm 225
1pm-3pm	SEEDS	CASC Rm 111
1pm-2:30pm	Seeking Safety	CASC Rm 225
2:30-4:00pm	Changing Your Mind*	CASC Rm112
5pm-7pm	Breaking Barz Collective	CASC Social Space

30		
9 am -4:30 pm	Goodwill Drop-In	CASC Rm 110
9:30am – 10am	Morning Check-in	CASC Social Space
10:30am-12pm	STOP*	CASC Rm 225
11am – 12pm	Healthy Relationships	CASC Rm 112
12pm -1pm	Art Club	CASC Social Space
1pm-2pm	Stress Reduction	CASC Rm 226
2pm- 3pm	Sister's Circle	CASC Rm 225

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