

COMMUNITY ASSESSMENT AND SERVICES CENTER

Table of Services: JANUARY 2019

Services for justice involved adults 18 years and older.

SERVICE	DESCRIPTION	SCHEDULE
America Works	Job placement and employment services for justice involved individuals. ANY JUSTICE INVOLVED, OVER 18	Monday–Friday: 10:00 am–4:00 pm Contact: Shona Pikula (America Works)
Anger Management*	Treatment model with a cognitive behavioral therapy approach that employs cognitive, communication, and relaxation skills. *This is available for Adult Probation clients with a referral only. *	Tuesday: 2:00 pm- 3:00 pm Friday: 1:00pm-2:00pm Clients can be referred at any time-this isn't a cohort based class. Contact: Alex Weil (Citywide)
Art Club	Art Club is a therapeutic form of expressive therapy that uses the creative process of making art to improve a person's physical, mental, and emotional well-being. ANY JUSTICE INVOLVED, OVER 18	Friday: 12:00 pm-1:00 pm Clients can be referred at any time—this is not a cohort based class. Contact: Alex Weil (Citywide)
Benefits Assessments	An HSA staff member will assess eligibility and help clients enroll in CAAP, CalFresh, and Medi-Cal. ANY JUSTICE INVOLVED, OVER 18	Monday-Thursday: 9:00 am- 4:30 pm Friday: 9:00 am-12:00 pm Drop-in and by appointment. Contact: HSA staff
CASC/Goodwill Employment Services:	Employment program inclusive of job-readiness workshops, job search and placement services, and access to vocational training opportunities. ANY JUSTICE INVOLVED, OVER 18	Monday-Friday: 9:00 am- 4:30 pm Contact: Troy Henry (Goodwill)
Changing Your Mind*	Changing Your Mind is a cognitive behavioral therapy group for clients with mental health disorders. Clients learn how to work with their thoughts, feelings, and behaviors in ways that can help them change their lives. *This is available for Adult Probation clients with a referral only. *	Mondays and Wednesdays: 9:30 am – 11:00am Tuesdays and Thursday: 2:30-4:00 pm This is a cohort based class please contact Alex Weil for information. Contact: Alex Weil (Citywide)
Community Activities Group	Group that engages clients in physical movement and activities in the community such as hiking, basketball, museums, parks, and cultural events. ANY JUSTICE INVOLVED, OVER 18	Outing times vary throughout the month Clients can be referred at any time—this is not a cohort based class. Contact: Alex Weil (Citywide)
Emotion Regulation: A DBT Skills Group	Managing Your Emotions is a skill building group for clients who struggle with mood regulation. Clients learn how to effectively express and manage emotions, build and maintain healthy relationships, and reduce problematic behaviors. ANY JUSTICE INVOLVED, OVER 18	Monday: 1:00 pm -2:00 pm Clients can be referred at any time—this is not a cohort based class. Contact: Alex Weil (Citywide)
Five Keys Charter School	Classes provided to obtain a GED or high school diploma, as well as in literacy, math, and art. Course available to acquire a Food Handler card required for employment in food services. ANY JUSTICE INVOLVED, OVER 18	Monday – Friday: 9:00 am-4:00 pm Contact: Anthony Pereira
Harm Reduction Group	Clients will be given the opportunity to compassionately explore stages of behavior change as it relates to high risk behaviors and addiction. ANY JUSTICE INVOLVED, OVER 18	Wednesday: 12:00 pm-1:00 pm Clients can be referred at any time—this is not a cohort based class. Contact: Alex Weil (Citywide)
Healthy Relationships	Healthy Relationships group focuses on the importance of effective communication, the characteristics of unhealthy relationships, and factors that influence everything in between. ANY JUSTICE INVOLVED, OVER 18	Friday: 11:00 am-12:00 pm Clients can be referred at any time—this is not a cohort based class. Contact: Alex Weil (Citywide)
Housing Resource Workshop	Meet 1:1 with peer to learn about housing resources for low income individuals living in San Francisco ANY JUSTICE INVOLVED, OVER 18	Thursday: 10:30 am-12:00 pm Contact: Ellen O'Donnell (Citywide)
Housing Resource Workshop Tenderloin Housing Clinic	Monthly workshop supplies information on housing resources. ANY JUSTICE INVOLVED, OVER 18	Last Tuesday of every month 12pm- 1:30pm Located at the Drake Hotel Contact: Alisea Wesley-Clark (THC)
Human Services Agency	HSA staff will assess eligibility and help enroll in Calfresh and Medi-Cal; they will also make referrals for initial appointments for CAAP, aka GA.	Mon, Tues, Weds & Friday: 9am-4:30pm (lunch 12-1pm) Thursday: 9:30am-11:30am Located at the CASC Rm: 116 Contact: Abel Maldonado (HSA Senior Eligibility Worker)
Manalive* Community Works West	Three-stage domestic violence curriculum designed to explore roots of violence and provide tools necessary to stop the cycle. *This is available for Adult Probation clients with a referral only. *	Wednesday: 1:00 pm-3:00 pm [SF Adult Probation Clients Only]

Mental Health Process Group	Semi-Structured process group where clients experiencing symptoms of mental illness can speak about their issues in a safe, strengths/recovery focused environment, and get feedback from both clinical staff and peers. ANY JUSTICE INVOLVED, OVER 18	Wednesday: 1pm -2pm Clients can be referred at any time—this is not a cohort based class. Contact: Alex Weil (Citywide)
Raw Talk	Series of programs that address overcoming barriers that clients face during post-release transition back into society. ANY JUSTICE INVOLVED, OVER 18	Monday & Thursday: 11am-1pm Drop-in group. No referral necessary Contact: Eli Crawford/Sharmaine (Raw Talk)
Seeds	A post-release employment workshop hosted by Federal Probation ANY JUSTICE INVOLVED, OVER 18 – Space permitting	Thursday 1pm-3pm Contact: Michael McFarland (Federal Probation)
Seeking Safety	Seeking Safety is a present-focused therapy that helps clients attain safety from trauma (including PTSD) and substance abuse by emphasizing coping skills, grounding techniques, and education. ANY JUSTICE INVOLVED, OVER 18	Thursday: 1pm-2:00 pm Clients can be referred at any time—this is not a cohort based class. Contact: Alex Weil (Citywide)
Sister's Circle	The program is designed to educate and empower women to move to the next level of Recovery. To overcome the barriers of Homelessness, Domestic Violence, Substance Abuse and chronic Illnesses. ANY JUSTICE INVOLVED CIS/TRANS WOMEN, OVER 18	Fridays: 2pm- 3pm Contact: Alex Weil (Citywide)
Spanish Speaking Process Group	Support and skill based group for individuals who are monolingual or wish to engage in a process group communicating solely in Spanish. Will also offer resources in the Latino community. ANY JUSTICE INVOLVED, AGES 18-25	Monday: 1:00 pm-2:00 pm This is a cohort based class please contact Alex Weil for information. Contact: Alex Weil (Citywide)
STOP*	STOP (Substance Treatment Outpatient Program) is designed for clients with severe and persisting mental illness. Targeted, structured daily groups as well as 1:1 support available. *This is available for Adult Probation clients with a referral only. *	Monday-Friday 10:30am-12pm Contact: Alex Weil (Citywide)
TAY Group	A support group for transitional age youth which helps them achieve the tools to succeed in adult hood—life skills, coping tools, healthy communication, and managing emotions. ANY JUSTICE INVOLVED, AGES 18-25	Wednesday 2pm-3pm Clients can be referred at any time—this is not a cohort based class. Contact: Alex Weil (Citywide)
Thinking for a Change (T4C)*	Cognitive behavioral change model to increase awareness that thinking controls behavior. Learning skills to replace past risk thinking with new, pro- social thinking to eliminate or minimize negative consequences. *This is available for Adult Probation clients with a referral only. *	Tuesday & Thursday: 12pm-1pm Contact: Mike Pasley (SEOP)

