

# COMMUNITY ASSESSMENT & SERVICES CENTER

# Calendar of Services: February 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> 12 pm – 2 pm / <i>Raw Talk</i> (M) 1 pm – 2:30 pm / <i>Women Rising</i> (F) 1 pm – 3 pm / <i>Thinking for a Change</i> (M) <b>NEW</b> 3 pm – 4:30 pm / <i>Seeking Safety</i> (M) 3 pm – 5 pm / <i>RENEW</i> (F)	<b>2</b> 10 am – 11:30 am / <i>Anger Mgmt</i> (M) <b>NEW</b> 10 am – 12 pm / <i>Thinking for a Change</i> (M) 1 pm – 2:30 pm / <i>SSC (Substance Abuse)</i> (C) 3 pm – 4:30 pm / <i>Life Skills</i> (C) 3 pm – 5 pm / <i>EPIC Parenting</i> (C)	<b>3</b> 9:30 am – 11 am / <i>Parenting</i> (C) 12 pm – 1 pm / <i>AA Meeting</i> (C) 1 pm – 2:30 pm / <i>Recovery Class</i> (C) 1 pm – 2:30 pm / <i>Women’s Drop-in Group</i> (F) 2 pm – 4 pm / <i>Manalive</i> (M)	<b>4</b> 10 am – 11:30 am / <i>Anger Management</i> (F) 1 pm – 2:30 pm / <i>Women Rising</i> (F) 1 pm – 3 pm / <i>Thinking for a Change</i> (M) 3 pm – 4:30 pm / <i>Seeking Safety</i> (M) 3 pm – 5 pm / <i>EPIC Parenting</i> (C) 5 pm – 7 pm / <i>Raw Talk</i> (M) 5:30 pm – 7:30 pm / <i>BIP</i> (M)	<b>5</b> 10 am – 11:30 am / <i>Choices and Changes</i> (C) 10 am – 12 pm / <i>Thinking for a Change</i> (M) 1 pm – 2:30 pm / <i>SSC (Substance Abuse)</i> (C) 3 pm – 4:30 pm / <i>Fridays at 3</i> (C)
<b>8</b> 12 pm – 2 pm / <i>Raw Talk</i> (M) 1 pm – 2:30 pm / <i>Women Rising</i> (F) 1 pm – 3 pm / <i>Thinking for a Change</i> (M) 3 pm – 4:30 pm / <i>Seeking Safety</i> (M) 3 pm – 5 pm / <i>RENEW</i> (F)	<b>9</b> 10 am – 11:30 am / <i>Anger Management</i> (M) 10 am – 12 pm / <i>Thinking for a Change</i> (M) 1 pm – 2:30 pm / <i>SSC (Substance Abuse)</i> (C) 3 pm – 5 pm / <i>EPIC Parenting</i> (C)	<b>10</b> 9:30 am – 11 am / <i>Parenting</i> (C) 12 pm – 1 pm / <i>AA Meeting</i> (C) 1 pm – 2:30 pm / <i>Recovery Class</i> (C) 1 pm – 2:30 pm / <i>Women’s Drop-in Group</i> (F) 2 pm – 4 pm / <i>Manalive</i> (M)	<b>11</b> 10 am – 11:30 am / <i>Anger Management</i> (F) 1 pm – 2:30 pm / <i>Women Rising</i> (F) 1 pm – 3 pm / <i>Thinking for a Change</i> (M) 3 pm – 4:30 pm / <i>Seeking Safety</i> (M) 3 pm – 5 pm / <i>EPIC Parenting</i> (C) 5 pm – 7 pm / <i>Raw Talk</i> (M) 5:30 pm – 7:30 pm / <i>BIP</i> (M)	<b>12</b> 10 am – 11:30 am / <i>Choices and Changes</i> (C) 10 am – 12 pm / <i>Thinking for a Change</i> (M) 1 pm – 2:30 pm / <i>SSC (Substance Abuse)</i> (C) 3 pm – 4:30 pm / <i>Fridays at 3</i> (C)
<b>15</b> 12 pm – 2 pm / <i>Raw Talk</i> (M) 1 pm – 2:30 pm / <i>Women Rising</i> (F) 1 pm – 3 pm / <i>Thinking for a Change</i> (M) 3 pm – 4:30 pm / <i>Seeking Safety</i> (M) 3 pm – 5 pm / <i>RENEW</i> (F)	<b>16</b> 10 am – 11:30 am / <i>Anger Management</i> (M) 10 am – 12 pm / <i>Thinking for a Change</i> (M) 1 pm – 2:30 pm / <i>SSC (Substance Abuse)</i> (C) 3 pm – 4:30 pm / <i>Life Skills</i> (C) <b>NEW</b> 3 pm – 5 pm / <i>EPIC Parenting</i> (C)	<b>17</b> 9:30 am – 11 am / <i>Parenting</i> (C) 12 pm – 1 pm / <i>AA Meeting</i> (C) 1 pm – 2:30 pm / <i>Recovery Class</i> (C) 1 pm – 2:30 pm / <i>Women’s Drop-in Group</i> (F) 2 pm – 4 pm / <i>Manalive</i> (M)	<b>18</b> 10 am – 11:30 am / <i>Anger Management</i> (F) 1 pm – 2:30 pm / <i>Women Rising</i> (F) 1 pm – 3 pm / <i>Thinking for a Change</i> (M) 3 pm – 4:30 pm / <i>Seeking Safety</i> (M) 3 pm – 5 pm / <i>EPIC Parenting</i> (C) 5 pm – 7 pm / <i>Raw Talk</i> (M) 5:30 pm – 7:30 pm / <i>BIP</i> (M)	<b>19</b> 10 am – 11:30 am / <i>Choices and Changes</i> (C) 10 am – 12 pm / <i>Thinking for a Change</i> (M) 1 pm – 2:30 pm / <i>SSC (Substance Abuse)</i> (C) 3 pm – 4:30 pm / <i>Fridays at 3</i> (C)
<b>22</b> 12 pm – 2 pm / <i>Raw Talk</i> (M) 1 pm – 2:30 pm / <i>Women Rising</i> (F) 1 pm – 3 pm / <i>Thinking for a Change</i> (M) 3 pm – 4:30 pm / <i>Seeking Safety</i> (M) 3 pm – 5 pm / <i>RENEW</i> (F)	<b>23</b> 10 am – 11:30 am / <i>Anger Management</i> (M) 10 am – 12 pm / <i>Thinking for a Change</i> (M) 1 pm – 2:30 pm / <i>SSC (Substance Abuse)</i> (C) 3 pm – 4:30 pm / <i>Life Skills</i> (C) 3 pm – 5 pm / <i>EPIC Parenting</i> (C)	<b>24</b> 9:30 am – 11 am / <i>Parenting</i> (C) 12 pm – 1 pm / <i>AA Meeting</i> (C) 1 pm – 2:30 pm / <i>Recovery Class</i> (C) 1 pm – 2:30 pm / <i>Women’s Drop-in Group</i> (F) 2 pm – 4 pm / <i>Manalive</i> (M)	<b>25</b> 10 am – 11:30 am / <i>Anger Management</i> (F) 1 pm – 2:30 pm / <i>Women Rising</i> (F) 1 pm – 3 pm / <i>Thinking for a Change</i> (M) 3 pm – 4:30 pm / <i>Seeking Safety</i> (M) 3 pm – 5 pm / <i>EPIC Parenting</i> (C) 5 pm – 7 pm / <i>Raw Talk</i> (M) 5:30 pm – 7:30 pm / <i>BIP</i> (M)	<b>26</b> 10 am – 11:30 am / <i>Choices and Changes</i> (C) 10 am – 12 pm / <i>Thinking for a Change</i> (M) 1 pm – 2:30 pm / <i>SSC (Substance Abuse)</i> (C) 3 pm – 4:30 pm / <i>Fridays at 3</i> (C)
<b>29</b> 12 pm – 2 pm / <i>Raw Talk</i> (M) 1 pm – 2:30 pm / <i>Women Rising</i> (F) 1 pm – 3 pm / <i>Thinking for a Change</i> (M) 3 pm – 4:30 pm / <i>Seeking Safety</i> (M) 3 pm – 5 pm / <i>RENEW</i> (F)	<p style="text-align: center;"><b>Thinking for a Change</b>                      Start date: <b>February 1</b></p> <p style="text-align: center;"><b>Anger Management</b>                      Start date: <b>February 2</b></p>	<p style="text-align: center;"><b>Life Skills</b>                      Start date: <b>February 16</b></p>	<p><b>Note:</b> <i>Substance Abuse</i> has been renamed to <b>SSC</b> to reflect the title of the new curriculum &gt;&gt;  <b>Criminal Conduct &amp; Substance Abuse Treatment: Strategies for Self-Improvement and Change</b></p>	<p style="text-align: center;"><b>Please refer to the Table of Services for additional listings and schedules.</b></p>

C = Coed / F = Female / M = Male