## **COMMUNITY ASSESSMENT & SERVICES CENTER**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Please refer to the <i>Table of Services</i> for additional listings and schedules.		NEW COHORTS: Thinking for a Change Start date: January 12 Women Rising Start date: January 25		1 <u>CLOSED</u> NEW YEAR'S DAY
4 10 am – 11:30 am / Choices and Changes (C) 1 pm – 2:30 pm / Women Rising (F) 1 pm – 3 pm / Thinking for a Change (M) 3 pm – 4:30 pm / Seeking Safety (M) 3 pm – 5 pm / RENEW (F)	5 10 am – 12 pm / Thinking for a Change (M) 3 pm – 4:30 pm / Life Skills (C) 3 pm – 5 pm / EPIC Parenting (C)	6 9:30 am – 11 am / Parenting (C) 12 pm – 1 pm / AA Meeting (C) 1 pm – 2:30 pm / Recovery Class (C) 2 pm – 4 pm / Manalive (M)	7 10 am – 11:30 am / Anger Management (M) 10 am – 11:30 am / Anger Management (F) 1 pm – 2:30 pm / Women Rising (F) 1 pm – 3 pm / Thinking for a Change (M) 3 pm – 4:30 pm / Seeking Safety (M) 3 pm – 5 pm / EPIC Parenting (C) 5:30 pm – 7:30 pm / BIP (M)	8 10 am – 12 pm / <i>Thinking for a Change</i> (M) 3 pm – 4:30 pm / <i>Fridays at 3</i> (C)
11 10 am – 11:30 am / Choices and Changes (C) 1 pm – 2:30 pm / Women Rising (F) 1 pm – 3 pm / Thinking for a Change (M) 3 pm – 4:30 pm / Seeking Safety (M) 3 pm – 5 pm / RENEW (F)	12 10 am – 12 pm / Thinking for a Change (M) NEW 1 pm – 2:30 pm / Substance Abuse (C) 3 pm – 4:30 pm / Life Skills (C) 3 pm – 5 pm / EPIC Parenting (C)	13 9:30 am – 11 am / Parenting (C) 12 pm – 1 pm / AA Meeting (C) 1 pm – 2:30 pm / Recovery Class (C) 2 pm – 4 pm / Manalive (M)	14 10 am - 11:30 am / Anger Management (M) 10 am - 11:30 am / Anger Management (F) 1 pm - 2:30 pm / Women Rising (F) 1 pm - 3 pm / Thinking for a Change (M) 3 pm - 4:30 pm / Seeking Safety (M) 3 pm - 5 pm / EPIC Parenting (C) 5:30 pm - 7:30 pm / BIP (M)	15 10 am – 12 pm / <i>Thinking for a Change</i> (M) 1 pm – 2:30 pm / <i>Substance Abuse</i> (C) 3 pm – 4:30 pm / <i>Fridays at 3</i> (C)
18 <u>CLOSED</u> MARTIN LUTHER KING DAY	19 10 am – 12 pm / Thinking for a Change (M) 1 pm – 2:30 pm / Substance Abuse (C) 3 pm – 4:30 pm / Life Skills (C) 3 pm – 5 pm / EPIC Parenting (C)	20 9:30 am – 11 am / Parenting (C) 12 pm – 1 pm / AA Meeting (C) 1 pm – 2:30 pm / Recovery Class (C) 2 pm – 4 pm / Manalive (M)	21 10 am – 11:30 am / Anger Management (M) 10 am – 11:30 am / Anger Management (F) 1 pm – 3 pm / Thinking for a Change (M) 3 pm – 4:30 pm / Seeking Safety (M) 3 pm – 5 pm / EPIC Parenting (C) 5:30 pm – 7:30 pm / BIP (M)	22 10 am – 12 pm / Thinking for a Change (M) 1 pm – 2:30 pm / Substance Abuse (C) 3 pm – 4:30 pm / Fridays at 3 (C)
25 10 am – 11:30 am / Choices and Changes (C) 1 pm – 2:30 pm / Women Rising (F) NEW 1 pm – 3 pm / Thinking for a Change (M) 3 pm – 4:30 pm / Seeking Safety (M) 3 pm – 5 pm / RENEW (F)	26 10 am – 12 pm / Thinking for a Change (M) 1 pm – 2:30 pm / Substance Abuse (C) 3 pm – 4:30 pm / Life Skills (C) 3 pm – 5 pm / EPIC Parenting (C)	27 9:30 am – 11 am / Parenting (C) 12 pm – 1 pm / AA Meeting (C) 1 pm – 2:30 pm / Recovery Class (C) 2 pm – 4 pm / Manalive (M)	28 10 am – 11:30 am / Anger Management (M) 10 am – 11:30 am / Anger Management (F) 1 pm – 2:30 pm / Women Rising (F) 1 pm – 3 pm / Thinking for a Change (M) 3 pm – 4:30 pm / Seeking Safety (M) 3 pm – 5 pm / EPIC Parenting (C) 5:30 pm – 7:30 pm / BIP (M)	29 10 am – 12 pm / <i>Thinking for a Change</i> (M) 1 pm – 2:30 pm / <i>Substance Abuse</i> (C) 3 pm – 4:30 pm / <i>Fridays at 3</i> (C)

C = Coed / F = Female / M = Male

## Calendar of Services: January 2016