COMMUNITY ASSESSMENT & SERVICES CENTER

Calendar of Services: December 2015

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|--|
| NEW COHORTS: Anger Management Start date: Dec 3 (M) and Dec 10 (F) Choices and Changes Start date: December 7 Substance Abuse Start date: December 15 | 1 10 am - 12 pm / Thinking for a Change (M) 1 pm - 3 pm / Fathers Matter (M) 3 pm - 4:30 pm / Life Skills (C) 3 pm - 5 pm / EPIC Parenting (C) | 2 9:30 am - 11 am / Parenting (C) 12 pm - 1 pm / AA Meeting (C) 1 pm - 2:30 pm / Recovery Class (C) 2 pm - 4 pm / Manalive (M) | 3 10 am - 11:30 am / Anger Mgmt (M) NEW 10 am - 11:30 am / Anger Management (F) 1 pm - 2:30 pm / Women Rising (F) 1 pm - 3 pm / Thinking for a Change (M) 3 pm - 4:30 pm / Seeking Safety (M) 3 pm - 5 pm / EPIC Parenting (C) 5:30 pm - 7:30 pm / BIP (M) | 4 10 am – 12 pm / Thinking for a Change (M) 3 pm – 4:30 pm / Fridays at 3 (C) |
| 7 10 am - 11:30 am / Choices and Changes (C) NEW 1 pm - 2:30 pm / Women Rising (F) 1 pm - 3 pm / Thinking for a Change (M) 3 pm - 4:30 pm / Seeking Safety (M) | 8 10 am - 12 pm / Thinking for a Change (M) 1 pm - 3 pm / Fathers Matter (M) 3 pm - 4:30 pm / Life Skills (C) 3 pm - 5 pm / EPIC Parenting (C) | 9 9:30 am - 11 am / Parenting (C) 12 pm - 1 pm / AA Meeting (C) 1 pm - 2:30 pm / Recovery Class (C) 2 pm - 4 pm / Manalive (M) | 10 10 am - 11:30 am / Anger Management (M) 10 am - 11:30 am / Anger Mgmt (F) NEW 1 pm - 2:30 pm / Women Rising (F) 1 pm - 3 pm / Thinking for a Change (M) 3 pm - 4:30 pm / Seeking Safety (M) 3 pm - 5 pm / EPIC Parenting (C) 5:30 pm - 7:30 pm / BIP (M) | 11 10 am – 12 pm / Thinking for a Change (M) 3 pm – 4:30 pm / Fridays at 3 (C) |
| 10 am - 11:30 am / Choices and Changes (C) 1 pm - 2:30 pm / Women Rising (F) 1 pm - 3 pm / Thinking for a Change (M) 3 pm - 4:30 pm / Seeking Safety (M) | 15 10 am - 12 pm / Thinking for a Change (M) 1 pm - 2:30 pm / Substance Abuse (M) 1 pm - 3 pm / Fathers Matter (M) 3 pm - 4:30 pm / Life Skills (C) 3 pm - 5 pm / EPIC Parenting (C) | 16 9:30 am – 11 am / Parenting (C) 12 pm – 1 pm / AA Meeting (C) 1 pm – 2:30 pm / Recovery Class (C) 2 pm – 4 pm / Manalive (M) | 17 10 am - 11:30 am / Anger Management (M) 10 am - 11:30 am / Anger Management (F) 1 pm - 2:30 pm / Women Rising (F) 1 pm - 3 pm / Thinking for a Change (M) 3 pm - 4:30 pm / Seeking Safety (M) 3 pm - 5 pm / EPIC Parenting (C) 5:30 pm - 7:30 pm / BIP (M) | 18 10 am – 12 pm / Thinking for a Change (M) 1 pm – 2:30 pm / Substance Abuse (M) 3 pm – 4:30 pm / Fridays at 3 (C) |
| 21 10 am - 11:30 am / Choices and Changes (C) 1 pm - 2:30 pm / Women Rising (F) 1 pm - 3 pm / Thinking for a Change (M) 3 pm - 4:30 pm / Seeking Safety (M) | 22 10 am - 12 pm / Thinking for a Change (M) 1 pm - 2:30 pm / Substance Abuse (M) 1 pm - 3 pm / Fathers Matter (M) 3 pm - 4:30 pm / Life Skills (C) 3 pm - 5 pm / EPIC Parenting (C) | 23 9:30 am - 11 am / Parenting (C) 12 pm - 1 pm / AA Meeting (C) 1 pm - 2:30 pm / Recovery Class (C) 2 pm - 4 pm / Manalive (M) | 24 10 am - 11:30 am / Anger Management (M) 10 am - 11:30 am / Anger Management (F) 1 pm - 2:30 pm / Women Rising (F) 1 pm - 3 pm / Thinking for a Change (M) 3 pm - 4:30 pm / Seeking Safety (M) 3 pm - 5 pm / EPIC Parenting (C) 5:30 pm - 7:30 pm / BIP (M) | CLOSED Christmas Day |
| 28 10 am - 11:30 am / Choices and Changes (C) 1 pm - 2:30 pm / Women Rising (F) 1 pm - 3 pm / Thinking for a Change (M) 3 pm - 4:30 pm / Seeking Safety (M) | 29 10 am - 12 pm / Thinking for a Change (M) 1 pm - 2:30 pm / Substance Abuse (M) 1 pm - 3 pm / Fathers Matter (M) 3 pm - 4:30 pm / Life Skills (C) 3 pm - 5 pm / EPIC Parenting (C) | 30 9:30 am - 11 am / Parenting (C) 12 pm - 1 pm / AA Meeting (C) 1 pm - 2:30 pm / Recovery Class (C) 2 pm - 4 pm / Manalive (M) | 31 10 am - 11:30 am / Anger Management (M) 10 am - 11:30 am / Anger Management (F) 1 pm - 2:30 pm / Women Rising (F) 1 pm - 3 pm / Thinking for a Change (M) 3 pm - 4:30 pm / Seeking Safety (M) 3 pm - 5 pm / EPIC Parenting (C) 5:30 pm - 7:30 pm / BIP (M) | Please refer to the Table of Services for additional listings and schedules. |

C = Coed / F = Female / M = Male