

COMMUNITY ASSESSMENT AND SERVICES CENTER

Table of Services: August 2017

SERVICE	DESCRIPTION	SCHEDULE
America Works	Employment readiness classes, job search assistance, referrals, direct placement, and follow-up support.	Monday – Friday / 9 am – 5 pm
Anger Management	Treatment model with a cognitive behavioral therapy approach that employs cognitive, communication, and relaxation skills.	Monday / 10 am – 11:30 am Tuesday / 10 am – 12 pm NEW – Start date: August 8
Batterer Intervention Program (BIP)	Focuses on accountability and assists men confront attitudes about control and violence. Teaches other strategies for dealing with partners.	Thursday / 5:30 pm – 7:30 pm
Benefits Assessments [Human Services Agency]	Assesses eligibility for CAAP, CalFresh, and Medi-Cal.	Monday – Thursday / 9 am – 4:30 pm Friday / 9 am – 12 pm
Choices and Changes	Substance abuse-focused interactive journaling class that applies effective, evidence-based strategies to provide essential skills for self-change in thinking, feelings, and behaviors.	Friday / 10 am – 11:30 am
Citywide	Supports the recovery of the highest risk mentally ill adults with a goal to reduce their use of institutional and acute care. Includes medication assessment and management, crisis intervention, outreach, case management, and individual, group, and family therapy.	Recovery from Trauma: Monday / 11:30 am – 12:30 pm Coping with Mental Health Challenges: Wednesday / 11:30 am – 12:30 pm Power Hour: Friday / 11:30 am – 12:30 pm
Department of Child Support Services (DCSS)	Services pertaining to court-ordered child support.	Wednesday / 9 am – 11 am
Fathers Matter	Based on real experiences and challenges of fathers in fragile family settings, group sessions offer practitioners a guide to working with them. Provides support, information, and motivation in life skills, parenthood, relationships, and health.	Tuesday / 1:30 pm – 3:30 pm
Five Keys Charter School	Classes provided to obtain a GED or high school diploma, as well as in literacy, math, and art. Course available to acquire a Food Handler card required for employment in food services.	Please check with FKCS staff for schedule information.
Housing Resource Workshop [Tenderloin Housing Clinic]	Monthly workshop supplies information on housing resources.	Last Tuesday of every month / 12 pm – 1:30 pm
Manalive [Community Works West]	Three-stage domestic violence curriculum designed to explore roots of violence and provide tools necessary to stop the cycle.	Wednesday / 2 pm – 4 pm
Parenting [Community Works West]	Therapeutic approach that incorporates discussions to enhance effective pro-social tactics for handling difficult situations.	Wednesday / 9:30 am – 11 am
Raw Talk	Series of programs that address overcoming barriers that clients face during post-release transition back into society.	Monday and Thursday / 11 am – 1 pm
Recovery Class	Focuses on addiction and teaches skills for the recovery process.	Wednesday [#1] / 1 pm – 2:30 pm OR Friday [#2] / 1 pm – 2:30 pm
Seeking Safety	Designed for co-occurring post-traumatic stress disorder (PTSD) and substance abuse. Concentrates on coping skills to manage safety in emotions, thinking, behavior, and relationships.	Monday and Thursday / 1 pm – 2:30 pm
Criminal Conduct & Substance Abuse Treatment: Strategies for Self-Improvement & Change (SSC)	Designed for the criminal justice population. Addresses the following: addiction, recidivism prevention, criminal thinking and behavior, moral responsibility, social skills, and lifestyle balance.	Tuesday and Friday / 1 pm – 2:30 pm
Thinking for a Change (T4C)	Cognitive behavioral change model to increase awareness that thinking controls behavior. Learning skills to replace past risk thinking with new, pro-social thinking to eliminate or minimize negative consequences.	Monday and Thursday / 10 am – 12 pm NEW – Start date: July 31