





SFGH PSYCHIATRIC PATIO MURAL @2014 Precita Eyes Muralists Scale 1/2"=1'

PA05.1: Mural Design Information Form

Lead Artist: _Susan Cervantes, Elaine Chu, Yuka Ezoe

MailingAddress2981 24th Street		8
City San Francisco	State CA	7in 94110
		(
Project Coordinator: Susan Cervant		
City	Sta	te Zip
Phone #	Fax # ()	
Email	92	
Sponsoring Organization: SF Gener	al Hospital	Fax # (415) 920-0592 State Zip
Street Address1001 Potrero Ave	nue	
City San Francisco	State _CA	Zip _94110_
Phone #415-206-3811	Fax	: # ()
E-mailMily.Traving@usf.edu	State CA Zip 94110 Fax # (415) 920-0592 Syes.org San Cervantes State Zip Fax # () State Zip Fax # () State Zip Fax # () State Zip 94110 Potrero Avenue State CA Zip 94110 Fax # () Fax # () State Ca Zip 94110 Fax # () State CA Zip 94110 Fax # () Fa	
Funding: SF Hearts Foundation		
Source(s)		# (415) 920-0592 e Zip grap Zip ero Avenue @23 rd Street, 7 th Floor Pation # g/website/nuviewer/monsmap.asp attach a separate document if needed). mural creation and anti-graffiti fic primer, for painting use highly rotective coating upon completion preparation, and implementation.
	San Francisco State CA Zip 94110 415-285-2287	
Estimated Schedule: (start and complete start)	letion dates)	
Estimated Schedule: (start and completion dates) Supervisor's District where proposed mural will be placed # District numbers can be found at http://gispubweb.sfgov.org/website/nuviewer/monsmap.asp		
Proposal (describe proposed desig See attached	n, site, and theme and	attach a separate document if needed).
	I for wall preparation,	mural creation and anti-graffiti
treatment.	D : 1 1	

Attach the following documents to the completed Mural Design Approval Information Form

- Lead artist's resume/qualifications and examples of previous work
- Three (3) letters of community support
- Letter or resolution approving proposal from city department or;

Narrative for three (3) SFGH Psychiatric Patio Murals

The three mural designs are community designed with the San Francisco General Hospital staff and psychiatric patients. The mural sites are located on the 7th floor out door patio. Each mural is 10' x 15'.

Title: "Recovery, Wellness to Health"

Mural #1 RECOVERY (next to the basketball court)

Sky theme, color light blue

In the foreground center of the mural is a diverse group of four patients from SFGH enjoying the music and company in a drum circle. The patients play in a drum circle often outside on the patio at SFGH. The rainbow behind the drum circle players creates a central arc of color that represents diversity and the LGBT population. In the different bands of color are music notes and a quote by Eleanor Roosevelt- "With the new day comes new strength and new thoughts"

In the top center of the mural is a vibrant colorful Phoenix kite soaring into the sky. The phoenix kite story is told in three stages. First a man finds the kite with a broken wing, he then is shown mending it and last he is running holding the kite and happily flying it while it flies higher in the sky. This story represents recovery and hope. Showing patients that there is hope in fixing something that is once thought to be broken. We would like the patients to look at this scene and see that there is hope for them too to feel better and recover.

On the far right of the mural are two people playing soccer and one kicking the ball to make a goal. Many of the patients like sports and this mural will be behind the basketball court. A big part of recovery is exercise and fresh air. Keeping active and playing games with one another will promote community, friendships and exercise.

The symbol on the top far right is a design drawn by a patient and it represents the sun. In the rings of the sun is Hope in English, Spanish, Chinese and Arabic.

We have also placed the word Faith in different languages in the drums of the drum circle.

Mural #2 WELLNESS (next to the Labyrinth)

Earth theme, color green

The drawing on the left has an overall coloration of green to represent the lushness on earth. In the center of the design a large heart is emanating a soft glow. It is lifted by the energy of love and joy of the people, who is holding hands forming a circle. As part of the dance circle there is a singing-girl with butterflies flying out like musical notes. All of their nationality ranges to show diversity. The earth is their stage, and its edge is surrounded by iconic land marks in multiple countries: Pyramid in Egypt, Mount

McKinley in America, a pyramid in Mexico, and Great Wall of China, Taj Mahal in India, and Eiffel Tower of Paris. The bottom half of the earth has a house with a bountiful garden to indicate a healthy sustainable living.

On the left, a caterpillar is feeding on the lavender. It transforms into a monarch butterfly, then flutters gracefully into the sky. This represents the metamorphosis of life. Behind the flowers above is a rainbow arching gradually to the large tree on the right. The leaves change color from red, yellow, orange to green to symbolize the seasons. The rainbow is also symbolic of the LGBT community. This mural panel represents 'Wellness'. The word 'Well' is highlighted.

The children playing with the swing under the tree enjoying the beginning of the day in the morning sun. From the horizon line, a path way is followed by Martin Luther King Jr.'s quote, 'Faith is taking the first step even when you can't see the whole stair case.'

Mural #3 HEALTH (next to the picnic tables)

Water theme, color deep blue

The mural design focuses on the health and well being of all people who have healed and become well represented by a fantastic underwater scene of a school of multicolored fish moving upward in a spiral to the light at the surface of thedeep blue water.

In the center is a spirited sailboat with a family witnessing this beautiful event. The sail on the boat reflects a sunset that one would see on the surface. To the right is a large sea kelp rising up with a dolphin coming up from behind it.

At the bottom is a picnic table on the beach with food from different parts of the world offered to the observers of the underwater event. To the right of the beach is a pelican on the rocks with a message in his beak with the word "strength" in Chinese Mandarin. The word strength is also written on the school of fish in Spanish, English and Arabic. Included under the school of fish is a quote from Confucious "Our greatest glory is not in never falling, but rising every time we fall".







October 30, 2014

To The San Francisco Arts Commission,

I am very pleased to offer this letter of support for the Multicultural Health and Wellness Murals being created by neighborhood-based and internationally acclaimed Precita Eyes Muralists for the Department of Psychiatry at San Francisco General Hospital. These murals will transform a cement industrial environment into a beautiful and inspiring gathering place for both recreation and reflection for patients who are being served on the locked inpatient psychiatric units. This colorful and inspiring outdoor space will help to ensure a supportive and enriching physical environment for clinical care.

The images on the Multicultural Health and Wellness Murals reflect the philosophy of the Recovery Model as defined by SAMHSA: "A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential." The artists from Precita Eyes met with the patients and staff to develop images that highlight themes of hope, health and wellness. The three murals are based on elements of nature: earth, sky, water. The words "love", "hope", "faith", "peace" and "strength" will be woven between the drawings.

We are grateful to the SFGH Foundation for generously supporting this artistic project to benefit our patients.

Sincerely,

Sue Currin, RN, MS Chief Executive Officer

San Francisco General Hospital and Trauma Center

nom a. Curin

University of California San Francisco



Department of Psychiatry School of Medicine

San Francisco General Hospital 1001 Potrero Avenue San Francisco, CA 94110 tel: 415/206-8426 fax: 415/206-8942 October 29, 2014

Dear San Francisco Arts Commission.

It is my great pleasure to write to you with my enthusiastic support of the Multicultural Health and Wellness Murals that are being planned for the 7th floor rooftop plaza at San Francisco General Hospital & Trauma Center (SFGH). SFGH's 7th floor is occupied by the secure (locked) inpatient psychiatric units, and the plaza is the only outdoor patient care area available to our psychiatric patients. Having worked as a psychiatrist on these units for over 25 years, I can attest to the importance of positive surroundings in the treatment and recovery of individuals in the midst of a severe psychiatric illness. The beautiful murals that are being planned by the internationally known Precita Eyes Muralists (based here in our neighborhood) depict widely diverse themes related to Health, Wellness, and Hope, and represent the diverse range of experience and expression seen in our patients and our City.

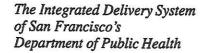
This mural project has been generously funded by the San Francisco General Hospital Foundation. The design process has been a broadly inclusive one with meaningful input from our current patients and our psychiatric staff. After years of blank concrete walls on the 7th floor plaza, it will be inspiring to our patients to be greeted with positive, colorful images and encouraging words ("hope", "faith", "love", "peace", and "strength") when they enter the plaza for much needed fresh air. I whole-heartedly support this project, and am grateful to the SFGH Foundation for recognizing the needs of our patients and taking action to address them in this caring way. Please contact me at (415) 206-5216 if I can provide further information about this remarkable project.

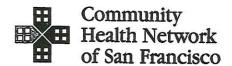
Sincerely,

Mark Leary, MD

Deputy Chief and Clinical Professor of Psychiatry

SFGH/UCSF





To Whom It May Concern,

10/29/14

I'm writing this letter in support of having Precita Eyes paint three murals on our hospital patio.

The murals would be painted in an outdoor patio area that is used by patients who are hospitalized due to suffering from serious psychiatric disabilities. I believe that having beautiful murals with pictures and inspirational words that represent hope, health, strength, and recovery will provide a healing environment for our patients on the patio.

Last year the SFGH Hearts Foundation funded a grant for a <u>Labyrinth</u> for walking meditation on our outdoor patient patio area. One of the murals will be painted on the wall adjacent to the <u>Labyrinth</u>, which will help to create a peaceful and relaxing environment of healing and coping with stress.

Being hospitalized on an inpatient psychiatric unit can be a stressful and difficult experience. It is very helpful when patients are able to get off of the locked unit to go outside on the patio for fresh air, exercise, and music. The murals will provide our patients with another needed and beneficial healing intervention to help them cope with often difficult and challenging symptoms.

We are grateful for the opportunity to have the well respected and talented group of artists from Precita Eyes help us to continue to transform our patio into a healing environment with hope for recovery and growth.

Thank-you

Annette Pinto MA, MFT, OTR/L

Director, Psychiatric O.T. Department

San Francisco General Hospital and Trauma Center

415-206-4945

University of California San Francisco



Department of Psychiatry School of Medicine

October 31, 2014

San Francisco General Hospital 1001 Potrero Avenue San Francisco, CA 94110 tel: 415/206-8426 fax: 415/206-8942

To the San Francisco Arts Commission:

I am writing in strongest support of the three multicultural murals with the themes of health, wellness and recovery which will be developed in conjunction with Precita Eyes for the patients and staff of San Francisco General Hospital (SFGH). As Medical Director of the Inpatient Psychiatry Service at SFGH, I know that these murals, designed with input and collaboration from patients and staff, will be a tremendous source of comfort and inspiration not only for our patients but also for visiting families, friends, and health care professionals. The visual arts are most welcomed by our psychiatric service as they can continually serve as a literal vision and reminder for each of us of not only what is, but of what can be, in terms of both individual and community service, health, and well-being.

Thus, on behalf of the Inpatient Psychiatry Service at SFGH, which serves thousands of San Franciscans each year, we are most grateful and appreciative of the generous grant from the SFGH Foundation which will fund this, the expert and impassioned collaboration of the artists from Precita Eyes, and the strong support and vision of the San Francisco Arts Commission.

As Picasso once said, "The purpose of art is washing the dust of daily life off our souls." Thus, we most welcome this collaborative effort to visually inspire each of us to renew and refresh ourselves on a continual basis, via melding together the arts and mental health communities of San Francisco in order to make SFGH an even more nurturing source of support and care for those we serve.

Thank you very much.

Emily K. Lee, M.D.

Associate Clinical Professor

Department of Psychiatry

University of California, San Francisco

Medical Director, Inpatient Psychiatry

San Francisco General Hospital

SFGH Patio Mural Maintenance Plan

San Francisco General Hospital facilities management in partnership with the Psyciatric Department and the SF General Hospital Hearts Foundation is in agreement to make sure that the painted murals are monitored on a regular basis to help keep it graffiti free, clean and undamaged. They will contact and consult with Precita Eyes Muralists if any damage occurs to the art work.

Mural Material Description

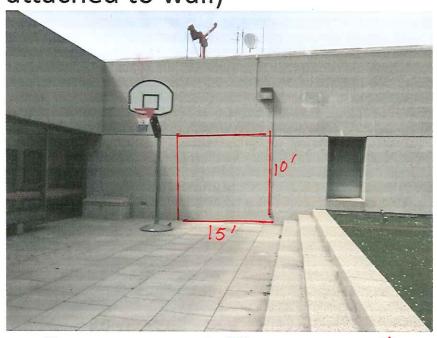
The mural walls will be cleaned and prepped properly to assure good paint bonding. The most highly pigmented and durable acrylic paint will be used to create the murals. Four coats of a protective anti-graffiti coating known as "Sheercoat" will be applied to the surface of the mural for easy cleaning and removal of graffiti.

Contact:
Mily Trabing
Patrick Hannan
Directo, Inpatient Psychiatric Social Work
SFGG Medical Center
1001 Potrero Avenue
San Francisco, CA 94110
415-206-3811
mily.trabing@ucsf.edu

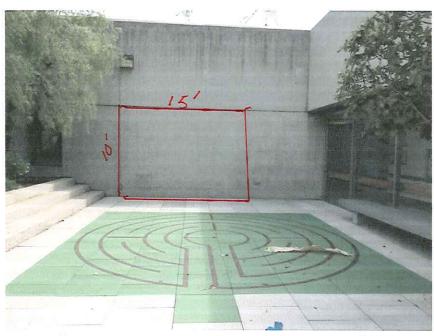
Susan Cervantes, Founding Director Precita Eyes Muralists 2981 24th Street San Francisco, CA 94110 415-285-2287 susan@precitaeyes.org



#3 7A Corner (basketball hoop is free standing - not attached to wall)



#1 MURAL "RECOVERY"



#2 MURAL "WELL NESS"

#6 7L corner

