



London N. Breed
Mayor

City and County of San Francisco
Department on the Status of Women



Carol Sacco
Acting Director

ECONOMIC OPPORTUNITY RESOURCES

EMPLOYMENT AND TRAINING

Find resources for employees impacted by COVID-19 at [Office of Economic and Workforce Development](#) or contact the Worker Information Line 415-701-4817 or workforce.connection@sfgov.org.

Lost your job? Visit this one-stop resource for people impacted by job loss during COVID-19.

Workforce development programs can help prepare you with the skills necessary for a specific industry or job with free services or paid on-the-job training.

- [Job Centers](#) have general job readiness services and young adult services.
- Industry-based training programs are available for [construction](#), [healthcare](#), [hospitality](#), and [technology](#). Orientations are available by phone or online during COVID-19.
- Women interested in careers in the building and construction trades can get resources and support from [Tradeswomen Inc.](#)

[Opportunities for All](#) offers paid internships, mentorship, and pathways to employment, including job readiness, career training, and apprenticeship for participants ages 13 to 24.

[Transgender Employment Program](#) supports trans and gender non-conforming people through every aspect of the job search process and matches you with trans-friendly employers.

FINANCIAL SUPPORT

[Clear My Record](#) is a free online application to clear convictions from your San Francisco criminal record to support your qualifications for employment, housing, student loans, and social services.

[Salary negotiation workshops](#) are free online to learn how to find the right words and the confidence to negotiate for better benefits and pay.

[Smart Money Coaching](#) provides free, confidential, one-on-one, personalized financial guidance in English, Spanish, Mandarin, and Cantonese. Call 877-256-0073 to schedule phone or video appointments during COVID-19.

CHILD CARE AND FAMILY SUPPORT

[Children’s Council San Francisco](#) connects parents to tuition assistance, resources, and child care open during COVID-19. They support providers through training, technical assistance, and financial support. For child care referrals contact 415-343-3300 or rr@childrenscouncil.org.

[Wu Yee Children’s Services](#) supports children, families, and providers with at-home activities, referrals, financial assistance, and remote support.

[Family Resource Centers](#) provide parenting support, referrals, information, and food and diaper pantries.

SUPPORT FOR SMALL AND WOMEN-OWNED BUSINESSES

[Information for businesses impacted by COVID-19](#) about city, state, and federal resources.

[Health and safety guidance](#) from the City to operate your business during COVID-19.

[Office of Small Business](#) offers entrepreneurs and small businesses one-on-one case management assistance at 415-554-6134 or SFOSB@sfgov.org.

[Renaissance Women’s Business Center](#) offers training, access to capital, and support strategies to women entrepreneurs.

[La Cocina’s Business Incubator](#) supports low-income women and immigrant food entrepreneurs with technical assistance, commercial kitchen space, and access to market opportunities. Find [ways to support](#) La Cocina-born businesses during COVID-19.

[San Francisco Women’s Entrepreneurship Fund](#) provides mini-grants of up to \$5,000 for projects and upgrades and help applying for loans and grants, supporting employees, and landlord negotiations during COVID-19.