

PROGRAM INFORMATION July 2020



Mental Health Treatment Programs

DJJ Mental Health Services provide an evidence-based continuum of care based on the Principles of Effective Interventions. The standardized curriculum provides participating youth with education, interventions, and exercises to assist them in stabilizing their mental health symptoms, increase pro-social decision-making, and reduce criminogenic risk factors.

These mental health interventions include Trauma-Focused Cognitive Behavioral Treatment (TF-CBT), psychopharmacological services, and specific interventions for diagnoses extracted from existing research. Mental Health Services uses an interdisciplinary and collaborative treatment approach with youth and staff to develop objective individual treatment plans to stabilize mental health symptoms, as well as, target dynamic risk factors that contribute to re-offense.

The Division of Juvenile Justice (DJJ) offers three levels of Mental Health care and programming: Outpatient, Residential and Inpatient. The continuum of mental health treatment is designed to address the intensity of the individual youth's mental health needs while ensuring placement in the least restrictive treatment environment.

Screening Process: Upon reception, all youth are administered a set of psychological screenings and assessments (i.e., Psychosis Screening Questionnaire, Kaufman Brief Intelligence Test (K-BIT), and so forth). The results of these screenings and assessments provide a comprehensive overview of the youth's mental health history and are designed to provide rich detail to the full psychological evaluation completed by a mental health clinician. The clinician recommends the appropriate level of mental health care for the youth. This recommendation is used by centralized Mental Health staff to place the youth in a mental health program that matches the level of care identified by the clinician.

Average Length of Wait Before Admission: Admission and placement into all mental health programs are prioritized based upon a youth's current need and availability of beds. Currently, there is no waiting list for placement in inpatient acute care beds, and there is virtually no wait from the time a youth is identified for a residential mental health placement and the date the youth is placed. On the rare occasions that a DJJ youth is referred to a Department of State Hospitals (DSH) inpatient facility, admission can take several days.

Length of Program: The length of each program varies based upon the youth's treatment plan and their response to treatment.

OUTPATIENT MENTAL HEALTH SERVICES

Outpatient mental health personnel provide outpatient services in response to referrals from youth, their families, staff, and discharges from residential mental health programs that require ongoing mental health services in a core treatment setting. Outpatient services consist primarily of consultation, psychotherapy, medication management, screenings, assessments, and crisis evaluations, and are provided to any youth according to their mental health needs.

RESIDENTIAL MENTAL HEALTH PROGRAMS

The DJJ's Mental Health Residential Units provide a comprehensive program to treat youth with mental health needs – which includes the following:

- Provides a safe environment
- Provides a therapeutic atmosphere
- Emphasizes respect and supportive relationships
- Reinforces responsible and pro-social behavior

All clinical staff participates in creating a unified Clinical Treatment Plan to coordinate services to the youth. The Clinical Treatment Plan shall identify target behaviors and evidenced-based treatment modalities including short and long term measurable goals.

INTAKE AND COURT SERVICES UNIT
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Mental Health Residential Unit (MHRU)

The MHRU is a rehabilitative, residential counseling-enriched program designed to stabilize a youth with functional impairment secondary to mental disorders that negatively impact his ability to participate in a non-MH unit. Some MHRU youth are prescribed psychotropic medications, but all are involved in individual and group psychotherapy and psycho-educational groups.

Location: The MHRUs are located at N. A. Chaderjian Youth Correctional Facility in Stockton and Ventura Youth Correctional Facility in Camarillo.

Bed Capacity:	N.A. Chaderjian Youth Correctional Facility	24 beds (males)
	Ventura Youth Correctional Facility	24 beds (males)
	Ventura Youth Correctional Facility	24 beds (females)

Staffing: This program includes the following staffing classifications: Psychiatrist, Senior Psychologist, Clinical Psychologist, Licensed Psychiatric Technician, Registered Nurse, Treatment Team Supervisor, Supervising Casework Specialist, Casework Specialist, Senior Youth Correctional Counselor, Youth Correctional Counselor, Youth Correctional Officer, Office Technician, and Education staff.

Intensive Behavior Treatment Program (IBTP)

The IBTP is a rehabilitative, residential program for youth with functional impairment secondary to serious mental disorders that renders the youth unable to benefit from the services offered on an MHRU or a non-MH unit.

Locations: The IBTP is located at N.A. Chaderjian Youth Correctional Facility in Stockton.

Bed Capacity:	N.A. Chaderjian Youth Correctional Facility	16 beds (males)
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Staffing: This program includes the following staffing classifications: Psychiatrist, Senior Psychologist; Clinical Psychologist, Licensed Psychiatric Technician, Registered Nurse, Treatment Team Supervisor, Supervising Casework Specialist, Casework Specialist, Senior Youth Correctional Counselor, Youth Correctional Counselor, Youth Correctional Officer, Office Technician, and Education staff.

INPATIENT MENTAL HEALTH PROGRAMS

Psychiatric Hospitals- Contracted Beds

DJJ has partnered with, the California Correctional Health Care Services (aka The Plata Receiver's Office) to deliver services at a psychiatric hospitals for DJJ youth in need of acute inpatient care through their PPO with Health Net.

Location: Ventura County Medical Center Psychiatric Unit (males and females 18 or older).

Bed Capacity: As available.

In addition, DJJ maintains a contract with the DSH which allows DJJ to place chronically disturbed youth both male and female, age 18 or older, in three State hospitals operated by the DSH.

Location: Department of State Hospital inpatient facilities in Napa, Patton, and Norwalk

Bed Capacity: Eight (8) beds available to the DJJ population.

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