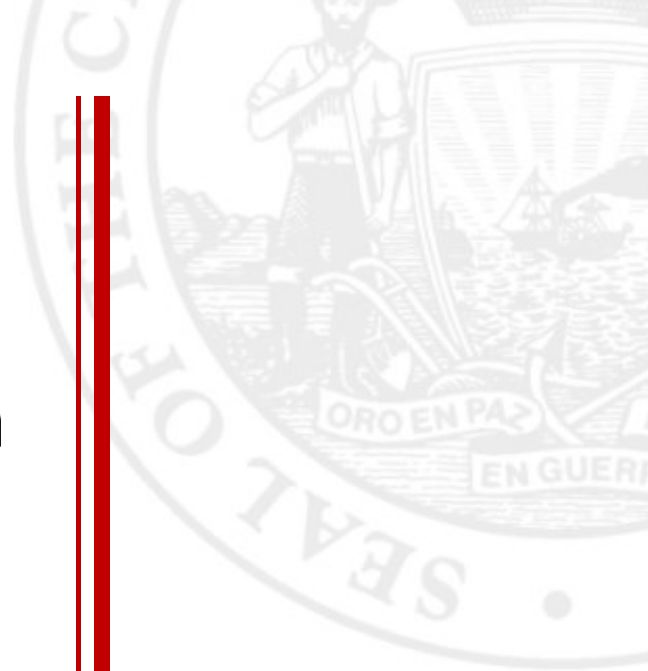


# PROJECT PULL

Internship program

**2019 SUMMER INTERNSHIP APPLICATION**



**PROJECT PULL INTERNSHIP PROGRAM**

**City and County of San Francisco  
525 Golden Gate Avenue, 9th Floor  
San Francisco, CA 94102**

**[WWW.SFGOV.ORG/PROJECTPULL](http://WWW.SFGOV.ORG/PROJECTPULL)**

**Sfprojectpull1996@gmail.com  
415.934.3996**

**SPONSOR**

**City & County of  
San Francisco**

**BENEFITTING**

**San Francisco  
Youth**

# SUMMER 2019 PROJECT PULL APPLICATION

## WHAT IS PROJECT PULL:

Project Pull is a paid summer internship program for high school juniors, seniors and incoming college freshmen, sponsored by the City & County of San Francisco. Project Pull is a multipart internship program, which provides a mixture of educational, challenging and fun opportunities both inside and outside the workplace. Paired with City employees serving as mentors, interns are provided with the opportunity to gain insight on careers in the public sector by performing tasks and completing projects in a professional work environment.

## WHO IS ELIGIBLE FOR THE PROGRAM:

- Reside in or attend school in San Francisco
- Students entering junior, senior year in high school or incoming college freshman (Ages: 15 - 19)
- Students with a 2.75 GPA from last completed semester - Fall 2018
- Able to commit to twenty (20) hours a week for eight (8) weeks during the summer session  
⇒ **Program Dates: 17 June 2019 through 9 August 2019** (Dates subject to change)
- Project Pull does not work around other jobs/commitments/summer school
- Working hours are anywhere from 7AM to 5PM, and may vary by department

## APPLICATION CHECKLIST (All must be completed and attached to be considered):

### Section 1: Personal Information

- Current Picture ID (Copy) Choose one:
  - ⇒ Current CA Drivers License or ID Card
  - ⇒ Current School ID Card with Picture
- Proof of Age (Copy) Choose one:
  - ⇒ Birth Certificate
  - ⇒ Current CA Drivers License or ID Card
  - ⇒ Current Permanent Resident Card
  - ⇒ Current U.S. Passport
  - ⇒ Current Military Dependent ID Card

### Section 2: Demographic Information

- Please specify

### Section 3: School Information

- Unofficial High School Transcript
  - ⇒ Reflecting courses through Fall 2018
  - ⇒ Report Cards are **NOT** accepted

### Section 4: How Did You Hear About Us

### Section 5: Work/Volunteer Experience

- Resume (If applicable)

### Section 6: Office Skills

### Section 7: Field Of Interest

### Section 8: Teacher Recommendation

- Must be on school letterhead

### Section 9: Typed Essay

### Section 10: Consent/Commitment Signatures

### Section 11: Emergency Information

## SUBMISSION INSTRUCTIONS:

- Application must be typed or legibly written in blue or black ink.
- Deadline for application is: **Monday, 25 February 2019**
- Applications must be mailed in or post-marked **by the deadline**. Fax, hand delivered, online and email applications **WILL NOT** be accepted or considered. **NO EXCEPTIONS!**
- Mail application to:  
**Project Pull Summer Internship Program**  
**525 Golden Gate Avenue, 9th Floor**  
**San Francisco, CA 94102**  
**Attn.: Project Pull Director**

# SUMMER 2019 PROJECT PULL APPLICATION

## SECTION 1: PERSONAL INFORMATION

First name:	Middle name:
Last name:	
Date of birth:	I identify as: (Genderqueer, Man, Transgender, Woman, etc.)
Home street address:	
City:	Zip code:
Cell number:	Home number:
Professional Email Address:	

**Attach copy of current picture identification and proof of age**

## SECTION 2: DEMOGRAPHIC INFORMATION *(Response will not affect eligibility)*

**Ethnicity/Race – Please check all that applies and specify:**

<input type="checkbox"/> African American:	<input type="checkbox"/> Hispanic/Latino:
<input type="checkbox"/> Asian:	<input type="checkbox"/> Middle Eastern:
<input type="checkbox"/> Black:	<input type="checkbox"/> Native American:
<input type="checkbox"/> Caucasian:	<input type="checkbox"/> Pacific Islander:
<input type="checkbox"/> Other (Not listed, please specify):	

## SECTION 3: SCHOOL INFORMATION

High school during Aug. 2018 – June 2019 (List):			
High school Grade level:	<input type="checkbox"/> 10th	<input type="checkbox"/> 11th	<input type="checkbox"/> 12th

**Attach UNOFFICIAL high school transcript reflecting courses through Fall 2018**

College Name for Fall 2019 (For graduating high school seniors only):	
<input type="checkbox"/> Accepted (List):	
<input type="checkbox"/> Pending (List):	
<input type="checkbox"/> Undecided (List):	

#### SECTION 4: HOW DID YOU HEAR ABOUT US?

Please check all that apply:

- |  |   |                                       |
|--|---|---------------------------------------|
| <input type="checkbox"/> City Employee | <input type="checkbox"/> Job Fair         | <input type="checkbox"/> Social Media |
| <input type="checkbox"/> Former Intern | <input type="checkbox"/> School Counselor | <input type="checkbox"/> Other:       |

#### SECTION 5: WORK/VOLUNTEER EXPERIENCE (*Resume required—if applicable*)

Have you applied to Project Pull in the past?

- Yes and accepted, what year(s)
- Yes, but waitlisted/not accepted, what year(s)
- No

Have you participated in any of the following youth employment programs in the past?

- |                                       |                                     |   |
|---------------------------------------|-------------------------------------|---|
| <input type="checkbox"/> Access SFUSD | <input type="checkbox"/> MYEEP      | <input type="checkbox"/> OTHER YOUTH PROGRAMS |
| <input type="checkbox"/> CITYWORKS    | <input type="checkbox"/> SWEP       | 1.  |
| <input type="checkbox"/> CTE          | <input type="checkbox"/> YOUTHWORKS | 2.  |

Have you held any other jobs or volunteered in the past?  Yes  No

If answered **YES** to any question in Section 5, **resume is required.**

#### SECTION 6: OFFICE SKILLS

Please check all that apply:

- |   |   |                                      |
|---|---|--------------------------------------|
| <input type="checkbox"/> Excel:<br><input type="checkbox"/> Basic <input type="checkbox"/> Intermediate <input type="checkbox"/> Advanced | <input type="checkbox"/> Word           | <input type="checkbox"/> Fax Machine |
| <input type="checkbox"/> PowerPoint   | <input type="checkbox"/> Copier/Printer | <input type="checkbox"/> Scanner     |

#### SECTION 7: FIELD OF INTEREST

Please check only three (3):

- |  |   |
|--|---|
| <input type="checkbox"/> Accounting/Finance              | <input type="checkbox"/> Inventory Management               |
| <input type="checkbox"/> Administration/Clerical         | <input type="checkbox"/> IT/Programming                     |
| <input type="checkbox"/> Architecture                    | <input type="checkbox"/> Library Services/Record Management |
| <input type="checkbox"/> Communications/Public Relations | <input type="checkbox"/> Science: Biological/Environmental  |
| <input type="checkbox"/> Engineering                     | <input type="checkbox"/> Other (please specify):            |

#### SECTION 8: TEACHER/COUNSELOR RECOMMENDATION (*On letterhead*)

Please submit one (1) letter of recommendation (on school letterhead) from a current teacher or counselor from your school who knows you well enough to describe your skills, abilities and capacity to participate in Project Pull. Please attach signed letter of recommendation to application. Only one (1) letter of recommendation is required.

**SECTION 9: ESSAY (1 Page Required)**

**Choose one (1) of the four (4) prompts listed below and type a 350 – 500 word essay. Essay must be attached and mailed in with application.**

**Returnees may not resubmit essays from previous years. Essay resubmission from returnees will not be accepted and application will not be considered.**

1. What is the one thing that sets you apart from other candidates applying to the Project Pull Program?
2. Describe an example of your leadership experience in which you have positively influenced others, helped resolve disputes, or contributed to group efforts over time. In addition, briefly describe your community service experience.
3. Every person has a creative side, and it can be expressed in many ways: problem solving, original and innovative thinking, and artistically, to name a few. Describe how you express your creative side.
4. Where do you see yourself in ten (10) years (education, career, family, location, etc.).

**Your essay must be double-spaced and conform to the same writing standards expected of you at school (e.g. well written, correct grammar, no spelling mistakes, etc.). Please attach typed essay to application.**

**Please describe yourself in one (1) word:**

**“IF YOU HAVE THE COURAGE TO BEGIN,  
YOU HAVE THE COURAGE TO SUCCEED”**

## SECTION 10: CONSENT & COMMITMENT SIGNATURES

### Youth Applicant Consent & Commitment:

If accepted in the program, you are expected to fully participate in ALL program activities and be personally responsible for your attendance, attitude and performance at worksite and at enrichments.

Please sign below to indicate your commitment and acceptance to the following:

- Actively participate in the program and all of its associated activities for the entire 2019 summer session — **17 June 2019 through 9 August 2019.**
- Agree to take responsibility for transportation to and from worksites and enrichments.
- Attend work regularly and be responsible for scheduling and notification.
- Behave according to the standards of appropriate behavior set forth by Project Pull and assigned worksites.
- Complete all assignments and projects assigned by worksite mentor, Project Pull Team Leader or other authorized staff and ask for help when needed.
- Consent to take pictures/videos for documentation of program activities and may be used in brochures, newsletter and/or other program materials.
- Dress in a professional attire.
- Fully participate in Project Pull Community Services activities.
- Fully participate in the Project Pull Debate Competition which includes working in a group to prepare and present in front of a professional panel.
- One week vacation only; May not be during weeks 1, 7, and 8

Applicant's Name (Please print or type):

Applicant's Signature (Electronic signature not accepted):

Date:

### Parent/Guardian (If applicant is under 18):

Your daughter/son is applying to participate in Project Pull, a summer internship program that will provide them with the opportunity to gain insight in the public sector by performing projects and tasks in a professional work environment. If accepted into the program, participants in Project Pull will be ask to follow all of the standards expected of a responsible worker.

Please sign below to indicate acceptance of the following — 2019 Project Pull Summer Internship:

- Consent for daughter/son to participate in Project Pull a paid internship, with the understanding that any intern may be reassigned or terminated based on work performance, attendance, interest or other factors.
- Consent to take pictures/videos of daughter/son for documentation of program activities.
- Understand that interns are committing to maintaining a regular work schedule and prioritizing attendance at work and enrichment activities.

Parent/Guardian's Name (Please print or type):

Parent/Guardian's Signature (Electronic signature not accepted):

Date:

**SECTION 11: EMERGENCY INFORMATION FORM (FOR ALL APPLICANTS)****Youth Applicant's Information:**

Name:

Address:

Cell Phone:

Home Phone:

Date of Birth:

Please list any special any medical concerns or conditions that Project Pull should be aware of:

**Emergency contacts information:**

Name:

Relationship to participant:

Contact Phone 1:

Contact Phone 2:

Name:

Relationship to participant:

Contact Phone 1:

Contact Phone 2:

**Physician Pre-Designation:**Can participant be taken to the nearest medical facility?  Yes  NoIf **NO**, please specify the facility to be taken to (Complete below):

Name of Facility:

Address:

Does participant have healthcare?  Yes  No

Name of Carrier:

Primary Care Physician (If any):

**In the event of a workplace injury, the following procedure will be followed:**

- 1.If the injury is an emergency, Project Pull staff and/or mentors will call 911 or take the intern to the nearest emergency room. Project Pull staff or mentor will inform the doctor that the injury is work related.
- 2.If the injury is not an emergency, Project Pull staff and/or mentor will take the intern to either the Kaiser Occupational Health Clinic or to the doctor pre-designated above. Follow-up care will be handled by either the Kaiser Occupational Health Clinic or the pre-designated doctor.

**KAISER OCCUPATIONAL HEALTH CLINICS:**

For Injuries Occurring Before 5:00PM: 601 Van Ness Avenue · Mezzanine Level · 415.674.7000

For Injuries Occurring After 5:00PM: 350 St. Joseph's Street · Near Divisadero/Geary