



under the dome

A City Hall Building Management newsletter created specifically for City employees

Volume 1, Issue 7 • October 2006

City Hall Building Management
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Dear Tenants:

The feedback that we have received for publishing "Under the Dome", the monthly Building Management Newsletter here at City Hall has been tremendous. Many people have written to us about how they anxiously await the new version every month! These comments are so great to hear, so for that we thank you.

As we continue to expand and improve the "Under the Dome" content and mission, I would like to introduce a new facet of the newsletter that you will begin to see in this October issue. Every month will feature a "SHAPE UP" section which will provide tips, direction and ideas to finding success in leading a healthy lifestyle.

Our mission has always been to provide the tenants of City Hall with valuable and interesting information to keep you better informed of your workplace surroundings, supports, and amenities. At this time we are also committing ourselves to assisting in fostering a happy, healthy work environment for the most valuable resource the City has—its employees. While providing you with useful information, we would also like to make this newsletter fun and interactive by providing articles that pertain to everyone. Please feel free to continue to offer us feedback on our publications. Our success depends on your satisfaction!

Regards,

Lesley Giovannelli

BUILDING SERVICES MANAGER
CITY HALL BUILDING MANAGEMENT

We Welcome your Feedback!

City employees can send "under the dome" questions and suggestions to lesley.giovannelli@sfgov.org

The Election is Coming, Don't Forget to Register!

HOW AND WHERE TO REGISTER

If you have not registered, or need to re-register, you may pick up a Voter Registration Card in person at the Department of Elections, local public libraries, some City and County offices, the Department of Motor Vehicles (DMV) and postal offices. You can also download a registration card online at the California Secretary of State's website. When you register online, a pre-typed registration card, which consists of your information, will be mailed to you within seven to fourteen days. You must sign, date and return the registration card by mail to your county election official. If you register by mail, we recommend you send in your Voter Registration Card at least one month prior to Election Day to avoid missing your opportunity to vote due to postal delays. You may also call our office at (415) 554-4411 or email us at sfvote@sfgov.org and we will mail a voter registration card to you. Please be sure to provide a residential or mailing address when requesting a Voter Registration Card by phone, fax or email.

You may register at any time, but to be eligible to vote in an upcoming election, a completed Voter Registration Card must be postmarked no later than 15 days before Election Day. The last day to register to vote for the November 7, 2006 election is Monday, October 23, 2006.

Once your registration form is received and processed, we will send you a Voter Notification Card within three to four weeks indicating that you are now a registered voter. If you wish to check your voting status call the Department of Elections at (415) 554-4375.

Information on your voter registration affidavit will be used by elections officials to send you official information on the voting process, such as the location of your polling place and the issues and candidates that will appear on the ballot. Commercial use of voter registration information is prohibited by law and is a misdemeanor. Voter information may be provided to a candidate for office, a ballot measure committee, or other person for election scholarly, journalistic, political, or governmental purposes, as determined by the Secretary of State. Driver's license and social security numbers, or your signature as shown on your voter registration card, cannot be released for those purposes. If you have questions about the use of voter information or wish to report suspected misuse of such information, please call the Secretary of State's Voter Protection and Assistance Hotline.

For questions please call: 554-4375



★
I Voted!
我已投票
¡Ya Voté!

Happy Columbus Day October 9th!



CHRISTOPHER COLUMBUS discovered America in 1492. At least that is what all elementary school children were always taught: "In 1492, Columbus sailed the ocean blue." Of course, Columbus never did "discover" North America, and the regions he did explore were already inhabited. He only discovered them from the viewpoint of the Europeans. Yet his first voyage did prove one thing for sure,

that the earth was not only round, but that it was bigger than he had thought, Eratosthenes notwithstanding.

One of the first known celebrations marking the discovery of the "New World" by Christopher Columbus was in 1792, when a ceremony organized by the Colombian Order was held in New York City honoring Christopher Columbus and the 300th anniversary of his landing in the Bahamas. Then, on October 12, 1866 the Italian population of New York organized the first celebration of the discovery of America. Three years later, in 1869 Italians in San Francisco celebrated October 12 calling it C-Day.

To mark the 400th anniversary of Columbus' voyage, in 1892, President Benjamin Harrison made a commemorative proclamation. But it was Colorado, in 1905, that became the first state to observe a Columbus Day. Since 1920 the day has been celebrated annually, and in 1937 President Franklin Roosevelt proclaimed every October 12 as Columbus Day. That's where it remained until 1971 when Congress declared it a federal public holiday on the second Monday in October.

FLEET WEEK | October 5-9
SAN FRANCISCO 2006

Join us for this spectacular two day family fun event featuring the Blue Angels, a parade of Navy ships, and more. Witness aerial demonstrations by the Navy's Blue Angels, Team Oracle, and the Air Force's A-10 Demonstration Team.

See the Parade of U.S. Navy ships.

For more information, visit <http://fleetweek.us/fleetweek>

Halloween Safety Tips

- + Help your child pick out or make a costume that will be safe. Make it fire proof, the eye holes should be large enough for good peripheral vision.
- + If you set jack-o-lanterns on your porch with candles in them, make sure that they are far enough out of the way so that kids costumes won't accidentally be set on fire.
- + Make sure that if your child is carrying a prop, such as a scythe, butcher knife or a pitchfork, that the tips are smooth and flexible enough to not cause injury if fallen on.
- + Kids always want to help with the pumpkin carving. Small children shouldn't be allowed to use a sharp knife to cut the top or the face. There are many kits available that come with tiny saws that work better than knives and are safer, although you can be cut by them as well. It's best to let the kids clean out the pumpkin and draw a face on it, which you can carve for them.
- + Treating your kids to a spooky Halloween dinner will make them less likely to eat the candy they collect before you have a chance to check it for them.
- + Teaching your kids basic everyday safety such as not getting into cars or talking to strangers, watching both ways before crossing streets and crossing when the lights tell you to, will help make them safer when they are out Trick or Treating.
- + Children should go out during daylight hours only unless accompanied by a responsible adult.
- + Plan a safe route so parents know where their older kids will be at all times. Set a time for their return home. Make sure that your child is old enough and responsible enough to go out by themselves.
- + Let your children know not to cut through back alleys and fields. Make sure they know to stay in populated places and don't go off the beaten track. Stay in well lighted areas.
- + Stop only at familiar houses in your own neighborhood unless they are accompanied by an adult.
- + Small children should never be allowed to go out alone on Halloween. Make sure an older sibling or adult is with them.
- + Instruct your children not to eat any treats until they bring them home to be examined by you.
- + Instruct your child to never go into the home of a stranger or get into their car.
- + Make sure your child carries a flashlight, glow stick or has reflective tape on their costume to make them more visible to cars.
- + Let them know that they should stay together as a group if going out to Trick or Treat without an adult.

ART IN CITY HALL

INSIGHTS 2006

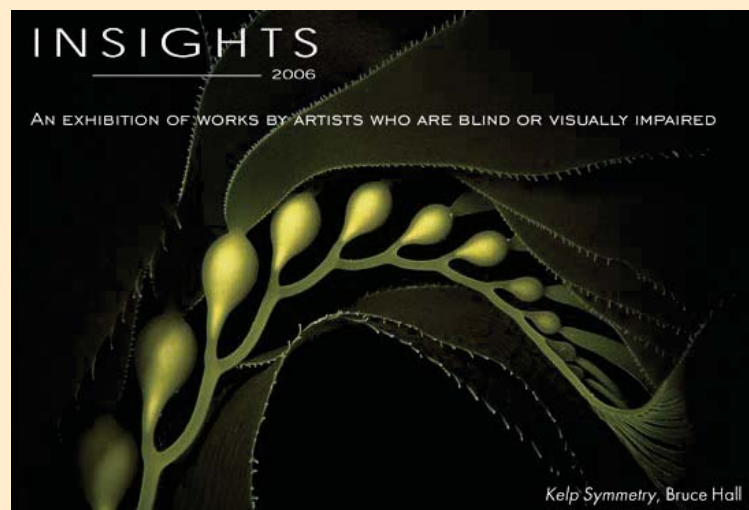
an exhibition of works

by artists who are blind or visually impaired

September 11 through November 22, 2006

San Francisco Arts Commission Gallery in City Hall

Experience ground-breaking art by 35 blind and visually impaired artists at Insights 2006! Featuring painting, sculpture, photography and mixed media, the exhibition runs from September 11 through November 22 at the San Francisco Arts Commission Gallery in City Hall (1 Dr. Carlton B. Goodlett Place), lower level. An Opening Reception will be held on Tuesday, September 19, from 5:30 to 7:30 p.m., which is free and open to the public. Audio descriptive tours by Antenna Audio are available.



DOES YOUR NEIGHBORHOOD LOOK LIKE THIS?



DON'T DESPAIR. TAKE ACTION!
Join The Citywide Effort To Wipe Out Graffiti.

**Graffiti
WATCH**

San Francisco Anti-Graffiti Program



For more information, call the San Francisco Department of Public Works at 28-CLEAN (282-5326) or e-mail 28clean@sfdpw.org.



PET PRIDE DAY 2006

Sunday, October 29, 2006

11:00 AM - 3:00 PM

**Sharon Meadows
Golden Gate Park**

- Pet Costume Contest
- Pet Trick Competition
- Working Animal Demonstrations
- Animal Rescue Groups
- Pet Product Vendors
- Education and Game Area for Kids
- Raffles for Fabulous Prizes
- All Kinds of Adoptable Animals—
from Chickens to Chinchillas!

Pet Pride Day is a fun-filled day of entertainment, education and information for everyone with two –or four–legs. Come meet the San Francisco Animal Cops - the stars of Animal Planet's hit TV series, "Animal Cops San Francisco". Booth space is available for pet product vendors and animal rescue groups. Sponsorship opportunities are also available. Please call (415) 554-9427, or e-mail deb.campbell@sfgov.org, for more information.

For the safety of all of the animals, this event is limited to dogs. All dogs must be on leash.

Scene and Heard

What do you have on your iPod right now?

"I've been listening to Tori Amos and watching *Reno 911* episodes on my iPod."

David Miree
Mayor's Office of Communication



What album have you been listening to lately?

"I've been listening to Michael Franti's new album *Yell Fire!* which just came out in July."

Heather Keane
Mayor's Office of Economic & Workforce Development



What are reading?

"Currently I'm reading *Mountains Beyond Mountains* by Tracy Kidder. Non-fiction, it features the work of Dr. Paul Farmer in Haiti. Dr. Farmer found his life's calling: to cure infectious diseases and to bring the lifesaving tools of modern medicine to those who need them most."

Debbie Toy
City Attorney's Office



**JOIN US FOR CITY GUIDES/CITY HALL
DOCENTS ANNUAL GHOST WALK ON
OCTOBER 31st.**

The tour will begin at 6:30pm in the South Light Court.
Please call 554-4933 for more information.

Transformations

Do you recognize this City employee who works at City Hall?



Little cowgirl!



Look out Prom Queen!



I would like to thank my agent, my family and all my fans...for this award!

Corry Mehigan, Building Manager

Shape Up!

JOIN A PARK AND REC LEAGUE TODAY!

Women's Volleyball Fall League

Season goes from October-December. Nights of play are Tuesday, Wednesday, Thursday. Players must be at least 18 years old and reside in or go to school in San Francisco. For locations call 831-6313.

Adult Tennis

Instructions, tournaments and leagues are available all year. For more information call Jake Hall at 831-6302.

Special Olympic Qualifier

Held in October for ages 10-adult. For information call Andy at 552-2663 x24.

OTHER SHAPE UP RESOURCES

Healthy Cooking

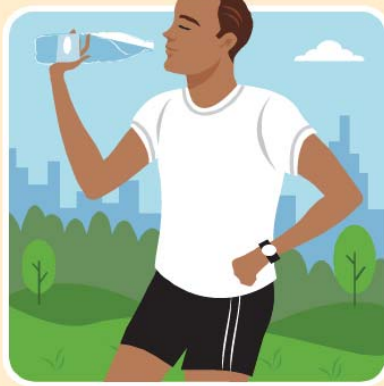
Learn how to prepare healthy meals!
www.epicurious.com/cooking/healthy/

Smoking Cessation Clinic

SF General Hospital Smoking Cessation and Relapse Prevention Program. Free meetings at 1001 Portrero Avenue. Call 206-5449 or www.sfsmokefree.org for more info.

2007 San Francisco Marathon!

Enjoy the amazing views of the City while running 26 miles. Choose from the marathon, half marathon or 5K run/walk. Log onto www.runsfm.com/home.html for info.



Review drafts electronically, decrease margin sizes, and consider whether you need to print the document.

Make double-sided printouts and copies when possible.

Use cloth towels in kitchen and bathroom areas instead of disposable hand towels.

Used old one-sided paper or used envelopes for scratch paper.

Bring your own mug for coffee and food take-out containers instead of disposables.

Recycling Guide: Which bin do I use?

Large Desk Bin

- All office paper
- Junk mail
- Magazines/glossy paper
- Paper ream covers
- Post-it notes
- Paper bags (unusable)
- Newspaper
- Carbonless forms
- File folders (unusable)
- Manila Envelopes
- Staples
- Glass bottles

Small Desk Bin

- Non-recyclable items
- Plastic bags
- Plastic wrap
- Styrofoam
- Non-recyclable plastics

Tall Blue/Gray Office Bins

- All office paper
- Broken down packaging
- Junk mail
- Magazines/
- Paper ream
- Post-it notes
- Paper bags
- Newspaper/
- Carbonless
- File folders
- Manila Envelopes
- Staples

Other

- Toner cartridges can be returned to Office Depot for re-use.
- Electronics should be recycled very specifically. For details, please see www.sfenvironment.org

Battery Bin

Dispose of all batteries in marked containers provided by Building Management. Most containers look like mini gray trash cans—call 554-4933 when they are full.