



CIVIC CENTER

CAMPUS CHRONICLE

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A Real Estate Division Property Management newsletter created specifically for City employees

DEAR TENANTS:

Welcome to the latest edition of the *Civic Center Campus Chronicle*. Spring is just about here and that means more opportunities to get outdoors and enjoy the City! This issue includes information on many fun ways to stay active, participate in City activities, keep fit, and continue to make healthy and "green" choices everyday!

Please continue to send comments and feedback regarding the newsletter or any building issue of concern.

Enjoy!

Amy L. Brown

DEPUTY CITY ADMINISTRATOR & DIRECTOR OF REAL ESTATE
CITY AND COUNTY OF SAN FRANCISCO



AFRICAN AMERICAN
ART & CULTURE
COMPLEX

*by London Breed,
Executive Director
of the African American Art & Culture Complex*

The African American Art & Culture Complex is a performing and visual arts center in San Francisco's Fillmore District dedicated to inspiring artists to serve as agents of change by fostering a commitment to community service and activism through Afro-centric artistic and cultural expression, performance, exhibition, and programming.

Our 34,000 sq. ft. facility houses an art gallery and three art exhibition spaces, a 203 seat theater, a recording studio, library and archives of African American history, two dance studios and other multi-purpose space. We offer visual and performing arts programs and classes: including music, dance, theatre, audio recording, and arts and crafts. We also offer affordable performing arts venues for a host of community events, meetings, performances, art exhibits, trainings and conferences.

Our incredible art space is home to some of the most respected performing arts organizations in the Bay Area: including AfroSolo Theatre Company, the African American Shakespeare Company, and Cultural Odyssey, who are all resident art organizations in our facility. Other resident art organizations include the San Francisco African American Historical and Cultural Society, the San Francisco Juneteenth Festival, Take Wings Foundation, Robert Henry Johnson and SF Noir.



For more news and information on the African American Art & Culture Complex or to inquire about special event, meeting, or conference space, please find the AAACC on facebook, visit www.aaacc.org, or call 415-922-2049.

We Welcome your Feedback!

City employees can send "Civic Center Campus Chronicle" questions and suggestions to Lori.Mazzola@sfgov.org 415-554-5702

SHAPE UP:



SHAPE UP SAN FRANCISCO

The 2010 Walking Challenge is March 1 - May 7!

Mayor Gavin Newsom challenges you, your family, neighbors, and colleagues to get moving with the fourth annual **Shape Up SF Walking Challenge**. Take the 10-week challenge with a team to walk the equivalent of the 1,016 mile California coastline and beyond!

To participate, simply start or join a team, log your miles, and track your weekly goal as you improve your health. Walking is easy, fun, and free, but we also want to encourage you to use any kind of physical activity you prefer for this challenge. If your exercise can't be **calculated as miles, just use the formula that 20 minutes of vigorous activity (i.e. aerobics, dancing, playing basketball) is equivalent to a mile.**

Each team is encouraged to collectively walk 1,016 miles over the 10 weeks, which is the distance along the California coast. Teams log and track their miles online and can compare their progress against other teams.

Visit <http://www.shapeupsfwalkingchallenge.org/> to register.

GET OUT & PLAY!!

The City offers so many fun ways to stay in shape! Check out www.sfreconline.org for the 2010 Spring Activities Guide from SF Recreation & Parks. This guide is filled with activities that will provide exercise, excitement, and neighborhood fun for all ages. Whether you're interested in daytime movement classes for tots, afternoon dance lessons for seniors, or adult athletic leagues at night; this guide offers something for everyone!



Also visit www.myhss.org, to view a schedule for lunchtime wellness seminars. The SF Health Service System offers free yoga, belly dancing, and Zumba classes to employees and retirees. Classes are currently held at 1145 Market Street, on the Second Floor, but will soon be coming to City Hall and 1 South Van Ness.

sunday streets san francisco



SUNDAY STREETS IS BACK!

The 2010 Sunday Streets season will feature nine dates, longer hours (10:00AM-3:00PM) and extend into new communities, in addition to the return of the popular routes in the Fisherman's Wharf/Embarcadero, Bayview, Mission and Outer Sunset/Great Highway neighborhoods.

Proposed dates and locations include:

- **March 14:** Embarcadero, starting at Fisherman's Wharf and PIER 39, south to China Basin and Terry Francois Blvd.
- **April 11:** Along the Great Highway, coinciding with World Health Day's "1,000 Cities, 1,000 Lives" international event, as one of thousands of cities hosting simultaneous car-free events worldwide.
- **April 18:** Bayview, along 3rd Street from King and 4th (Caltrain Station) to Bayview Playground.
- **May 23:** Bayview, in conjunction with the 3rd Street Corridor Project and Bayview Merchant's Association's "3rd Street Festival."
- **June 20:** Mission, along Valencia and 24th Streets.
- **July 11:** Mission.
- **August 22:** Great Highway/Golden Gate Park.
- **September 19:** NEW: Western Addition, exact location TBD.
- **October 24:** NEW Civic Center/Tenderloin, exact location TBD.

Sunday Streets creates safe, fun, car-free space on City streets to give San Francisco residents and visitors an opportunity to get out and get active. Temporarily closing some streets to automobile traffic opens them up to people for walking, cycling, skating and recreation, creating a stronger sense of community in neighborhoods throughout the City.

Please visit www.sundaystreetssf.com for more information.

EARTH HOUR 2010

8:30pm,
Saturday March 27, 2010



Earth Hour is World Wildlife Fund's global initiative where individuals, schools, organizations, businesses and governments turn off their lights for one hour in favor of action on climate change. On Earth Hour, hundreds of millions of people around the world will come together to call for action on climate change by doing something quite simple—turning off their lights for one hour. The movement symbolizes that by working together, each of us can make a positive impact in this fight, protecting our future and that of future generations.

Earth Hour is the largest climate event in history. The event began in Sydney in 2007, when 2 million people switched off their lights. In 2008, more than 50 million people around the globe participated. In 2009, participation swelled to hundreds of millions as 4159 cities, towns and municipalities in 88 countries and many of the world's best known landmarks participated.

Earth Hour 2010 will continue to be a global call to action to every individual, business, and community. A call to stand up to show leadership and be responsible for our future by pledging your support and turn off your light for one hour.

Visit www.earthhour.org for more information.

SEEN AND HEARD



Darwin Dagandan
Apprentice Stationary Engineer
Building Management
City Hall

Q: What is your best "green" tip?

A: Buy a hybrid!

Q: What was your favorite Olympic Sport to watch?

A: Women's Hockey

Q: What is your favorite restaurant in San Francisco?

A: Houston's



Frishtah Afifi
Project Administrator
Treasure Island Development Authority
Treasure Island

Q: What is your favorite website?

A: www.huffingtonpost.com

Q: What is your current Facebook status?

A: "Enjoying the rain in San Francisco"

Q: What is your favorite restaurant in San Francisco?

A: Slanted Door



Mark Tipton
Performance Audit Manager
Controller's Office
City Hall

Q: What is your favorite website?

A: www.sroakland.org, the website of Students Run Oakland, a nonprofit I volunteer with.

Q: What is your favorite restaurant in San Francisco?

A: Jardiniere, not that I eat there often. As for a regular, it would be Stelline.

Q: What was your favorite (or least favorite) Olympic Sport to watch?

A: Favorite: ski cross and downhill skiing. Least favorite: ice dancing and hockey.

Q: What is your best "green" tip?

A: Compost pizza boxes.



10 TIPS FOR GREEN SPRING CLEANING



It's that time of year again — time for a thorough spring cleaning. Our homes have been shut up all winter and most are in need of some freshening up. This year, give your house a green spring cleaning by avoiding dangerous chemicals and harsh cleaners.

1. Open the windows. The best way to get dirty air moving out and fresh air moving in is to open the doors and windows.
2. Skip the air fresheners. Chemical fresheners can cause eye, skin, and respiratory irritation. Aerosol air fresheners are even worse, the tiny air-borne particles can damage nerves and lodge in your lungs. Buy fresh flowers in lieu of traditional air fresheners. An open box of baking soda, cedar blocks, and dried flowers also add natural fragrance to the room.
3. Use vegetable-based cleaning products instead of harsh chemical cleaners. Vegetable-based cleaners, like those made with coconut oil, are becoming more popular every day. Choose vegetable-based dishwashing detergent, too. (Traditional dish detergent is made from petroleum. If every family replaced just one 28 oz. bottle of petroleum-based dish detergent with a vegetable-based product, we could save 82,000 barrels of oil.)
4. Vinegar, vinegar, and more vinegar. Nature's cleaning miracle, vinegar can be used to clean just about anything. Use it straight to clean kitchen floors or wash windows, mix it with baking soda and essential oils to clean sinks, and even use it to remove stains in your carpet.
5. Get some baking soda. Multi-purpose baking soda can be used for everything from freshening the air, carpet, and furniture to scrubbing the toilet and tub.
6. Don't use bleach or any cleaners containing chlorine. The problems with chlorine bleach are numerous — it can burn skin and eyes and prove fatal if swallowed. When it goes down the drain, it becomes toxic to the natural world, too.
7. Skip the harsh chemical cleaners in the bathroom. Make that porcelain sparkle with non-chlorine bleach cleaners or white vinegar and a baking soda-water paste.
8. Use natural fiber sponges and rags to do the cleaning. Avoid using paper towels and other one-time use tools.
9. Get the newspaper. Vinegar in a spray bottle cleans glass well. Wipe vinegar-sprayed glass with crumpled newspaper for a streak-free shine.
10. When you make the switch to natural cleaning products, be sure to safely dispose of any dangerous chemical products. Don't pour them down the drain, into the ground, or into the trash. Read the labels or check with your waste management provider for options.



HAPPY ST. PATRICK'S DAY

2010 SAN FRANCISCO SAINT PATRICK'S DAY

Saturday, March 13th, 2010

Event Time: 10:00am to 5:00pm

Parade: 11:30 am

The **158th Annual St. Patrick's Day Parade in San Francisco** is a well established event with historic ties to the city. The parade itself is a huge draw for attendees from all different demographics and ethnicity.

The addition of the **Festival** after the parade provides a great opportunity for attendees to learn more about Irish history and culture while having a great time experiencing the day. A full day of activity is planned for the St. Patrick's Day Festival at Civic Center Plaza and on Grove Street, Polk to Larkin Street.

The colorful festivities surrounding the **Parade & Festival** will showcase Irish Culture through live performance and entertainment, arts and crafts exhibitors, food and beverage concessions, children's rides and inflatables, cultural displays, a petting zoo and pony ride and a number of non-profits booths representing the Irish community.

The **Parade** begins at 11:30am at the corner of Second and Market, where more than 5,000 participants from all over the country, will reel about with laughter and revelry all the way to City Hall. **The Festival** will take place, before, during and after the Parade at San Francisco's Civic Center Plaza and on Grove Street, Polk to Larkin Street.

For more information, visit <http://www.saintpatricksdaysparade.com>.





GIANTS BALLPARKS - A COAST TO COAST STORY



Polo Grounds



Seal's Stadium

Today, San Francisco Giants fans are treated to one of the most spectacular baseball parks in America when they take their seats at AT&T Park. Construction commenced with the first shovel hitting the dirt in December of 1997, and by April of 2000 all of the steel, concrete, and bricks had merged to form the gorgeous "retro" park we see today. Original naming rights went to Pac Bell, a corporate twist gave us SBC Park, and ultimately AT&T as we arrive at the yard today. Regardless of the name changes, the park has remained one of the premier spots to see a Major League Baseball game.

The history of the Giants baseball organization dates to the late 1800's in New York, well before West Coasters were treated to Major League Baseball. The New York Giants occupied the Polo Grounds at Brotherhood Park in 1911. This was hallowed ground for Giants fans until the team packed up and headed to the opposite coast at the end of the 1957 season. Some New Yorkers are still bitter about the move to this day, and true New York Giants fans did NOT become Yankee fans.

When the Giants moved west from New York in 1957, they played the 1958 and 1959 seasons in Seals Stadium at 16th & Bryant, the home of the Pacific Coast League, San Francisco Seals. The City looked at two locations before building the Giants their permanent home – a downtown location, and Candlestick Point. The choice for Candlestick Point at the time seems to be based on the fact that the City already owned 31 acres of land there, and was able to secure an additional 41 acres at bargain.

The first Giants game at Candlestick Park was played on April 12th, 1960, with over 45,000 in attendance. Eventually becoming a multi-purpose facility for both football and baseball, the Candlestick Park we see today looks quite different from the first edition. Fans endured many windy years at Candlestick, but always with good cheer and good humor. The dream of a new, downtown ballpark for the Giants became reality in 2000, and it appears that this gem will remain on the China Basin waterfront for years to come.

For San Francisco Giants ticket information, visit sfgiants.com.



Candlestick Park



AT&T Park



under the dome

BE OUR GUEST - AT CITY HALL

Guests of all ages welcome!

The Docent Program at City Hall has been in operation since the building reopened in January 1999. Ellen Schumer has managed the program since it began and has found particular joy with the hundreds of schoolchildren that join her tours each year. "It reenergizes me to look at the building through the eyes of a child", says Ellen. She has guided students, as young as pre-Kindergarten, through the rotunda and halls of this historic building and provided them the opportunity to become familiar with its history and beauty.

On this particular day, (see photo) a group of second graders were our guests at City Hall. Escorted to the Grand Staircase, they were introduced to the background of Mayor James Rolph Jr., also known as Sunny Jim. The students were amazed to learn that the City Hall Dome is one of the tallest in America.

When guiding younger schoolchildren on City Hall tours, Ellen must tailor her speech to include storytelling that the children can relate to and understand. When the children were introduced to the four Medallions they had a very unique perspective on the symbolism behind each.

1. The Medallion of Equality: The children measured each other to find who was shorter and taller as an indication of equality
2. The Medallion of Liberty, (who is holding an olive branch):



Children commented that she was holding a flower or perhaps a tree.

3. The Medallion of Strength: Children thought that it was a statue of a man who works out at a gym.
4. The Medallion of Learning: They said: "it's about a person reading".

Kids take away a lot of knowledge after joining one of Ellen's City Hall tours. Children were overheard saying, "It is fun!", "Excellent!", "I learned a lot!" Some kids compare this magnificent building to the White House. Many will come again with their schools, year after year, and find something new to marvel at each time.

Docent tours are provided at City Hall on weekdays at 10AM, 12Noon, and 2PM. Please call ahead to schedule tours for school groups, 415-554-6139.

AMERICA'S CUP SAILS THROUGH CITY HALL



Last February, the 33rd annual America's Cup Sailing Race returned home to the United States for the first time since 1995. BMW Oracle Racing, led by Skipper Chris Dickson, defeated 11 other teams to capture the cherished Auld Mug. On Saturday, February 20th, a celebration was held at San Francisco City Hall featuring the entire BMW Oracle Racing team. During the festivities Mayor Gavin Newsom presented vessel owner and Oracle CEO, Larry Ellison, with the key to the city, and the team was able to show off their new trophy to all in attendance. Over 300 sailing enthusiasts came to City Hall for the celebration, at which members of BMW Oracle Racing signed autographs, gave away hats and posters, and posed for pictures.