## **HEALTH & TREATMENT**

#### **HEALTH**

Information about accessing healthcare appears in the Identification & Income chapter. Read that chapter for information about how to apply for Healthy San Francisco and affordable health insurance programs. Transitions Clinic (listed in this chapter) specializes in post-prison healthcare.

## SAN FRANCISCO BEHAVIORAL HEALTH ACCESS CENTER (BHAC), COMMUNITY BEHAVIORAL HEALTH SERVICES, DEPARTMENT OF PUBLIC HEALTH

The Behavioral health Access Center (BHAC) acts as an entry point into the substance abuse and mental health system-of-care in San Francisco. BHAC can assess and authorize placement into different levels of care, depending on need. Services include residential treatment, intensive outpatient services, outpatient services, and other services that assist in reducing barriers to care. Residents of San Francisco are eligible for services at BHAC.

For substance abuse or mental health treatment referrals, call (415) 503-4730 or toll free 1-800-750-2727.

Languages: English, Spanish, Tagalog, Cantonese, Mandarin, Arabic, Japanese, Vietnamese.

**Location:** 1380 Howard Street, 1<sup>st</sup> Floor, San Francisco, CA 94103

Hours: Monday - Friday, 9:00am to 5:00pm

## CALIFORNIA HIV/AIDS HOTLINE

If you have a question about HIV/AIDS or STDs, call the California HIV/AIDS hotline. A trained phone counselor is available to help you in English or in Spanish.

**Toll Free in California:** 

(800) 367-AIDS (2437)

(888) 225-AIDS (2437) (TTY)

In San Francisco and outside California:

(415) 863-AIDS (2437)

Hours: Monday - Friday, 9:00am to 5:00pm

(until 9:00pm on Tuesdays)

Website: www.aidshotline.org

**Mailing Address:** 

California AIDS Hotline 995 Market Street, #200 San Francisco, CA 94103

**Email Address:** 

Contact-us@AIDSHotline.org

#### **ALCOHOLICS ANONYMOUS**

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no fees, and there are more than 700 meetings in the area. A complete listing is available at **www.aasf.org** or through the Intercounty Fellowship of Alcoholics Anonymous:

(415) 674-1821 (from SF) (415) 499-0400 (from Marin)

Email: help@aasf.org

Mobile Devices: www.aasf.org/m Location: 1821 Sacramento Street

San Francisco, CA 94109 Oficina Central Hispana:

(415) 554-8811

#### **N**ARCOTICS ANONYMOUS

Narcotics Anonymous makes no distinction between drugs, including alcohol. Membership is free, and the group is not affiliated with any organizations outside of NA. Some meetings have specific focuses or may be particularly appropriate for certain people. Meeting schedules, information on wheelchair accessibility, and special foci, are available online, and by calling the NA Helpline, (415) 621-8600.

#### **Mailing Address:**

San Francisco Area of Narcotics Anonymous Area Service Office The West Bay Conference Center 1290 Fillmore Street #B San Francisco, CA 94115

Help Line Phone Number: (415) 621-8600

Email: ASO@sfna.org Website: www.sfna.org

## FOOD ADDICTS IN RECOVERY ANONYMOUS (FA)

Food Addicts in Recovery Anonymous (FA) is a twelve step program offering a solution for anyone suffering from any form of food addiction including overheating, bulimia, under-eating or food obsession. There are over 30 meetings throughout the San Francisco Bay Area. For more information please visit our web-site at: **www.foodaddicts.org** 

E-mail: fa@foodaddicts.org Phone: (800) 600-6028

# BAYVIEW HUNTERS POINT FOUNDATION FOR COMMUNITY IMPROVEMENT SUBSTANCE ABUSE PROGRAM

The mission is to build a community that is empowered, clean, safe, and healthy. The Methadone Maintenance Program embraces the San Francisco Department of Public Health's principles of harm reduction and cultural competency to provide the highest quality of treatment services for our clients. www.bayviewci.org

## **To Get Connected**

Contact Person: Maisha Bolden

Phone: (415) 822-8200

**Specific Intake Days and Times:** Monday, Wedensday, Friday 6:30am-9:30am

**Hours:** Monday – Friday, 6:00am to 2:00pm, Saturday and Sunday, 7:00am to 10:00am **Location:** 1625 Carroll Avenue, San Francisco,

CA 94124

Notes: No referral needed.

## **Things To Know**

Languages Spoken: English, Spanish.

Translation services available upon request.

What to Bring: State-issued ID; Social Security

Card; Proof of SF Residency.

Accessibility: Wheelchair accessible. Other

disabilities are accommodated. **Eligible Population:** All adults.

Faith Based: No.

**Direct Services:** Methadone; Substance Abuse Treatment; Co-Occurring Disorder/Dual Diagnosis Treatment; Group and Individual Counseling/Therapy.

## CENTRAL AMERICAN RESOURCE CENTER (CARECEN)

Second Chance Tattoo Removal Program provides tattoo removal services for young adults wishing to remove gang-related tattoos. Dental services include emergency dental care, cleanings, examinations, x-rays, extractions, root canals, fillings, pit and fissure sealants, denture repairs, crowns, and referrals for other dental services. www.carecensf.org

#### To Get Connected

**Phone:** For tattoo removal services, call (415)

642-4425 or (415) 642-4400. Email: info@carecensf.org

Specific Intake Days and Times: Call for

details.

Hours: Monday – Friday, 9:00am to 5:00pm Location: 3101 Mission Street, Suite 101, San

Francisco, CA 94110

Notes: No referral needed. Make an appointment or drop in to inquire.

## Things To Know

Languages Spoken: English, Spanish. How does this program serve individuals whose primary language is not English? For other than Spanish we can access

interpretation services.

What to Bring: Second Chance Tattoo Removal Program Application or Referral. Accessibility: Wheelchair accessible. Other

disabilities are accommodated.

**Client fees, if any:** Free to those who qualify. Eligible Population: All individuals and family members. For tattoo removal services, ages 12-24 only. Men, Transgender people,

Pregnant women. Faith Based: No.

**Direct Services:** Tattoo Removal. Referrals to other resources available as needed.

## COMMUNITY ACUPUNCTURE PROJECT EAR CLINIC AT THE AMERICAN COLLEGE OF TRADITIONAL CHINESE MEDICINE (ACTCM)

The American College of Traditional Chinese Medicine's Community Acupuncture Project brings ACTCM clinical faculty and interns to various locations in San Francisco. On average, ACTCM provides more than 20,000 treatments in its Community Clinic and off-site Community Acupuncture Project (CAP) sites annually. www.actcm.edu

## **To Get Connected**

Contact Person: Tracy Tognetti

**Phone:** (415) 282-9603 **Fax:** (415) 282-9037 **Drop-In Clinic Hours:** Please call for clinic

hours and days

Location: 555 De Haro Street, Room G, San

Francisco, CA 94107

**Notes:** No referral needed. Drop-in only.

## **Things To Know**

Languages Spoken: English, Spanish,

Mandarin, Cantonese.

Accessibility: Wheelchair accessible.

Client fees, if any: The clinic is donation based. However, we will not turn anyone away for a lack of ability to make a donation.

Eligible Population: All individuals and family

members.

Faith Based: No.

**Direct Services:** Acupuncture. Referrals to other resources available as needed.

## HEALTHRIGHT 360 MEDICAL CLINICS

The mission of HealthRIGHT 360 is to give hope, build health, and change lives for people in need. We do this by providing compassionate, integrated care that includes primary medical, mental health, and substance use disorder treatment. Our services aim to relieve the burden of societal problems by promoting wellness, healthy relationships, productive living, and community. www.healthright360.org

#### To Get Connected

Contact Person: Jack Cheng or Maribel Baez Phone: (415) 226-17755 Fax: (415) 746-1941 Locations: 1735 Mission St, 558 Clayton St

**Email:** 

scheduleappointment@healthright360.org **Hours:** Monday – Friday, 9:00am to 5:00pm
(Wednesday until 8pm at 558 Clayton St) **Notes:** Must schedule appointment and arrive 20 minutes early. Call for drop-in hours.

## Things To Know

Languages Spoken: English, Spanish. Accessibility: Wheelchair accessible. Eligible Population: All adults.

Faith Based: No.

**Direct Services:** Primary and Preventive Health Care; Women's Health; Birth Control; STD Diagnosis and Treatment; Diabetes Treatment; Asthma Treatment; Chronic Disease Care; Opioid Management; Mental Health Treatment; Substance Abuse Treatment. Referrals to other resources available as needed.

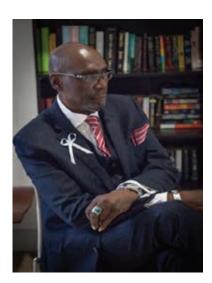
### IN THE SPOTLIGHT: MARILYN JONES-BARNES

After 20 years in the criminal justice system, Marilyn returned to school and completed a Master's Degree in Education from San Francisco State University. Additionally, Marilyn has coauthored reentry research articles and wrote an autobiography titled, "From Crack to College and Vice Versa".



Currently, Marilyn is pursuing her doctorate degree in Educational Leadership and has founded a nonprofit called "Because Black is Still Beautiful".

#### IN THE SPOTLIGHT: ERNEST KIRKWOOD



Ernest served 29 years in state prison and was released in 2012. Since his release, he has been appointed to the Reentry Council of San Francisco, volunteers at the Juvenile Justice Center, and works for HealthRIGHT360. He recently completed the Community Health Workers Certificate Program at City College, and does regular outreach in the San Francisco County Jail. In 2016, Ernest received an early discharge from parole, became a certified Peer Reentry Navigator, and a published photographer.

## MISSION COUNCIL ON ALCOHOL ABUSE FOR THE SPANISH SPEAKING, INC.

Mission Council on Alcohol Abuse for the Spanish Speaking, Inc., a non-profit organization, has been committed to the prevention and treatment of alcohol and other drug-related problems for individuals, families, and groups of underserved members of San Francisco communities by providing leadership and community care needs in a safe and culturally relevant setting. www.missioncouncil.org

### **To Get Connected**

**Contact Person:** Intake Coordinator **Phone:** (415) 826-6767, (415) 920-0721

Email: jla@missioncouncil.org

Hours: Intake, Monday – Friday, 3:00pm to

5:00pm

Location: 154-A Capp Street, San Francisco,

CA 94110

Notes: No referral needed.

## **Things To Know**

**Languages Spoken:** English, Spanish. **Accessibility:** Wheelchair accessible. Other

disabilities are accommodated.

Eligible Population: All individuals and family

members, 18 and older.

Faith Based: No.

**Direct Services:** Culturally Specific Assessments; Outpatient Counseling; Individual/Group Counseling; Drug and Alcohol Education Classes; Drug and Alcohol Testing; Alcoholics Anonymous; Narcotics Anonymous; Employment Services Referrals; Housing Referrals; Collaboration with the San Francisco Drug Court; Domestic Violence Counseling; Dual Diagnosis Assessment and Counseling. Referrals to other resources available as needed.

#### MISSION NEIGHBORHOOD HEALTH CENTER CLINICA ESPERANZA

To provide culturally and linguistically appropriate services to under-served members of the community who reside primarily in the Mission District, with an emphasis on Spanish-speaking and bilingual clients. Our services of HIV care, treatment and prevention, and support to those infected and affected by HIV, seek to improve the lives and health of the community. **www.mnhc.org** 

## **To Get Connected**

**Contact Person:** Allison Rojas **Phone:** (415) 552-1013 **Fax:** (415) 552-0529

Email: allisonrojas@mnhc.org

Hours: Intake, Monday - Friday, 3:00pm to

5:00pm

Location: 240 Shotwell Street, San Francisco,

CA 94110

Notes: No referral needed. Drop-ins allowed

between 3-5pm, M-F.

## **Things To Know**

**Languages Spoken:** English, Spanish. **What to Bring:** Proof of SF Residency.

Program will assist entering clients in getting

this.

Accessibility: Wheelchair accessible. Other

disabilities are accommodated.

Eligible Population: All individuals and family

members, 18 and older.

Faith Based: No.

**Direct Services:** Emergency Shelter; Permanent Housing; Rental Move-in Assistance; Transitional Housing; Clothing Vouchers; Food Vouchers; Shower Facilities Referrals; Transit Vouchers for Case Management or Health-Related Appointments as Needed; Mental Health Treatment; Substance Abuse Treatment; Co-Occurring Disorder/Dual Diagnosis Treatment; Medical Care; Dental Care; Health & Wellness Education; Intensive Case Management; Individual Counseling/Therapy; Outreach; Post-Incarceration Support. Referrals to other resources available as needed.

## NEW SKIN ADULT TATTOO REMOVAL

New Skin Adult Tattoo Removal program is a non-profit that removes visible tattoos at a low cost for adults that may hinder them from gainful employment and a peace of mind lifestyle.

#### To Get Connected

**Phone:** (408) 899-9695 **Fax:** (415) 552-0529

**Email:** 

adam.king@newskinadulttattooremoval.org **Hours:** Each Month: 2<sup>nd</sup> Saturday 8am-4pm;

3<sup>rd</sup> Saturday & Sunday 2pm-5pm

Location: 1060 Willow Street, San Jose, CA

95125

Notes: No referral needed. Drop-ins allowed

between 3-5pm, M-F.

**Direct Services:** Tattoo Removal.

## **Things To Know**

Languages Spoken: English, Spanish.

What to Bring: All forms are provided by New

Skin Adult Tattoo Removal

Accessibility: Wheelchair accessible.

Client fees: \$80 for 3 minutes or \$100 for 5

minutes.

**Eligible Population:** All individuals and all ages. Clients under age 18 must be accompanied by a parent or guardian.

Faith Based: No.

## SOUTH OF MARKET HEALTH CENTER

South of Market Health Center is a non-profit community health center that provides comprehensive medical, dental, and podiatry services to individuals, children, and families who have difficulty getting healthcare. We are a full-service clinic in the South of Market Area, providing high quality healthcare to over 5,000 patients every year.

#### To Get Connected

Contact Person: Any staff Email: info@smhcsf.org

**Main Clinic:** 

229 7<sup>th</sup> Street, San Francisco, CA 94104

Phone: (415) 503-6000

**Hours:** Monday through Thursday, 8:00am-5:00pm; Friday through Saturday 8:00am-

3:30pm.

Senior Clinic (For patients 55+):

317 Clementina, San Francisco, CA 94103

Phone: (415) 284-2270

Hours: Monday through Thursday, 8:00am-

5:00pm; Friday 8:00am-3:30pm.

## Things To Know

Languages Spoken: English, Spanish, Tagalog,

Farsi, and Chinese.

Accessibility: Wheelchair accessible. Other

disabilities are accommodated.

Eligible Population: Families and individuals

with little or no health coverage.

Faith Based: No.

**Direct Services:** SMHC provides a wide range of high-quality primary medical, disease prevention, dental and podiatry care. Pre-natal and well-baby care, patient education and outreach are also available.

#### **TRANSITIONS CLINIC**

Transitions Clinic is a unique primary care clinic dedicated to recently released chronically-ill men and women and their families. Transitional and primary care services are available within the first two weeks upon release from prison. Patients are supported by community health workers who have a history of incarceration. www.transitionsclinic.org

#### To Get Connected

**Contact Persons:** Ron Sanders, Juanita Alvarado, Joseph Calderon: Community

**Health Workers** 

**Phone:** (415) 671-7087 – office; Ron: (415) 933-4403 (cell); Juanita: (415) 730-5357 (cell);

Joseph: (415) 676-0816 (cell) **Email:** ronald.sanders@sfdph.org, juanita.alvarado@sfdph.org, joseph.calderon@sfdph.org

Clinic Hours: Wednesday 8am-12pm,
Thursday 8am-12pm, Friday 8am-12pm
Location: Southeast Health Center
2401 Keith Street, San Francisco Ca 94124
Public Transportation: T Train, 54, 29
Notes: Community Health Workers are
available by phone Monday through Friday
8am-5pm. No drop-ins, must have
appointment scheduled. Can be screened by
community health workers by phone. For

future doctor's appointments, please contact

community health workers.

### Things To Know

Languages Spoken: English, Spanish, others. What to Bring: State-issued ID, Social Security Card, and Proof of SF Residency. No additional documentation needed prior to entry, but will need these documents in 30 days for San Francisco insurance program. Program will assist entering clients.

Accessibility: Wheelchair accessible.

Client fees, if any: None

Eligible Population: Men, Women,

Transgender people, Pregnant women, and

families.

Faith Based: No

Community Health Workers Services: All patients are supported by trained community health workers with a history of incarceration. Our clinic partners with many community organizations and are we not funded by the criminal justice system.

**Direct Services:** Medical Care; Health & Wellness Education; Individual Counseling/Therapy; Mentorship; Outreach; Post-Incarceration support. Referrals to other resources available as needed, including referral for employment, housing, mental health and substance use treatment. Medical care on site: buprenorphine (suboxone), optometry, podiatry, acupuncture, smoking cessation classes, lab services and nutrition. Clothing & food access upon request.

## U.S. DEPARTMENT OF VETERAN AFFAIRS SAN FRANCISCO VA DOWNTOWN CLINIC

The SFVAMC Downtown Clinic offers primary care and a wide array of mental health services, including group and individual counseling, substance abuse, PTSD, and compensated work therapy. The clinic is one of VHA's first Comprehensive Homeless Veterans Centers providing a full range of services to homeless veterans, and it provides special care to homeless veterans through the Health Care for Homeless Veterans program. The Downtown Clinic is a part of the San Francisco VA Medical Center System. www.sanfrancisco.va.gov

## **To Get Connected**

**San Francisco VA Downtown Clinic Location:** 401 3<sup>rd</sup> Street, San Francisco, CA 94107

Phone: (415) 281-5100

**Hours:** Monday-Friday, 8:00am to 4:30pm **Notes:** No referral needed. Drop-ins welcome.

San Francisco VA Medical Center

Location: 4150 Clement Street, San Francisco,

CA 94121

Phone: (415) 221-4810

## Things To Know

**Languages Spoken:** English, Tagalog. Translation services available for other languages.

**What to Bring:** Discharge form DD214. Program will assist entering clients in getting this.

Accessibility: Wheelchair accessible. Other

disabilities are accommodated.

Client fees, if any: None collected here,

means test determines fees.

**Eligible Population:** All veterans of the U.S.

Military.

Faith Based: No.

**Direct Services:** Emergency Shelter; Transitional Housing CWT/TR Program; Access to Internet; Clothing; Food/Prepared Meals; Hygiene/Personal Care Items; Phone/Voicemail; Shower Facilities; Storage Facilities; Mental Health Treatment; Substance; Abuse Treatment; Medical Care; Anger Management; Group Counseling/Therapy; Outreach. Referrals to other resources available as needed.

#### WESTSIDE COMMUNITY SERVICES SERVICES FOR ADULTS

Westside Community Services has been providing an array of community-based prevention, mental health, substance abuse, and social services to clients in the City and County of San Francisco for 40 years. Incorporated in 1967, Westside is one of the oldest community-based mental health agencies in the nation. The range of programs and services has varied over the years, while a commitment to providing excellent, high-quality, culturally and community appropriate programs has remained central to the core of the organization. www.westside-health.org

### **To Get Connected**

**Behavioral Health Services** 

Location: 245 11th Street, San Francisco, CA

94103

**Phone**: (415) 355-0311 **Fax**: (415) 355-0349

**Email:** crisisclinic@westside-health.org outpatient@westside-health.org

ACT@westside-health.org

Methadone Maintenance & Detoxification Location: 1301 Pierce Street, San Francisco,

CA 94115

**Phone:** (415) 563-8200 **Fax:** (415) 563-5985

Email: methadone@westside-health.org
HIV Testing, Counseling & Linkages
AIDS Case Management & Home Care
Location: 1153 Oak Street, San Francsico, CA

**Phone:** (415) 355-0311 **Fax:** (415) 355-0358

Email: AIDS@westside-health.org

CTL@westside-health.org

## **Things to Know**

Languages Spoken: English.

Accessibility: Wheelchair accessible.

**What to Bring:** Program may require photo ID or other documentation. Contact Westside

for specifics.

Client Fees: Sliding scale. Medi-Cal share of

cost, if appropriate.

**Eligible Population:** San Francisco residents; other eligibility requirements may apply.

Contact program for specifics.

Faith Based: No.

**Direct Services:** Advocacy; Chemical Dependency Services; Outreach; In-Home Support; Therapeutic Interventions; Care Coordination; Medication Monitoring and Health Screening; Crisis Assessment; Crisis Intervention.

## WOMEN'S COMMUNITY CLINIC WOMEN'S COMMUNITY CLINIC OUTREACH SERVICES

The mission of the Women's Community Clinic is to improve the health and well-being of women and girls. We believe preventive, educational care is essential to lifelong health and that all women deserve excellent health care, regardless of their ability to pay. We work hard to ensure that each client feels comfortable and safe using her voice to direct the care she receives.

www.womenscommunityclinic.org

## To Get Connected

Phone: (415) 379-7800

**Phones staffed:** Monday – Friday, 1:00pm to 9:00pm; Tuesday, Friday and Saturday,

9:30am to 1:00pm

Appointment Hours: Monday and

Wednesday, 5:00pm to 9:00pm; Tuesday and Thursday, 1:00pm to 9:00pm; Friday, 9:00am to 5:00pm; Saturday, 9:00am to 1:00pm. **Drop-in Hours:** Tuesdays, beginning at

8:30am. Open until full.

Location: 1833 Fillmore Street, San Francisco,

CA 94115

Notes: No referral needed. Drop-ins allowed.

See above.

## **Things To Know**

Languages Spoken: English, Spanish.
Accessibility: Wheelchair accessible.
Client fees, if any: All services are free.
Eligible Population: Women, transgender people, 12 years and older, women with

children.

Faith Based: No.

**Direct Services:** Clothing; Food/Prepared Meals; Hygiene/Personal Care Items; Medical Care; Health & Wellness Education. Referrals to other resources available as needed.

#### RESIDENTIAL TREATMENT FACILITIES

Temporary housing with structured treatment and services focused on recovery from substance abuse and mental health issues. Transitional housing, including clean and sober housing, is listed in the Housing chapter.

## ASIAN AMERICAN RECOVERY SERVICES

Our primary goal is to change an individual's substance-abusing lifestyle. This change comes about through four fundamental processes. First, individuals must acknowledge their problems, their own roles and responsibilities in abusing substances. Second, they must have the willingness to resolve and change their substance abusing behavior. Third, there needs to be an understanding and reconciliation of any conflict within themselves, their families and cultural traditions. Finally, they need to develop abilities and skills in managing their lives in the social, economic, and political reality of their environment and community. The AARS-residential is a therapeutic community which recognizes the need for providing structure, support and opportunity within a multi-cultural environment. It is a highly structured environment with defined boundaries, both moral and ethical. The program employs community imposed sanctions as well as earned advancement of status and privileges as part of the recovery and growth process. Being part of something greater than oneself is an especially important factor in facilitating positive growth. www.aars.org

#### To Get Connected

Contact Persons: Stephen Fields, Program

Manager

Phone: (415) 541-9404 Fax: (415) 776-1011

Email: sfields@aars.org

Facility Hours: 24 hours/7days. Intake hours

Monday – Friday, 9:00am to 5:00pm **Location:** 2024 Hayes Street, San Francisco,

CA 94117

**Notes:** No referral needed. Call or write for appointment. No drop-ins. This is a smoke

free facility.

## **Things To Know**

**Languages Spoken:** English, Cantonese. **What to Bring:** Proof of SF Residency, TB Clearance. Program will assist entering clients in getting these.

Accessibility: Wheelchair accessible. Other

disabilities accommodated. **Client fees, if any:** No fee.

**Eligible Population:** Men, Women, 18 and older. May not have criminal conviction for sex offense, gang-related offense, or arson. May not be a registered sex offender.

Faith Based: No.

**Direct Services:** Transitional Housing; Access to Internet; Assistance Getting Driver's License or Other ID; Clothing; Food/Prepared Meals; Hygiene/ Personal Care Items; P.O. Box/Mail Service; Phone/Voicemail; Shower Facilities; Substance; Abuse Treatment; Co-Occurring Disorder/Dual Diagnosis Treatment; Anger Management; Group Counseling/Therapy; Intensive Case Management; Individual Counseling/Therapy; Outreach; Assessment & Application for Food Stamps; Assessment & Application for General Assistance; Family Reunification. Referrals to other resources available as needed.

## CITYTEAM MEN'S RESIDENTIAL RECOVERY PROGRAM

Cityteam of San Francisco's Men's Recovery Program serves men who are seeking treatment in their drug and alcohol addiction. This long-term, residential program takes a holistic approach, addressing addictions as well as psychological, spiritual, education, and vocational issues. We provide individual and group counseling, GED prep classes, computer skills training, medical treatment, and community involvement. www.cityteam.org/san-francisco/

## **To Get Connected**

Contact Person: Recovery Program

**Phone:** (415) 861-8688

Email: sanfrancisco@cityteam.org

**Intake Hours:** Monday-Friday, 9am to 5pm **Location:** 164 6<sup>th</sup> Street, San Francisco, CA

94103

Notes: Please call first for an intake.

## Things To Know

**Languages Spoken:** English, Spanish. **What to Bring:** State-Issued ID

Accessibility: No.

Client fees: Program fee is 30% of net income

not to exceed \$500 a month.

Eligible Population: Men ages 18 and older.

Faith Based: Yes.

**Direct Services:** Residential Substance Abuse Treatment; 12 Step Program; Health and Wellness Education; Anger Management; Case Management; Mentorship; Therapy; Clothing; Meals; Hygiene/Personal Care Items. Referrals to other services available as needed.

#### IN THE SPOTLIGHT: ROBERT SMITH

Robert began using alcohol and drugs at a young age, which resulted in stints at juvenile hall, and eventually escalated to state prison. After four prison terms, he was facing a lengthy sentence when the courts gave him an opportunity to go to the Delancey Street Foundation. Robert entered Delancey Street in 1998 and stayed for seven years.



Upon graduating from Delancey, Robert was offered a job at a local moving company, utilizing his Class A driver's license he earned during his time with Delancey. After driving trucks across the country for six years, Robert opened his own company in 2011. RMJ All Around Services, a moving and storage company both owned and operated by Robert, elicits the simple concepts he learned at Delancey. Robert makes it a point to reach out and employee formerly-incarcerated individuals providing the opportunity they need to be successful.

#### **DELANCEY STREET FOUNDATION**

Delancey Street is a residential education center for former substance abusers and ex-convicts. Its philosophy is that the people with the problems can teach themselves to become the solution. The program requires a minimum two-year commitment, and many individuals stay for longer. **www.delanceystreetfoundation.org** 

## **To Get Connected**

Contact Persons: Intake Coordinator Phone: (415) 512-5104 Fax: (415) 512-5141

Facility Hours: 24 hours/7 days

Location: 600 Embarcadero, San Francisco, CA

94107

Notes: No referrals needed. Drop-ins

welcome.

## **Things To Know**

**Languages Spoken:** English, Spanish. **Accessibility:** Wheelchair accessible. Other

disabilities accommodated. **Client fees, if any:** No fee.

Eligible Population: Men, women,

transgender people, ages 18 older. May not have a criminal conviciton for arson; may not be a registered sex offender; may not have a serious medical/mental health condition

requiring medication. **Faith Based:** No.

Direct Services: Transitional Housing; Assistance Getting Driver's License or Other ID; Clothing; Food/Prepared Meals; Hygiene/Personal Care Items; Shower Facilities; Medical Care Emergency; Anger Management; Mentorship; Basic/Remedial Education; College & Graduate Education; GED & High School; Education; Reading/Literacy; Vocational Education; Employment Training; Employment Retention; Job Readiness/Life Skills; Money Management/Personal Financial Education; Inmate & Parolee Legal Issues; Voting Outreach & Education; Parenting Support/Education. Referrals to other resources available as needed.

#### IN THE SPOTLIGHT: ROBERT MANSFIELD



Robert Mansfield was released from San Quentin State Prison in 1995. Upon release, he became a long-term resident of the Delancey Street Foundation where he graduated magna cum laude with a BA in Urban Studies from San Francisco State University. More recently, Robert received a Master of Science Degree in Health Communication from Boston University.

He currently works as communications analyst for UCSF Global Health Sciences, serves on the Equity Advisory Committee to the San Francisco Human Rights Commission, is a member of the Community Advisory Group for the SFMTA Central Subway Project, and has won several awards for fundraising for AIDS Walk San Francisco. He participated in Leadership San Francisco 2007 and SPIN Academy 14 (a workshop for non-profit communicators), and was recently featured in the Huffington Post 50 Over 50: Career Reinvention, as an individual who has redefined himself professionally.

#### **FRIENDSHIP HOUSE**

Residential treatment facility dedicated to serving American Indian communities, and all people with alcohol/drug abuse issues who would benefit from pro-social model of treatment influenced by American Indian traditions. www.friendshiphousesf.org

#### To Get Connected

Contact Person: Laura Gutierrez, Intake Phone: (415) 865-0964 Fax: (415) 575-4065 Hours: Monday-Friday, 8:00am-5:00pm Location: Must call first – Intake done over the phone.

**Notes:** No referral needed. No drop-ins. Must

call for appointment first.

## **Things To Know**

Languages Spoken: English, Navajo, and other

American Indian languages.

**What to Bring:** California-Issued ID and TB Clearance, current within last 6 months. (If ID is from any state other than Calif., a Tribal ID

is required.)

Accessibility: Wheelchair accessible. Other

disabilities are accommodated. **Client fees, if any:** Sliding scale.

**Eligible Population:** All individuals with no convictions for arson, no serious medical, psychological, or emotional conditions that could interfere with participation in social-model treatment program. Must be clean and sober for at least 72 hours. Women may bring 1 or 2 children ages 0-5.

Faith Based: Yes.

**Direct Services:** Substance Abuse Treatment; Housing; Intensive Case Management; Life Skills Development; Relapse Prevention; Family Counseling/Reunification; Job Readiness Training; Assistance with Transition Back into the Community. Referrals to other resources available as needed.

#### HEALTHRIGHT 360 RESIDENTIAL SUBSTANCE ABUSE TREATMENT SERVICES

The mission of HealthRIGHT 360 is to give hope, build health, and change lives for people in need. We do this by providing compassionate, integrated care that includes primary medical, mental health, and substance use disorder treatment. Our services aim to relieve the burden of societal problems by promoting wellness, healthy relationships, productive living, and community. www.healthright360.org

#### To Get Connected

Contact Person: Michael Davila, Admissions

Director.

**Phone:** (415) 226-1775 **Fax:** (415) 701-7913

Email: mdavila@healthright360.org

Hours: Monday – Friday, 8:00am to 5:30pm.

Intakes end at 5:00pm daily.

**Location:** Centralized Intake Department, 1735 Mission Street, San Francisco, CA 94103

**Notes:** No referral needed. Drop-ins welcome. Please come to Centralized Intake

Department.

## **Things To Know**

Languages Spoken: English, Spanish.
What to Bring: Proof of San Francisco
Residency, TB Clearance. Program will
assist entering clients in getting these.
Accessibility: Wheelchair accessible. Other

disabilities are accommodated. **Client fees, if any:** Sliding scale.

**Eligible Population:** Women, transgender people, 18 and over, pregnant women. May

not be a registered sex offender.

Faith Based: No.

Direct Services: Residential Substance Abuse Treatment; Transitional Housing; Gender Responsive Facilities; Trauma-Informed Treatment for Women; Hygiene/Personal Care Items; Co-Occurring Disorder/Dual Diagnosis Treatment; Health & Wellness Education; Anger Management; Group Counseling/Therapy; Individual Counseling/Therapy; Mentorship; Trauma Recovery Services; GED & High School Education; Application Assistance with Food Stamps, GA & SSI; Job Readiness/Life Skills; Representative Payee Services; CJ Referrals; Couples/Family Counseling; Family Reunification; Parenting Support/Education; Clothing; Meals. Referrals to other resources available as needed.

## JELANI, INC.

Residential drug treatment program for families.

### **To Get Connected**

Contact Person: Norman Mathis, Intake

Coordinator.

**Phone:** (415) 822-5945 **Fax:** (415) 822-5943

Email: nmathis@jelaniinc.org

Facility Hours: 24 hours/7 days. Intake hours:

Monday - Friday, 9:00am-5:00pm.

Locations:

Jelani House Prenatal Program 1601 Quesada Avenue, San Francisco, CA Jelani House Family Program

1638 Kirkwood Avenue, San Francisco, CA

Notes: Referrals from family agencies or

criminal justice system.

## **Things To Know**

Languages Spoken: English, Spanish.

What to Bring: Social Security Card; Proof of Residence; TB Clearance. Preferable, but not completely necessary at intake. Some assistance may be available to help gather

these documents.

**Accessibility:** Only the Quesada Ave. address is wheelchair- and other disability-accessible. **Client fees, if any:** 80% of public assistance

received.

**Eligible Population:** All Individuals and families, including adults with children, and pregnant women. Must not be convicted of

sex offense or arson. **Faith Based:** No.

**Direct Services:** Alcohol/Drug Treatment; Access to Benefits (SSI, GA, TANF, et al); Accompany to Court Dates; Anger Management; Childcare; Co-Occurring Disorder/Dual Diagnosis; Counseling; Family Reunification; Life Skills; Parenting Support; Perinatal Services; Residential Housing; Services for Children; Trauma Recovery Services. Referrals to other resources available as needed.

## IN THE SPOTLIGHT: ADRIAN MALDONADO

Adrian Maldonado had a 15 year history of heroin addiction and incarceration. He is currently employed by San Mateo County Correctional Mental Health as the Program Director of "Choices"—an in-custody program where he got clean and sober in 2000 while incarcerated.



Adrian is a Delancey Street graduate, has been a long-time community and labor organizer and is currently finishing a Master's Degree program in Counseling Psychology at the University of San Francisco.

#### THE LATINO COMMISSION

The Latino Commission program design and methodology are derived from models of culturally-sensitive treatment for Latinos, which have been developed and implemented in the last decade by the Latino Commission. The model incorporates current best practices in services delivery to Latinos utilizing a solid family-centered approach, one that integrates the concepts of *conocimiento* (self-awareness), *respeto* (respect for others), and *confianza* (mutual trust) to create a traditional peer support system. www.thelatinocommission.org

### To Get Connected

Contact Person: Camilo Gonzalez, Intake

Coordinator

Phone: (650) 244-0305

**Intake Hours:** Monday-Friday, 9am to 3pm **Intake Address:** 301 Grand Ave., Suite 301, S.

San Francisco, CA 94080

Locations: Casa Quetzal: 635 Brunswick, San Francisco, CA 94112; Casa Ollin: 161 Margaret Avenue, San Francisco, CA 94112; Aviva House: 1724 Bryant Street, SF, CA 94110 Notes: No referral needed. Appointments are

recommended.

## **Things To Know**

Languages Spoken: Spanish, English.

What to Bring: State-Issued ID; TB Clearance.

Will assist client in getting these.

Accessibility: Some sites in San Francisco are

not wheelchair accessible. **Client fees:** Sliding scale.

**Eligible Population:** All individuals, including adults with children, and pregnant women. Must not be convicted of sex offense.

Faith Based: No.

**Direct Services:** Transitional Housing; Access to Internet; Assistance Getting Driver's License/Other ID; Food/Prepared Meals; Hygiene/Personal Care Items; Shower Facilities; Substance Abuse Treatment; Group Counseling/Therapy; Individual Counseling/Therapy; Access to Benefits; Parenting Support/Education. Referrals to other resources available as needed.

#### **PROGRESS FOUNDATION**

Progress Foundation offers medication education, symptom management (mental health), case management, and referrals to other resources. www.progressfoundation.org

#### To Get Connected

General Information: Main Office: (415) 861-0828; La Amistad (415) 285-8100; Clay Street: (415) 776-4647; Progress House: (415) 668-1511; Seniors: (415) 821-0697; Ashbury (women & children): (415) 775-6194; Supported Living Program: Phone: (415) 752-3416 Fax: (415) 752-3483

**Residential Treatment Facility Hours:** 24 hours/7 days

**Supported Living Office:** 9:00am to 5:00pm, case manager on-call at all times.

**Location:** Various Locations. Main Office is 368 Fell Street, San Francisco, CA 94102 **Notes:** Referral required from any case manager, therapist, or psychiatrist.

## **Things To Know**

Languages Spoken: English, Spanish.
What to Bring: Proof of San Francisco
residency; TB clearance; a physical within the
past 12 months. Program can assist with
physical and TB tests.

**Accessibility:** Avenues, Clay, and Ashbury are wheelchair accessible.

**Client fees, if any:** Sliding scale; free for individuals with no income.

**Eligible Population:** All individuals and families, including seniors (age 60 and older) with an Axis I mental health disorder. Must not be registered sex offender, must not have a criminal conviction for arson.

Faith Based: No.

**Direct Services:** Access to Benefits (SSI, GA, TANF, et al); Accompany to Court Dates; Anger Management; Co-occurring Disorder/Dual Diagnosis; Counseling; Family Reunification; Food/Meals; Healthcare; Life Skills; Parenting Support; Phone/Voicemail; Residential/Housing; Showers; Transit Vouchers; Trauma Recovery. Referrals to other resources available as needed.

#### St. Anthony Foundation Father Alfred Center

The St. Anthony Foundation's Father Alfred Center provides the Bay Area's only licensed no-fee residential recovery program to homeless men who are ready to build sober, stable futures. The program serves men from San Francisco, Marin, Alameda, Contra Costa, and San Mateo counties. The Father Alfred Center's year-long work-structured program empowers men with no income or resources with the tools to overcome addiction, and the support to establish productive and healthy lives. The multi-program access available through St. Anthony's own services is rare in the field of recovery, and allows the speedy assessment and resolution of clients' medical, legal, vocational, and educational needs, most or all of which have been affected profoundly by their cycles of poverty and addiction. www.stanthonysf.org/RecoveryProgram

#### **To Get Connected**

Contact Persons: Intake Phone: (415) 592-2831

Intake Hours: Monday through Friday,

8:00am-10:00am

Intake Location: 121 Golden Gate Avenue,

San Francisco, CA 94102

**Notes:** No referrals needed. Drop-ins

welcome.

## **Things To Know**

Languages Spoken: English, Spanish

Client fees, if any: No fee.

Eligible Population: Men ages 18 and older. May not have a criminal conviciton for arson; may not be a registered sex offender; may not have a serious medical/mental health condition requiring medication. Client must be able to pass a physical examination given by St. Anthony's Medical Clinic as part of the intake process.

Faith Based: 12-Step based program.

**Direct Services:** Residential Recovery Program; Clothing; Food/Prepared Meals; Hygiene/Personal Care Items; Shower Facilities; Medical Care; Anger Management; GED; Vocational Education; Employment Training; Employment Retention; Job Readiness/Life Skills. Referrals to other resources available as needed.

#### **OUTPATIENT TREATMENT**

Outpatient substance abuse treatment, mental health treatment, dual diagnosis, and other services are listed here.

## BAY AREA ADDICTION RESEARCH AND TREATMENT BAART PROGRAMS

BAART's/BBHS's mission is to provide people with cost effective, short-term substance abuse treatment and other health care services, including primary medical care, at its clinics or through community linkages, and to make such services available to as many people as possible who seek them. www.baartprograms.com

### **To Get Connected**

Contact Person: Kevin Houston, Intake

Coordinator

Phone: (415) 863-3883 Fax: (415) 863-7343 Email: khouston@baartprograms.com Location: 1111 Market Street, San Francisco,

CA 94103

Market Street Hours: Weekdays except Wednesday ,6:00am to 2:00pm (Wednesday, 6:00am to 12:00pm); Saturday and Sunday,

8:00am to 12:00pm.

Notes: No referral needed. Drop-ins welcome

**Contact Person:** Intake Coordinator

Phone: (415) 928-7800

Location: 433 Turk Street, San Francisco, CA

94102

Turk Street Hours: Weekdays except

Wednesday, 7:00am to 3:00pm (Wednesday, 7:00am to 1:00pm); Saturday and Sunday,

8:00am to 12:00pm

Notes: No referral needed. Drop-ins welcome.

## **Things To Know**

Languages Spoken: English, Spanish, Tagalog,

Russian.

What to Bring: State-Issued ID.

Accessibility: Wheelchair accessible. Other

disabilities are accommodated.

**Client Fees:** Based on sliding scale. Private

insurance, Medi-Cal.

Eligible Population: All individuals and family

members, ages 18 and older

Faith Based: No.

**Direct Services:** Mental Health Treatment; Substance Abuse Treatment (Methadone/Suboxone); Individual Counseling/Therapy. Turk Street location offers FACET program for pregnant clients on methadone. Referrals to other resources available as needed.

## ASIAN AMERICAN RECOVERY SERVICES COMPREHENSIVE OUTREACH PROGRAM FOR PACIFIC ISLANDERS AND ASIAN SUBSTANCE ABUSERS (COPPASA)

Asian American Recovery Services COPPASA's, a program of HealthRIGHT360, provides challenged and underserved community members with mental health and substance abuse pretreatment services for direct placement into San Francisco-based community programs. www.aars.org

#### To Get Connected

Contact Persons: Stephen Fields, Program

Manager.

Phone: (415) 541-9404 Fax: (415) 876-6850

Email: sfields@aars.org

**Hours:** Monday – Friday, 9:00am to 5:00pm **Location:** 2166 Hayes Street, Suite 206, San

Francisco, CA 94117

Notes: No referral needed. Drop-ins are

welcome.

## Things To Know

Languages Spoken: English.

What to Bring: TB Clearance. Program will

assist clients in getting these.

Accessibility: Wheelchair accessible. Other

disabilities are accommodated.

**Client fees, if any:** Public Health funded, no client is turned away for lack of money or

insurance.

**Eligible Population:** All individuals who do not have a criminal conviction for arson and are

not registered sex offenders.

Faith Based: No.

**Direct Services:** Transit Vouchers; Counseling and Referral to Treatment; Prevention and Pretreatment Counseling; Family Crisis Intervention; Mental Health and AOD Intervention. Referrals to other resources available as needed.

## ASIAN AMERICAN RECOVERY SERVICES LEE WOODWARD COUNSELING CENTER

Asian American Recovery Services LWCC, a program of HealthRIGHT360, is committed to providing services that will support women, children, and their families to develop strengths, skills and self determination in an addiction-free life. We provide a safe haven where women and children can rebuild their lives through a program of recovery and learn to break the intergenerational cycle of addiction. www.aars.org

#### To Get Connected

**Contact Persons:** Nicole Richards or Stephen Fields for program information and intakes.

**Phone:** (415) 776-1001 **Email:** sfields@aars.org

**Location:** Lee Woodward Counseling Center, 2166 Hayes Street, Suite 303, San Francisco,

CA 94117

Notes: No referral needed. Drop-ins are

welcome.

## **Things To Know**

Languages Spoken: English.

What to Bring: Proof of SF residency, TB clearance. Program will assist clients in getting these.

Accessibility: Wheelchair accessible. Other

disabilities are accommodated.

**Client fees, if any:** Public Health funded, no clients is turned away for lack of money or insurance.

Eligible Population: Mothers and children, women of color, transgender individuals, women with co-occurring disorders and physical health problems; women seeking non-residential treatment services. May not have a criminal conviction for arson; may not be a registered sex offender.

Faith Based: No.

**Direct Services:** Access to Internet; Food/Prepared Meals; Phone/Voicemail; Substance Abuse Treatment; Anger Management; Individual Counseling and Group Sessions; Group Counseling/Therapy; Intensive Case Management; Individual Counseling/Therapy; Childcare (provided for participating clients while in program); Parenting Support/Education. Referrals to other resources available as needed.

#### ASIAN AMERICAN RECOVERY SERVICES PROJECT ADAPT

Asian American Recovery Services Project ADAPT, a program of HealthRIGHT360, provides outpatient drug and alcohol treatment. We adhere to a holistic approach intended to promote the development of a healthy body, mind, and spirit. The aim is to help individuals reduce substance use and develop a clean and sober lifestile. www.aars.org

#### **To Get Connected**

**Contact Persons:** Nicole Richards or Stephen Fields for program information and intakes.

Phone: (415) 541-9404 Email: sfields@aars.org

**Hours:** Monday – Friday, 9:00am to 5:00pm **Location:** 2020 Hayes Street, San Francisco,

CA 94117

Notes: No referral needed. Call or write for

appointment. No drop-ins.

## **Things To Know**

Languages Spoken: English, Cantonese,

Mandarin, Tagalog, Korean. **What to Bring:** TB Clearance.

**Accessibility:** Wheelchair accessible. **Client fees, if any:** Sliding scale.

**Eligible Population:** Must be a resident of San Francisco, over the age of 18, have a drug or

alcohol problem. **Faith Based:** No.

**Direct Services:** Substance Abuse Treatment; Individual Counseling and Group Sessions; Group Counseling/Therapy. Referrals to other resources available as needed.

### IN THE SPOTLIGHT: JOSEPH CALDERON



At the age of 23, Joe started serving a life sentence. After nearly 20 years of incarceration, he began to explore ways to give back to the community upon his release. In 2013, Joe was appointed to the Reentry Council of San Francisco by the Board of Supervisors. He also served on the Equity Advisory Committee with the San Francisco Human Rights Commission.

Today, Joe is enrolled in City College's Post-Prison Health Worker Certificate program, and works as a community health worker with Transitions Clinic in the Bayview. He has a passion for working with the reentry population, leveraging his personal experience with incarceration to advocate the ideals of social justice and community reinvestment.

## BAY AREA ADDICTION RESEARCH AND TREATMENT COMMUNITY HEALTHCARE

BAART Community HealthCare (BHC) is a non-profit entity established to provide medical care through a network of community clinics. BCH focuses primarily on providing low cost primary care services to indigent populations. BCH and its predecessors have been providing services for 35 years. www.baartprograms.com or www.baarthealthcare.org/index.html

#### To Get Connected

Contact person: Medical Secretary Phone: (415) 863-3883 Fax: (415) 863-7343 Location: 1111 Market Street, San Francisco,

CA 94103

Market Street Hours: Weekdays except Wednesday, 6:00am to 2:00pm (Wednesday,

6:00am to 12:00pm)

Notes: No referral needed. Drop-ins welcome

**Contact Person:** Medical Secretary

Phone: (415) 928-7800

Location: 433 Turk Street, San Francisco, CA

94102

Turk Street Hours: Weekdays except

Wednesday, 7:00am to 3:00pm (Wednesday,

7:00am to 1:00pm)

Notes: No referral needed. Drop-ins welcome.

## **Things To Know**

**Languages Spoken:** English, Spanish, Tagalog, Russian.

**Accessibility:** Wheelchair accessible. Other

disabilities are accommodated.

Client fees, if any: Medi-Cal, SFHP, Sliding fee

scale

Eligible Population: All individuals and family

members, ages 18 and older.

Faith Based: No.

**Direct Services:** Medical Care; Mental Health Treatment; Co-occurring Disorder/Dual Diagnosis Treatment; Health & Wellness Education; Assessment & Application for SSI. Referrals to other resources available as needed.

#### **HEALTHRIGHT 360 OUTPATIENT SERVICES**

The mission of HealthRIGHT 360 is to give hope, build health, and change lives for people in need. We do this by providing compassionate, integrated care that includes primary medical, mental health, and substance use disorder treatment. Our services aim to relieve the burden of societal problems by promoting wellness, healthy relationships, productive living, and community. www.healthright360.org

#### To Get Connected

Contact Person: Intake Phone: (415) 762-3700

**Hours:** Monday – Friday, 8:45am to 5:00pm **Notes:** No referral needed. Drop-ins for orientation welcome. Orientations occur Monday through Friday at 8:45am at 1735

Mission Street.

## Things To Know

**Languages Spoken:** English, Spanish. **What to Bring:** Proof of San Francisco residency, TB clearance. Program will assist

entering clients in getting these.

Accessibility: Wheelchair accessible. Other

disabilities are accommodated. **Client fees, if any:** Sliding scale.

Eligible Population: Adults 18 and over.

Faith Based: No.

Direct Services: Trauma-Informed Treatment for Women; Transitional Housing; Residential Substance Abuse Services Referrals; Hygiene/Personal Care Items; Co-occurring Disorder/Dual Diagnosis Treatment; Health & Wellness Education; Anger Management; Group Counseling/Therapy; Individual Counseling/Therapy; Mentorship; Trauma Recovery Services; GED & High School Education; Application Assistance with Food Stamps, GA & SSI; Job Readiness/Life Skills; Representative Payee Services; CJ Referrals/Mandated; Couples/Family Counseling; Family Reunification; and Parenting Support/Education. Referrals to other resources available as needed.

## HORIZONS UNLIMITED OF SAN FRANCISCO, INC. OUTPATIENT SUBSTANCE ABUSE TREATMENT PROGRAM

The purpose of the substance abuse outpatient treatment program is to provide culturally affirming and linguistically sensitive, strength-based, family-focused, and biopsychosocial intervention strategies to support and assist dual diagnosis Latino and other youth and young adults, who have demonstrated emotional and behavioral problems that impede their ability to function in their home, school, community, and mainstream society. Horizons' primary goal is to engage, educate, and inspire youth. www.horizons-sf.org

#### To Get Connected

Contact Persons: Shirley Maciel, Director Phone: (415) 487-6702 Fax: (415) 487-6724

Main Phone: (415) 487-6700 Email: shirley16maciel@gmail.com Specific Intake Days and Times: Monday-

Friday, based on appointment.

**Hours:** Monday – Thursday, 10:00am to 7:00pm; Fridays, 10:00am to 6:30pm

Location: 440 Potrero Avenue, San Francisco,

CA 94110

**Notes:** Clients can get a referral off our website. Appointment preferred.

## **Things To Know**

**Languages Spoken:** English, Spanish. **What to Bring:** Proof of San Francisco residency. Program will assist entering clients

in getting this.

Accessibility: Wheelchair accessible.

Client fees, if any: None.

**Eligible Population:** Men, Women, ages 12-25, involved in criminal justice system.

Faith Based: No.

**Direct Services:** Access to Internet; Food/Prepared Meals; Phone/Voicemail; Transit Vouchers; Mental Health Treatment; Substance Abuse Treatment; Co-occurring Disorder/Dual Diagnosis Treatment; Health & Wellness Education; Anger Management; Group Counseling/Therapy; Individual Counseling/Therapy; Outreach; Post-Incarceration Support; Job Readiness/Life Skills; Culturally Appropriate Referrals to Legal Services. Referrals to other resources available as needed.

## HYDE STREET COMMUNITY SERVICES, INC. TENDERLOIN OUTPATIENT CLINIC

The mission of Hyde Street Community Services, Inc., is to provide comprehensive integrated behavioral services to adult residents of San Francisco who are in need of these services to achieve and maintain the maximum quality of life and greatest degree of independence possible. We provide behavorial health services to an adult population in San Francsico to improve the quality of life for those with chronic and severe behavioral health issues. www.hydestreetcs.org

### **To Get Connected**

Contact Persons: On duty staff

Phone: (415) 673-5700 Fax: (415) 292-7140

Email: info@hydestreetcs.org

**Hours:** Monday – Friday, 9:00am to 5:00pm **Location:** 815 Hyde Street, Suite 100, San

Francisco, CA

**Notes:** Clients may drop-in to apply for

services.

## Things To Know

Languages Spoken: English, Spanish,

Vietnnamese, Chinese, Arab.

Accessibility: Wheelchair accessible. Other

disabilities are accommodated.

**Client fees, if any:** The Clinic accepts MediCal, MediCare, Healthy San Francisco. Clients may be charged according to the state UMDAP

scale.

**Eligible Population:** We welcome all residents of San Francisco who do not have private

insurance.

Faith Based: No.

**Direct Services:** Mental Health Treatment; Co-Occurring Disorder/Dual Diagnosis Treatment; Group Counseling/Therapy; Intensive Case Management; Individual Counseling/Therapy; Outreach; Trauma Recovery Services; Victim/Survivor Services; Assessment & Application for SSI Program. Referrals to other resources available as needed.

#### INSTITUTO FAMILIAR DE LA RAZA

Substance abuse and related treatment services. www.ifrsf.org

#### To Get Connected

Contact Person: Adriana Guzman, Intake

Specialist

**Phone:** (415) 229-0500 **Fax:** (415) 647-3662

Email: info@ifrsf.org

Hours: Monday – Friday, 9:00am to 7:00pm;

Saturday, 9:00am to 2:00pm

**Drop-in Hours:** Tuesday 2pm-4pm; Wednesday-Friday 12pm-2pm

Location: 2919 Mission Street, San Francisco,

CA 94110

**Notes:** No referral needed. The first step to access services is to come during our drop-in

hours (no appointment necessary).

### **Things To Know**

**Languages Spoken:** English, Spanish. **What to Bring:** Proof of San Francisco residency. Program will assist clients in

obtaining this.

Accessibility: Wheelchair accessible.

Client fees, if any: None if client has MediCal/Medicare. Very low sliding scale based on income. No private insurance accepted.

Eligible Population: Individuals with mental health diagnosis. Must not be a danger to others. Must not have private medical

insurance.

Faith Based: No.

**Direct Services:** Substance Abuse Treatment; Counseling; Mental Health Treatment; Parenting Support. Referrals to other resources available as needed.

## **POSITIVE DIRECTIONS EQUALS CHANGE**

Our mission is to inspire personal and social responsibility in the African American community through advocacy, education, and results-oriented service. Outpatient substance abuse treatment program certified by the State, based on 12-step recovery principles, combined with non-traditional treatment modalities that address the whole individual. Other services include life skills, resocialization training, parenting education groups, anger management/violence prevention, relapse prevention, drug education, HIV/AIDS awareness, and harm reduction education.

#### To Get Connected

Contact Person: Cedric Akbar, Executive

Director.

Phone: (415) 401-0199 Fax: (415) 401-0175 Email: cantgetright94124@yahoo.com
Hours: Monday-Friday, 10:00am to 5:00pm
Location: 1663 Newcomb Ave., San Francisco,

CA 94124

Notes: No referral needed. Drop-in preferred.

## **Things To Know**

Languages Spoken: English.

Accessibility: Wheelchair accessible.

Client fees, if any: Call for fee schedule.

Eligible Population: All individuals and family

members.

Faith Based: No.

**Direct Services:** Anger Management; Case Management; Counseling; Life Skills; Literacy/Basic Education; Mentoring; Substance Abuse Treatment; Trauma Recovery; Victim Services; Violence Prevention. Referrals to other resources available as needed.

## SAN FRANCISCO DEPARTMENT OF PUBLIC HEALTH CHINATOWN NORTH BEACH MENTAL HEALTH SERVICES

Chinatown North Beach Mental Health Services offers an array of outpatient mental health services to adolescents, adults, and older adults. Many clients served are immigrants or refugee survivors of war. The program operates from the basic philosophy that services need to be accessible and culturally appropriate. A harm reduction approach is offered to help persons who have both substance abuse and mental health issues. Goals are to help people in their recovery from psychiatric illness, and co-occurring disorders when present, building on the strengths of the individual and family and supporting persons to have productive lives in the community.

#### **To Get Connected**

Contact Persons: On-Duty Clinician or OD Phone: (415) 352-2000 Fax: (415) 352-2050 Clinic Hours: Monday – Friday, 8:30am to 5:00pm; Drop-in hours Monday – Friday 9:00am to 11:00am; Wednesday and Friday

1:00pm to 3:00pm

Location: 729 Filbert Street, San Francisco, CA

94133

**Notes:** No referral needed. Okay to drop-in.

## Things To Know

Languages Spoken: English, Mandarin,

Vietnamese, Cantonese.

Accessibility: Wheelchair accessible. Other

disabilities are accommodated.

What to Bring: Medi-Cal card, Medicare card, Healthy San Francisco card or other insurance

information, if applicable. **Client fees:** Sliding scale.

Eligible Population: San Francisco resident

Faith Based: No.

**Direct Services:** Assessment; Individual Therapy/Counseling; Clinical Case Management; Medication Services; Urgent Care; Crisis Outreach; Family Intervention; Acupuncture; Group Services; Adult Socialization Program; Mental Health Services.

## SAN FRANCISCO DEPARTMENT OF PUBLIC HEALTH CENTRAL CITY OLDER ADULT CLINIC

Central City Older Adult Clinic provides mental health services to clients 60 years of age or older who reside in the Civic Center, South of Market, and the Tenderloin areas of the City. Services include medication management, crisis intervention, dual diagnosis treatment, consultation, and case management services.

#### To Get Connected

Contact Persons: Officer of the Day Phone: (415) 558-5900 Fax: (415) 558-5959 Clinic Hours: Monday – Friday, 8:30am to

5:00pm

Location: 90 Van Ness Avenue, San Francisco,

CA 94102

**Notes:** No referral needed. Drop-in.

## **Things To Know**

Languages Spoken: English, Spanish, Tagalog,

Cantonese.

Accessibility: Wheelchair accessible. Other

disabilities are accommodated.

**Client fees:** City and County billing based on set fees – Medi-Care/Medi-Cal share of cost.

Eligible Population: Men, women, transgender people, 60 years of age and older, who live the South of Market or Tenderloin areas of San Francisco, or are homeless.

Faith Based: No.

**Direct Services:** Assistance Getting Driver's License or Other ID; Transit Vouchers; Mental Health Treatment; Substance Abuse Treatment for Co-Occurring Disorder/Dual Diagnosis; Medical Care; Intensive Case Management; Individual and Group Counseling/Therapy (time-limited); Anger Management; Outreach; Assistance with Assessment & Application for SSI. Referrals to other resources available as needed.

## SAN FRANCISCO DEPARTMENT OF PUBLIC HEALTH MISSION MENTAL HEALTH

Mission Mental Health is an outpatient mental health clinic that provides services to adults age 18 and older.

## **To Get Connected**

Contact Persons: Nora Zapata Krey, LCSW Phone: (415) 401-2700 Fax: (415) 401-2741 Hours: Monday – Friday, 9:00am to 11:00am.

Intakes are on a first come basis.

Location: 2712 Mission Street, San Francisco,

CA 94110

Notes: No referral needed. Drop-in during

intake hours.

#### Things To Know

**Languages Spoken:** English, Spanish. **Accessibility:** Wheelchair accessible. Other

disabilities area accommodated.

Client fees, if any: Program accepts Medi-Cal, Medi-Care, Healthy San Francisco and indigent clients. In some situations, clients may have a co-payment based on income or requirement of their coverage provider.

Eligible Population: Men, women,

transgender people, 18 and older. Program does not serve convicted sex offenders whose

offense involved a child or minor.

Faith Based: No.

**Direct Services:** Medication; Case Management; Harm Reduction Groups; Seeking Safety Groups; Dialectical Behavior Therapy Groups.

## SAN FRANCISCO DEPARTMENT OF PUBLIC HEALTH SOUTH OF MARKET MENTAL HEALTH SERVICES

The Department of Public Health focuses on disease prevention and health promotion of communities throughout San Francisco. We work to achieve the vision of healthy people in healthy communities by performing the following functions: Employ a systematic approach to identify the health conditions and needs of communities; Determine priorities, and develop policies and programs that address the health conditions and needs of communities; Assure that quality health resources and services are available to all San Francisco communities.

#### To Get Connected

Contact Persons: Officer of the Day

Phone: (415) 836-1700 Fax: (415) 836-1737 Hours: Monday – Friday, 8:30am to 5:00pm. Intake on Monday, Tuesday, Thursday and Friday, 8:30am to 10:30am. Wednesday,

1:00pm to 2:30pm.

**Location:** South of Market Mental Health Services, 760 Harrison Street, San Francisco,

Notes: No referral needed. Drop-in during

intake hours.

## **Things To Know**

**Languages Spoken:** English, Tagalog, Spanish, Cantonese.

**Accessibility:** Wheelchair accessible. Other disabilities area accommodated.

Client fees, if any: Program accepts Medi-Cal, Medi-Care, Healthy San Francisco and indigent clients. In some situations, clients may have a co-payment based on income or requirement of their coverage provider.

Eligible Population: Men, women, transgender people, 18 and older. Program does not serve convicted sex offenders whose offense involved a child or minor.

Faith Based: No.

**Direct Services:** Mental Health Treatment; Co-Occurring Disorder/Dual Diagnosis Treatment; Medical Care; Anger Management; Group Counseling/Therapy; Individual Counseling/Therapy; Assessment & Application for SSI. Referrals to other resources available as needed.

## SAN FRANCISCO DEPARTMENT OF PUBLIC HEALTH SOUTHEAST MISSION GERIATRIC SERVICES

The goal of Southeast Mission Geriatric Services is to identify and serve individuals 60 years and older who, without mental health intervention and treatment, are at risk of hospitalization or institutionalization.

#### To Get Connected

**Contact Persons:** Front Desk

Phone: (415) 337-2400 Fax: (415) 337-2415 Hours: Monday – Friday, 8:30am to 5:00pm. Location: 3905 Mission Street, San Francisco,

CA 94112

Notes: No referral needed. Call in advance for

appointment.

## Things To Know

**Languages Spoken:** English, Spanish. **Accessibility:** Wheelchair accessible. Other

disabilities area accommodated.

Client fees, if any: Program accepts Medi-Cal, Medi-Care, Healthy San Francisco and indigent clients. In some situations, clients may have a co-payment based on income or requirement of their coverage provider.

Eligible Population: Individuals over the age of 60 who have several mental disorders and those who are dually diagnosed who reside primarily but not exclusively in the Southeast area of San Francisco.

Faith Based: No.

**Direct Services:** Mental Health Treatment; Co-Occurring Disorder/Dual Diagnosis Treatment; Case Management; In-Home and Clinic Based Intervention and Therapy. Referrals to other resources available as needed.

## SAN FRANCISCO DEPARTMENT OF PUBLIC HEALTH SUNSET MENTAL HEALTH CLINIC

Sunset Mental Health Clinic welcomes individuals and families who request assistance with mental health, substance abuse, and co-occurring disorders and to ensure the provision of integrated, quality, linguistically-appropriate, culturally competent services and support.

#### To Get Connected

Contact Persons: Jane Ma, LCSW or Officer of

the Day

**Phone:** (415) 753-7400 **Fax:** (415) 753-0164 **Hours:** Monday – Friday, 8:30am to 5:00pm.

Drop-in hours 9:00am to 11:00am.

**Location:** 1990 41<sup>st</sup> Ave., San Francisco, CA

94116

**Notes:** Best to call in for an appointment to

avoid waiting.

## Things To Know

**Languages Spoken:** English, Cantonese, Mandarin, Russian and Spanish. **Accessibility:** Wheelchair accessible.

Francisco who meet medical necessity.

What to Bring: Health insurance information

and list of current medications.

Client fees, if any: Program accepts Medi-Cal, Medi-Care, Healthy San Francisco and Healthy Worker. Sliding scale for uninsured clients. Eligible Population: Residents of San

Faith Based: No

**Direct Services:** Assessment; Crisis Intervention; Case Management; Individual Therapy; Medication Services; Group Therapy; Wellness and Recovery Program.

### SAN FRANCISCO DEPARTMENT OF PUBLIC HEALTH TRANSITIONAL YOUTH SERVICES

Provide direct clinical services, including individual/group/family therapy, medication monitoring and case management to mentally ill youth. TAY strives to empower and educate youth to increase their level of independence and functioning.

#### To Get Connected

Contact Persons: Intake Coordinator Phone: (415) 642-4522 Fax: (415) 695-6961 Notes: No drop-ins. Please call for referral

information.

## **Things To Know**

Languages Spoken: English, Spanish.
Accessibility: Wheelchair accessible.
Eligible Population: Men, women,
transgender people, 16-25 years old,
including individuals involved in the criminal

justice system. **Faith Based:** No.

**Direct Services:** Community Education & Mediation; Group Counseling/Therapy; Intensive Case Management; Individual Counseling/Therapy; Mentorship; Outreach; Post-Incarceration Support. Referrals to other resources available as needed.

#### TOM WADDELL CLINIC OBOT

Substance abuse treatment under the harm reduction model.

#### To Get Connected

Contact Persons: Margaret Farny RN, OBOT

Program Coordinator **Phone:** (415) 647-6327

**Hours:** Monday – Friday, 8:30am to 4:30pm **Location:** OBOT Program, Tom Waddell urban Health Clinic, 230 Golden Gate Avenue, San

Francisco, CA 94102

**Notes:** Clients are referred from Ward 93, PCP, OBIC, UC, other CHC Sites. Drop-ins allowed, but appointments are preferred. Please call or write for appointment.

## **Things To Know**

**Languages Spoken:** English, Spanish. **What to Bring:** Proof of SF Residency.

Program will assist entering clients in getting

this.

Accessibility: Wheelchair accessible.

Client fees, if any: Tom Waddell accepts

MediCare, MediCal, HSF (sliding scale)

Eligible Population: All individuals with an

opiate dependence. **Faith Based:** No.

**Direct Services:** Hygiene/Personal Care Items; Mental Health Treatment; Substance Abuse Treatment; Co-Occurring Disorder/Dual Diagnosis Treatment; Medical Care; Health & Wellness Education; Group Counseling/Therapy; Individual Counseling/Therapy. Referrals to other resources available as needed.

#### UCSF CITYWIDE CASE MANAGEMENT FORENSIC PROGRAM

The program is one of three intensive case management programs co-located at 982 Mission Street, under the umbrella of the UCSF Department of Psychiatry's Community Services Division. Mission Statement: "The Citywide Focus Center is a UCSF site in which the Citywide Focus programs provide compassionate, respectful, culturally and clinically competent, and comprehensive psychiatric services to individuals with severe and persistent mental illnesses and to their families and support networks."

#### To Get Connected

Contact Person: Marta Gilbert, Clinical

Supervisor

Phone: (415) 597-8071 Fax: (415) 597-8004

Email: marta.gilbert@ucsf.edu

**Hours:** Monday – Friday, 8:30am to 4:45pm;

Saturday, 10:00am to 1:00pm

Location: 982 Mission Street, San Francisco,

CA 94103

**Notes:** Clients must have a referral from the San Francisco Behavioral Health Court, Jail Reentry Services, or Community Behavioral Health Services. Clients who wish to self-refer should first contact SF Mental Health Access

at (415) 255-3737.

## **Things To Know**

**Languages Spoken:** English, Spanish, Russian. Onsite translation in Chinese dialects,

Vietnamese, and Tagalog.

Accessibility: Wheelchair accessible. Other

disabilities accommodated.

Client fees: Client fees are determined by Community Behavioral Health Services. Services are billed through Medi-Cal if available. No one is refused services due to lack of income or benefits.

Eligible Population: Must meet Community Behavioral Health Services's medical necessity for a serious mental illness. For employment services only, must meet Department of Rehabilitation's criteria for mental illness.

Faith Based: No.

Direct Services: Mental Health Treatment; Co-Occurring Disorder/Dual Diagnosis Treatment; Anger Management; Group Counseling/Therapy; Intensive Case Management; Individual Counseling/Therapy; Outreach; Post-Incarceration Support; Trauma Recovery Services; Assistance with Assessment & Application for General Assistance and SSI; Employment Training; Employment Placement; Employment Retention; Job Readiness/Life Skills; Money Management/Personal Financial Education; Representative Payee Services. Referrals to other resources available as needed.

#### UCSF CITYWIDE CASE MANAGEMENT FORENSIC NOVA THERAPY PROGRAM

The purpose of this program is to provide culturally competent mental health services in support of the Sheriff's Department NoVA Program's goals of aiding offenders' successful reentry into the community and reducing recidivism, treating all individuals with dignity, compassion and respect.

#### To Get Connected

Contact Person: Yasi Shirazi, MFT, Clinical

Supervisor

Phone: (415) 597-8027 Fax: (415) 597-8004

Email: yasaman.shirazi@ucsf.edu

Hours: Monday – Friday, 8:30am to 4:45pm;

Saturday, 10:00am to 1:00pm

Location: 982 Mission Street, San Francisco,

CA 94103

**Notes:** Clients must all be enrolled in the San Francisco Sheriff's Department NoVA program and be referred by his or her community-

based case manager. No drop-ins.

## **Things To Know**

Languages Spoken: English.

Accessibility: Wheelchair accessible. Other

disabilities are accommodated.

Client fees: There are no client fees for NoVA

therapy services.

**Eligible Population:** Individuals who are enrolled in the SF Sheriff Department's NoVA

program.

Faith Based: No.

**Direct Services:** Mental Health Treatment; Co-Occurring Disorder/Dual Diagnosis Treatment; Group and Individual Counseling/Therapy; Outreach; Post-Incarceration Support; Trauma Recovery Services; Assistance with Assessment & Application for SSI; Employment Training; Employment Placement; Employment Retention; Job Readiness/Life Skills; Money Management/Personal Financial Education; Couples/Family Counseling. Referrals to other resources available as needed