

# FAMILIES & CHILDREN

If you are a parent or caregiver, the following resources may be of help to you or your children.

## A BETTER WAY

A Better Way (ABW) provides counseling to children and their families. The agency is a private, non-profit organization. We mainly service children who are in foster care or at risk of being placed in out of home care. We have three mental health programs: *Therapeutic Visitation Services* for families recently separated and in the process of reunification; *Outpatient Mental Health Services* for children needing individual therapy or families needing family therapy; and *Early Childhood Mental Health Services* for infants and young children to address their emotional and behavioral development. Children seen through our program need to be Full-Scope Medi-Cal eligible.

[www.abetterwayinc.net](http://www.abetterwayinc.net)

### To Get Connected

**Contact Person:** Ann Chu, Program Director

**Phone:** (415) 715-1050 **Fax:** (415) 715-1051

**Email:** [achu@abetterwayinc.net](mailto:achu@abetterwayinc.net)

**Hours:** Monday – Friday, 8:00am to 6:00pm.

**Location:** 1663 Mission Street, San Francisco, CA 94611

**Notes:** All clients are referred from Human Service Agency and authorized for services through Foster Care Mental Health. We also provide mental health outpatient services for children ages 0-5 who are at risk of emotional and behavioral development difficulties.

These children need to be Full Scope Medi-Cal eligible.

### Berkeley Office:

**Phone:** 510-601-0203 **Fax:** 510-601-4002

**Hours:** Monday-Friday, 8:00am-7:00pm.

**Location:** 3200 Adeline Street, Berkeley, CA 94703

**Direct Services:** Access to Internet; Clothing; Food/Prepared Meals (snacks and juice for clients); Phone/Voicemail; Mental Health Treatment; Intensive Case Management; Individual Counseling/Therapy; Visitation; Couples/Family Counseling; Family Reunification; Parenting Support/Education Services for Children. Referrals to other resources available as needed.

### Things To Know

**Languages Spoken:** English, Spanish, Mandarin.

**What to Bring:** Medi-Cal or approval from Foster Care Mental Health

**Accessibility:** Wheelchair accessible. Other disabilities are accommodated.

**Client fees, if any:** Client fees are paid by Medi-Cal or per HSA work order.

**Eligible Population:** Children are the primary clients; family or adult involvement is through a child.

**Restrictions:** None.

**Faith Based:** No.

## CHILDREN'S COUNCIL OF SAN FRANCISCO

Children's Council connects families to child care that meets their needs and works with parents, providers, and community partners to make quality child care and early education a reality for all children in our city. [www.childrenscouncil.org](http://www.childrenscouncil.org)

### To Get Connected

**Contact Person:** Any Resource and Referral Counselor

**Phone:** (415) 343-3300

**Email:** [rr@childrenscouncil.org](mailto:rr@childrenscouncil.org)

**Hours:** Monday-Thursday, 8:30am to 4:00pm; Friday, 8:30am to 12:00pm

**Location:** 445 Church Street, San Francisco, CA 94114

**Notes:** No referral needed. Drop-ins welcome.

### Things To Know

**Languages Spoken:** English, Spanish, Cantonese, Mandarin, Russian, Vietnamese.

**What to Bring:** Nothing required; helpful documents are anything showing household income or employment.

**Accessibility:** Wheelchair accessible.

**Eligible Population:** Any parent who needs child care for one of these reasons: working, looking for work, attending vocational training.

**Faith Based:** No.

**Direct Services:** Resources for parents and families. Referrals to other resources available as needed.

## COMMUNITY WORKS WEST, INC. *ONE FAMILY/PARENTING INSIDE OUT*

One Family is an initiative led by Community Works in collaboration with the San Francisco Children of Incarcerated Parents Partnership (SFCIPP) and the San Francisco Sheriff's Department. The goal of One Family is to strengthen families impacted by incarceration.

[www.communityworkswest.org/index.php/one-family](http://www.communityworkswest.org/index.php/one-family)

### To Get Connected

**Contact Person:** Sarah Carson, LCSW

**Phone:** (415) 407-5130

**Email:** [scarson@communityworkswest.org](mailto:scarson@communityworkswest.org)

**Location:** SFSD's Women's Reentry Center (mothers), SFSD's Community Programs (fathers and mothers), CASC (fathers and mothers)

**Hours/Meeting times:** Call for times

### Things To Know

**Eligible Population:** Any parent.

**Primary Community Served:** Open to all formerly incarcerated parents (custodial and noncustodial) with children under 18

**Faith Based:** No

**Direct Services:** One Family provides Parenting Inside Out, a CPS certified parent education program. One Family also provides Family Transition Circles and Restorative Circles for reunification of families after release from incarceration.

## COMMUNITY WORKS WEST, INC. *PROJECT WHAT!*

Project WHAT! is a paid job and leadership development program that works to empower youth, ages 13-18, who currently, or in the past, have had parents incarcerated. Project WHAT! raises awareness about the impacts of parental incarceration on children, families, and communities.

[www.communityworkswest.org/index.php/project-what](http://www.communityworkswest.org/index.php/project-what)

### To Get Connected

**Contact Persons:** Zoe Willmott, Program Manager

**Phone:** (510) 486-2340 **Fax:** 510-647-5860

**Email:** [zwillmott@communityworkswest.org](mailto:zwillmott@communityworkswest.org)

**Location:** Community Works' Project WHAT!  
4681 Telegraph Avenue, Oakland, CA 94609

**Note:** Application process is required. No drop-ins, appointment required.

### Things To Know

**Languages Spoken:** English, Spanish.

**Accessibility:** Wheelchair accessible.

**Client fee, if any:** None

**Eligible Population:** Youth, ages 13-18, who have had a parent incarcerated (currently or in the past), living within or going to school in San Francisco.

**Faith Based:** No.

**Direct Services:** Paid Internship; Snacks Provided During Meetings; Transit Vouchers; Job Readiness/Life Skills; Personal Financial Education; Services for Children. The program is a job, peer support group, and leadership development all in one. Referrals to other resources available as needed.

## COMPASS FAMILY SERVICES *ACCESS CHILD CARE*

ACCESS (Accessible Child Care Expediated for the Shelter System) is a child care subsidy that provides quality child care to families in San Francisco with the greatest need.

[www.compass-sf.org](http://www.compass-sf.org) or [www.compass-sf.org/storage/pdf/ACCESS\\_child\\_care.pdf](http://www.compass-sf.org/storage/pdf/ACCESS_child_care.pdf)

### To Get Connected

**Contact:** Compass Family Services

**Phone:** (415) 644-0504

**Notes:** ACCESS uses the SF3C list to enroll participants. It is important that you are on the list and that your contact information is up to date. To get onto the SF3C:

- Contact a shelter case manager
- Contact Compass at (415) 644-0504
- Apply online at [www.sf3c.org](http://www.sf3c.org) or by phone at (415) 343-3300 or (415) 391-4956

### Things To Know

**Languages Spoken:** English, Spanish, Mandarin, Cantonese. We are all able to request translation services for languages outside of our capacity.

**What to Bring:** Please bring verification of shelter stay within the last 6 months, ID's for all adults, and birth certificates for children.

**Accessibility:** Wheelchair accessible.

**Client fees, if any:** There are no client fees to receive the subsidy. Childcare providers have their own set of policies that may include fees and/or other responsibilities asked of the family.

**Eligible Population:** Must have one child 0-3 years old and have lived in homeless/ domestic violence shelter within past 6 months. Please call for more information.

**Faith Based:** No.

**Direct Services:** Full- or part-time child care at designated family child care homes or centers for all children (ages 0-13 years) needing care until the youngest child turns 3 years old.

## HOLY FAMILY DAY HOME *INFANT, TODDLER AND PRE-K PROGRAM AND FAMILY SUPPORT SERVICE*

Our mission is to provide affordable, high-quality early childhood education and family support services in a stable, nurturing environment, thereby providing children of working families skills and hope for lifelong development. Seventy percent of our families are either homeless, in CalWorks Program or are the working poor. [www.holyfamilydayhome.org](http://www.holyfamilydayhome.org)

### To Get Connected

**Infant, Toddler & Preschool**

**Phone:** (415) 861-5361

**Fax:** (415) 861-8926

**Email:** [intake@holyfamilydayhome.org](mailto:intake@holyfamilydayhome.org)

**Mailing Address:** 299 Dolores Street, San Francisco, CA 94103

**Notes:** Call, email or write for more information.

### Things To Know

**Eligible Population:** All individuals and family members with an infant, toddler or pre-kindergarten age child. Individuals must reveal criminal conviction for violent or sex offenses, as well as registration as sex offender status.

**Faith Based:** No.

**Direct Services:** Preschool, Infant, and Toddler program.

## HOMELESS CHILDREN'S NETWORK (HCN) *EARLY PERIODIC SCREENING, DIAGNOSIS, AND TREATMENT*

In collaboration with a network of homeless services providers, HCN seeks to decrease the trauma of homelessness and domestic violence, to increase the strength and effectiveness of the HCN Collaborative, and to provide early childhood education and consultation to shelter-based child care and family child care providers. HCN provides flexible, well-coordinated and culturally competent services to homeless and formerly homeless children and their families. Funding and services provided through Early Periodic Screening, Diagnosis and Treatment Program (EPSDTP).

[www.hcnkids.org](http://www.hcnkids.org)

### To Get Connected

**Contact Persons:** Kathy O'Shea, Program Director

**Phone:** (415) 437-3990 **Fax:** (415) 437-3994

**Email:** [kathy@hcnkids.org](mailto:kathy@hcnkids.org)

**Hours:** Monday - Friday 9:00am to 6:00pm

**Location:** 3450 3<sup>rd</sup> Street, Unit 1C, San Francisco, CA 94124

**Notes:** No referral needed. Please call or write for an appointment. No drop-ins.

### Things To Know

**Languages Spoken:** English, Spanish, ASL and Japanese.

**What to Bring:** Medi-Cal ID card.

**Accessibility:** Wheelchair accessible. Other disabilities are accommodated.

**Client fees, if any:** None.

**Eligible Population:** Serves homeless individuals from birth to age 17 with mental health diagnosis that meets medical necessity, such as Adjustment Disorder, Depression, or PTSD. May not have criminal conviction for sex offense or be a registered sex offender. Current abuse cases are referred to CPS.

**Faith Based:** No.

**Direct Services:** Up to Two Years of Mental Health Treatment; Co-Occurring Disorder/Dual Diagnosis Treatment; Group Counseling/Therapy; Individual Counseling/Therapy; Outreach; Trauma Recovery Services; Victim/Survivor Services; Couples/Family Counseling; Parenting Support/Education; Services for Children; Facilitation of Visits in Jails and Prisons. Referrals to other resources available as needed.

## **SAN FRANCISCO DEPARTMENT OF CHILD SUPPORT SERVICES *COMPROMISE OF ARREARS PROGRAM (COAP)***

The Department's mission is to empower parents to provide for the economic and medical support needs of their children. COAP is a program for eligible noncustodial parents to reduce past-due child support (arrears) debt owed to the State. This debt is owed because the State supported the family while the dependent children were on public assistance (welfare) or in foster care. If you qualify for COAP you may offer to pay an amount that is less than the full amount you owe. Any reduction in your arrears and interest owed will be based on your income and assets. Arrears may be paid in a lump sum or in monthly installments over 36 months, depending on the individual circumstances. [www.sfgov.org/dcss](http://www.sfgov.org/dcss) or [www.facebook.com/sfdcss](http://www.facebook.com/sfdcss)

### **To Get Connected**

**Contact Person:** Mary Mora, Child Support Officer/COAP Coordinator

**Phone:** (415) 356-2871 **Fax:** (415) 356-2773

**Email:** [mary.mora@sfgov.org](mailto:mary.mora@sfgov.org)

**Hours:** Monday – Friday, 8:00am to 5:00pm

**Location:** 617 Mission Street, San Francisco, CA 94105

**Notes:** No referral needed. Drop-ins are welcome.

### **Things To Know**

**Languages Spoken:** English, Spanish, Cantonese.

**Accessibility:** Wheelchair accessible. Other disabilities are accommodated.

**Client fees, if any:** None.

**Eligible Population:** All individuals with an open child support case with child support arrears owed to the State.

**Faith Based:** No.

**Direct Services:** Intensive Case Management; Family Law; Establishment of Paternity; Child Support Orders; Health Insurance Orders.

**SAN FRANCISCO DEPARTMENT OF CHILD SUPPORT SERVICES *CUSTOMER SERVICE OUTREACH (COMMUNITY & JAIL OUTREACH PROGRAM)***

The Department's mission is to empower parents to provide for the economic needs of their children. The Community and Jail Outreach Program holds workshops with various groups in the community, including treatment facilities, to educate and assist noncustodial parents with their child support cases, obligations and issues. The Jail Outreach Program assists incarcerated non-custodial parents with outstanding child support issues that arise as a result of their incarceration. [www.sfgov.org/dcss](http://www.sfgov.org/dcss) or [www.facebook.com/sfdcsc](http://www.facebook.com/sfdcsc)

**To Get Connected**

**Contact Person:** Beatriz Flórez Huertas, Public Relations Assistant  
**Phone:** (415) 356-2905 **FAX:** (415) 356-2773  
**Email:** [beatriz.florez@sfgov.org](mailto:beatriz.florez@sfgov.org)  
**Hours:** Monday – Friday, 8:00am to 5:00pm  
**Locations:** 617 Mission Street, San Francisco, CA 94105; 3120 Mission Street, San Francisco, CA 94110  
**Notes:** No referral needed. Drop-ins are welcome.

**Things To Know**

**Languages Spoken:** English, Spanish, Cantonese.  
**Accessibility:** Wheelchair accessible. Other disabilities are accommodated.  
**Client fees, if any:** None.  
**Eligible Population:** All individuals with an open child support case. Any parent of a minor child can open a case.  
**Faith Based:** No.

**Direct Services:** Intensive Case Management; Outreach; Child Support Orders; Health Insurance Orders; Post-Incarceration Support; Family law.

**SAN FRANCISCO DEPARTMENT OF CHILD SUPPORT SERVICES *NONCUSTODIAL PARENT EMPLOYMENT & TRAINING PROGRAM (C-NET)***

The C-NET program was developed to assist custodial and noncustodial parents with resolving barriers to employment, parenting, and their child support obligations. [www.sfgov.org/dcss](http://www.sfgov.org/dcss) or [www.facebook.com/sfdcsc](http://www.facebook.com/sfdcsc)

**To Get Connected**

**Contact Person:** Tyrone Owens, Child Support Officer, C-NET Coordinator  
**Phone:** (415) 356-2945 **Fax:** (415) 356-2774  
**Email:** [tyrone.owens@sfgov.org](mailto:tyrone.owens@sfgov.org)  
**Hours:** Monday - Friday, 7:00am to 4:00pm  
**Locations:** 617 Mission Street, San Francisco, CA 94105; 3120 Mission Street, San Francisco, CA 94110  
**Notes:** No referral needed. No appointment necessary. Drop-ins are welcome.

**Things To Know**

**Languages Spoken:** English, Spanish, Cantonese.  
**Accessibility:** Wheelchair accessible. Other disabilities are accommodated.  
**Client fees, if any:** None.  
**Eligible Population:** An individual with an open child support case. Any parent of a minor child can open a case.  
**Faith Based:** No.

**Direct Services:** Access to Internet; Releases of Driver’s License or Other Professional Licenses, if suspended due to Child Support Enforcement Activities; Outreach; Education Regarding Child Support Obligations and Resources Available for Employment.

## SAN FRANCISCO DEPARTMENT OF PUBLIC HEALTH *CHILD CRISIS SERVICES*

To provide acute mobile psychiatric crisis evaluation and intervention for children and youth in San Francisco, regardless of insurance, up to age 18. We are strongly committed to delivering family focused and consumer driven care, and developing a safety network within San Francisco County.

### To Get Connected

**Phone:** (415) 970-3800

**Hours:** Monday - Thursday, 8:30am to 9:00pm; Friday, 8:30am to 7:00pm; After hours, on-call mobile team

**Location:** 3801 Third Street, Building B, Suite 400, San Francisco, CA 94124

**Notes:** No referral needed. Please call first.

### Things To Know

**Languages Spoken:** English, Spanish, Chinese, Taglog, Vietnamese. Other languages can be accommodated.

**What to Bring:** Clients must exhibit psychiatric emergencies.

**Accessibility:** Wheelchair accessible.

**Client fees, if any:** Sliding scale. Accept MediCal, private insurance, Healthy Families, Healthy Kids.

**Eligible Population:** All individuals up to age 18 who have psychiatric or mental health emergencies.

**Faith Based:** No.

**Direct Services:** Psychiatric Inpatient Hospital Bed; Mental Health Treatment; Crisis Case Management. Referrals to other resources available as needed.



## WESTSIDE COMMUNITY SERVICES *SERVICES FOR CHILDREN AND YOUTH*

Westside Community Services has been providing an array of community-based prevention, mental health, substance abuse, and social services to clients in the City and County of San Francisco for 40 years. Incorporated in 1967, Westside is one of the oldest community-based mental health agencies in the nation. The range of programs and services has varied over the years, while a commitment to providing excellent, high-quality, culturally and community appropriate programs has remained central to the core of the organization. [www.westside-health.org](http://www.westside-health.org)

### To Get Connected

#### Child Youth & Family Outpatient Services and AJANI program (Afrocentric Family Focused Treatment)

**Phone:** (415) 431-8252

**Fax:** (415) 431-3195

**Email:** [AJANI@westside-health.org](mailto:AJANI@westside-health.org)

**Location:** 1140 Oak Street

San Francisco, CA 94117

**Notes:** For general info please call (415) 431-9000.

### Things to Know:

**Languages Spoken:** English, Spanish.

**What to Bring:** Please call for information.

**Accessibility:** Wheelchair accessible.

**Client fees, if any:** Sliding scale. We accept MediCal, private insurance, Healthy Families, Healthy Kids.

**Eligible Population:** Youth up to 24 years of age who are exhibiting emotional problems and are at risk of developing more serious problems such as mental illness and substance abuse.

**Faith Based:** No.

**Direct Services:** Individual/Group/Family Therapy; Clinical Case Management (school and community-based); Medication Support Services; Substance Abuse Prevention, Education, and Intervention; Social Skills Training; Anger Management; Vocational Resource Referrals; Educational and Literacy Support; Independent Living Skills Support; Housing Assistance; School Readiness Assistance.

