Reentry Community: COVID-19 Resources

I. Mental Health Support:

- SF Mental Health Warm Line (Peer-Run)
  - 1-855-845-7415
  - Must speak English and must be based in California to call
  - **Hours:** 7 days a week / 24 hours a day!
    - The peer staff are able to talk to people for much longer than other hotlines
    - You can call every 4 hours if you need to!
    - You can call while you’re waiting for other support to come, like the ambulance or someone from the mobile crisis team
  - You can also chat with them online during those hours:
    - [https://www.mentalhealthsf.org/peer-run-warmline/](https://www.mentalhealthsf.org/peer-run-warmline/)

- San Francisco Suicide Prevention
  - 415-781-0500
  - **Hours:** 24 hours, 7 days/week
    - *They offer peer support and help with suicidal thoughts

- Spanish Crisis Line No change
  - 415-989-5212
  - **Hours:** Mon-Fri 6pm-12am

II. Crisis Support:

- Dore Urgent Care Regular intakes/screen for COVID symptoms
  - 52 Dore Street
  - 415-553-3100
  - **Hours:** 7 days a week / 24 hours a day
    - Crisis support and a place to sleep for 24 hours or less
    - A good place to go if you feel in crisis, but don’t want to go to the hospital

- Psychiatric Emergency Services (PES) @ Zuckerberg San Francisco General
  - 1001 Potrero Ave, old building
  - 415-206-8125
  - **Hours:** 7 days a week / 24 hours a day

- Comprehensive Mobile Crisis
  - 415-970-4000
  - **Hours:** Mon – Fri 8:30 am - 9pm (9-11 on call), Saturday & Holidays 12:00pm - 8:00pm
  - Will only come in crisis situations
Reentry Community: COVID-19 Resources

II. Crisis Support (continued):

- **Westside Crisis:**
  - 245 11th St
  - 415-355-0311
  - **Hours:** 8-2 M-F first come first serve
    - They can prescribe emergency mental health medications (if indicated)
    - You can drop-in for a psychiatric evaluation on a first-come, first-served basis starting just after 8am

III. Therapy/Access to Medication

- **South of Market Mental Health**
  - Will see existing/current clients only – call first.
  - 415-836-1700

IV. Recovery/Addiction Support

- **Alcoholics Anonymous**
  - [https://aasfmarin.org/online-meetings](https://aasfmarin.org/online-meetings)
  - 415-674-1821

- **Narcotics Anonymous**
  - [https://sfna.org/](https://sfna.org/)
  - 415-610-7294

- **The Center for Harm Reduction Therapy**
  - [https://harmreductiontherapy.org/](https://harmreductiontherapy.org/)