

Youth Commission
City Hall ~ Room 345
1 Dr. Carlton B. Goodlett Place



(415) 554-6446
(415) 554-6140 FAX

San Francisco Youth Commission
City Hall
1 Dr. Carlton B. Goodlett Place
Room 345
San Francisco, CA 94102

March 24th, 2024

Senator Caroline Menjivar
Capitol Office
1021 O Street, Suite 6720
Sacramento, CA 95814

Re: Support of the addition of menstrual products to the schedule of covered benefits under the Medi-Cal program

Dear the Office of Senator Caroline Menjivar,

On behalf of the The San Francisco Youth Commission. I am writing to express our support for your bill, SB 953 (Menjivar). SB 953 would permit the addition of menstrual products to the schedule of covered benefits under the Medi-cal program, and would require the department to seek any necessary federal approvals to implement this coverage.

The Youth Commission is a body of 17 youth from San Francisco between the ages of 12 and 23. Created by the voters under a 1995 amendment to the City Charter, the commission is responsible for advising the Board of Supervisors and the Mayor on policies and laws related to young people. The Youth Commission is also charged with providing comment and recommendation on all proposed laws that would primarily affect youth before the Board takes final action.

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The Youth Commission prioritizes health access, and supports the right to access menstrual products. Though menstrual products are proven necessities, period poverty prevents many low-income individuals and youth from being able to easily access menstrual products. In turn, this affects the mental health of developing youth. The Youth Commission has called for attention towards addressing the mental health of youth for many years, and it is vital that all students are able to access the materials they need, including menstrual products, for personal success. Thank you for your continued leadership on this pressing concern for youth.

Sincerely,

Ewan Barker Plummer, Chair

Adopted //

2023 – 2024 San Francisco Youth Commission